



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2026 – 2027



Subject: Value Education Term: First Term Name of the Subject Co-ordinator: Samuel Newton

Name of the Book: Heart and Mind -2

No. of Working Days: 81

No. of Periods Available: 17

Class: 2 Sections: A, B & C

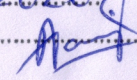
MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
April	3	First Term Begins Lesson 1: Be Grateful to God	<ul style="list-style-type: none"> Gratitude Nature Concept of Omnipresent, Omnipotent & Omniscient Story Reading & Explanation 	Explanation of the lesson, Exercise from (Page No 11 to 13)	Students will mention two things for which they are thankful to God.
May	2	Lesson 1: Be Grateful to God (continued) Lesson 2: Living cleanly	<ul style="list-style-type: none"> Self-Awareness and Critical thinking-Ch-1 Story Reading & Explanation Awareness about cleanliness Hygiene –Ch-2 	Question answers from the lesson. Explanation of the lesson, discussion, Exercise from (Page No.18 to 20)	Students will make an A4 size poster on cleanliness using Coloured papers, Crayon.
June	3	Lesson 2: Living cleanly (continued) Lesson 3: Help Yourself	<ul style="list-style-type: none"> Self-Awareness and Critical thinking Story Reading & Explanation 	Short and long question answers and fill in the blanks from the lesson. Explanation of the lesson	Students will share how they keep their house and classroom clean.
July	4	Lesson 3: Help Yourself (continued) Lesson 4: Being Safe	<ul style="list-style-type: none"> Self-Awareness and Critical thinking & Self-help is the best help Story Reading & Explanation Good Habits for safety-Ch-4 Self-Awareness and Critical thinking-Ch-4 Safety rules at home, School & Road 	Discussion of Short and long question answers and exercise from (Page No.23 to 25) Explanation of the lesson, Short and long question answers and exercise from (Page No.29 to 32)	Students will share their thoughts how they can help in keeping the surrounding clean. Students will make a model of traffic signal lights & road signs and speak about it.

Teachers are requested to prepare a LESSON PLANS for each Topic month wise:

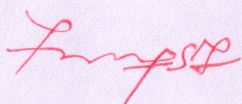
Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1.  2.

Submitted on: 05.05.2026

Academic Co-ordinator: 

PRINCIPAL



VICE PRINCIPAL





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Session Plan/Syllabus Coverage for the Academic Year 2026 – 2027



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Name of the Book: Heart and Mind -2

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MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
August	4	Lesson 5: Be on Time	<ul style="list-style-type: none"> Punctuality-Ch-5 Self-Awareness and Critical thinking-Ch-5 	Explanation of the lesson, discussion, Short and long question answers from the lesson and Exercise (Page No 35-38).	Students will make a timetable of their daily activities in copy.
		Lesson 6: Be Honest	<ul style="list-style-type: none"> Honesty-Ch-6 Self-Awareness and Critical thinking-Ch-6 	Explanation of the lesson, discussion, Short and long question answers and Exercise from (Page No 41- 44)	The students will make an A4 size poster and write a slogan on honesty.
September	1	Revision of First Term syllabus Lessons 1 to 6	Revision of First Term Syllabus Lessons 1 to 6	Revision of First Term Syllabus Lessons 1 to 6	
	2	First Term Examination <u>Second Term Begins</u> Lesson 7: Don't Give Up	<ul style="list-style-type: none"> Self-awareness, critical thinking, Determination 	Explanation of the lesson, Short and long question answers. Exercise from (Page No. 47 to 50)	Students will give a short speech on when they were determined to do something.
October	3	Lesson 8: Being Kind	<ul style="list-style-type: none"> Kindness ,Self-Awareness Interpersonal Relationship 	Explanation of the lesson, discussion, Picture Study, Short and long question answers from (Page No. 53 to 56)	Students will mention two ways how they can be kind towards their brothers and sister.
November	4	Lesson 9: Nobody is perfect	<ul style="list-style-type: none"> Criticism Understanding Strength & weakness 	Explanation of the lesson, discussion, Short and long question answers and exercise from (Page No 59 to 63)	Students will mention about their two weaknesses and how they will improve themselves.
		Lesson 10: Love your country	<ul style="list-style-type: none"> Critical thinking, Interpersonal Relationship and Problem solving Patriotism-Ch-10 Self-Awareness 	Explanation of the lesson, Short and long question answers and exercises from (Page No. 66 to 71)	Students will paste pictures of the festivals of Indian and write about the festivals.

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Signature of the Co-Teachers: 1. *Deepti Sengupta*

2.

Submitted on: 05.05.2026

Academic Co-ordinator: *[Signature]*

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[Signature]

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December	3	Lesson 11: Don't Litter	<ul style="list-style-type: none"> Clean Surroundings Self-Awareness and Critical thinking-Ch-11 	Explanation of the lesson, discussion, Short and long question answers and exercise from (Page No.75 to 78)	Make a small cardboard dustbin with coloured paper, glue, crayons.
January	4	Lesson 12: Go Green Revision of Second Term Syllabus Lessons 7 to 12	<ul style="list-style-type: none"> Environmental Awareness-Ch-12 Self-Awareness and Critical thinking Concept of Mother Earth Concept of 3R Revision of Second Term Syllabus Lessons 7 to 12	Explanation of the lesson, discussion, Short and long question answers and exercise from (Page No. 81 to 83) Revision of Second Term Syllabus Lessons 7 to 12	Students will make a chart and write about the 3R strategy – Reduce, Reuse and Recycle Students will make a paper bag using old newspapers, Crayons and glue.
February	2	Revision of Second Term Syllabus Lessons 7 to 12 Second Term Examination	Revision of Second Term Syllabus Lessons 7 to 12 Second Term Examination	Revision of Second Term Syllabus Lessons 7 to 12 Second Term Examination	
March		_____	_____	_____	

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