



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2026-2027



Subject: Value Education

Term: First Term

Name of the Subject Co-ordinator: Navodita Arora

Name of the Book: Heart & Mind 3

No. of Working Days: 81

No. of Periods Available: 18

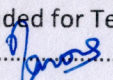
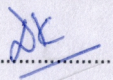
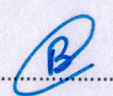
Class: 3

Sections: A, B & C


| MONTH | NO. OF PERIODS | LESSONS | TOPICS COVERED | CLASS WORK | TEACHING AIDS |
|-------|----------------|--|--|--|--|
| April | 3 | First Term Begins Lesson- 1: Feel The Creator | Devotion to God Appreciating the power of God | Reading and explaining the lesson Objectives exercises: True or False, Fill in the blanks etc. Short/ Long Question and Answers (Pg. No. 9 -13) | Students will make a flow chart on the things they are grateful to receive from God. |
| May | 2 | Lesson- 2: Depend On Your Own Self | Importance of Self- reliance | Read and explain the lesson Objectives exercises: True or False, Fill in the blanks, Question and Answers (Pg. No. 15- 18) | Students will tell one incident where they tried to solve a problem themselves. |
| June | 3 | Lesson- 3: Good Food Habits | Significance of good food habits. Importance of healthy lifestyle. Need for exercise. | Read and explain the lesson Objectives exercises: True or False, Fill in the blanks, Question and answers (Pg. No. 21 - 23) | Students will make a picture showing any two good food habits they follow. |
| July | 5 | Lesson- 4: Trust God Lesson- 5: The Selfless Love Of A Mother | Believing in and accepting the decisions of God Appreciate the care and love we get from our mothers. | Read and explain the lesson Objectives exercises: True or False, Fill in the blanks, Short/ Long question and answers (Pg. No. 27 - 29) Read and explain the lesson Objectives exercises: True or False Fill in the blanks, (Pg. No. 33- 36) Short/ Long Questions and answers | Students will narrate any other story of Akbar and Birbal. The students will share what they do to make their mother happy and proud. |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

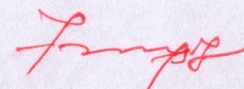
Kindly mention the chapters included for Term Examinations.

Signature of the Co-Teachers: 1.  2.  3. 

Submitted on: 20/04/2026

Academic Co-ordinator: 

PRINCIPAL



VICE PRINCIPAL





ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2026-2027



Subject: Value Education
No. of Working Days: 83

Term: Second Term

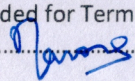
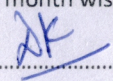

Name of the Subject Co-ordinator: Navodita Arora
No. of Periods Available: 17

Name of the Book: Heart & Mind 3
Class: 3 Sections: A, B & C

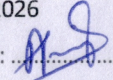
| MONTH | NO. OF PERIODS | LESSONS | TOPICS COVERED | CLASS WORK | TEACHING AIDS |
|-----------|----------------|---|--|--|---|
| August | 4 | Lesson- 6: Never Mistreat Others Revision of First Term Syllabus Lessons- 1,2,3,4,5,6 | To treat everyone with respect Always be polite and courteous Revision of First Term Syllabus Lessons- 1,2,3,4,5,6 | Read and explain the lesson Objectives exercise: True or False Fill in the blanks (Pg. No. 40- 42) Short/ Long Questions and answer Revision of First Term Syllabus Lessons- 1,2,3,4,5,6 | The students will share one incident when they were rude and are sorry for it. |
| September | 1 | Revision of First Term Syllabus Lessons- 1,2,3,4,5,6 First Term Examination Second Term Begins | Revision of First Term Syllabus Lessons- 1,2,3,4,5,6 First Term Examination | Revision of First Term Syllabus Lessons- 1,2,3,4,5,6 First Term Examination | |
| | 2 | Lesson- 8: Regard For Teachers | Develop a strong bond with your teachers. Learn to obey and respect all your teachers. | Read and explain the lesson Questions and answers, True or False Fill in the blanks, (Pg. No. 50- 52) | The students will write about their favourite teacher. |
| October | 2 | Lesson- 9: Be Courageous | To understand that courage makes us strong. Show courage and face difficult situations. | Read and explain the lesson Objectives exercises: True or False Fill in the blanks, (Pg. No. 55- 57) Short/ Long Questions Answers | Students will draw and depict a thing or situation they fear of and speak how will face it. |
| November | 4 | Lesson- 10: Unity: The Feeling Of Oneness | To learn to work in groups To understand the importance and strength of unity | Read and explain the lesson True or False Fill in the blanks, (Pg. No. 60 - 62) Short/ Long Questions Answers | The students will write an incident where they showed confidence and courage. |
| | | Lesson- 11: The Firmness Of Mind | To understand that our approach and efforts determine our success. | Read and explain the lesson | |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

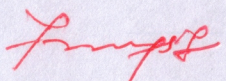
Kindly mention the chapters included for Term Examinations.

Signature of the Co-Teachers: 1.  2.  3. 

Submitted on: 20/04/2026

Academic Co-ordinator: 

PRINCIPAL



VICE PRINCIPAL





ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2026-2027



Subject: Value Education

Term: Second Term

Name of the Subject Co-ordinator: Navodita Arora

Name of the Book: Heart & Mind 3

No. of Working Days: 83


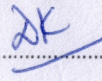

No. of Periods Available: 17

Class: 3 Sections: A, B & C

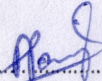
| MONTH | NO. OF PERIODS | LESSONS | TOPICS COVERED | CLASS WORK | TEACHING AIDS |
|----------|----------------|---|---|---|--|
| December | 3 | Lesson- 11: The Firmness Of Mind (Contd.) | To understand that our approach and efforts determine our success. | Read and explain the lesson Objectives exercises: True or False Fill in the blanks, Short/ Long Question and answers (Pg. no. 66 - 69) | Tell a story where consistency and firmness helped succeed. |
| January | 4 | Lesson- 12: Bad Company Harms You Lesson- 13: The Power Of Ahimsa | To understand the importance of good friends in our life. Think and follow the policy of Ahimsa Develop good relationship with others | Read and explain the lesson Objectives exercises: True or False Fill in the blanks Short/ Long Question and answers (Pg. no. 73 - 75) Read and explain the lesson Objectives exercises: True or False Fill in the blanks Short/ Long Question and answers (Pg. no. 78 - 80) | The students will make a chart on any freedom fighter who fought for India. The students speak about a famous personality whom they follow. |
| February | 2 | Revision of Second Term Syllabus Lessons- 8, 9,10,11,12,13 Second Term Examination | Revision of Second Term Syllabus Lessons- - 8, 9,10,11,12,13 Second Term Examination | Revision of Second Term Syllabus Lessons- - 8, 9,10,11, 12,13 Second Term Examination | |
| March | | _____ | _____ | _____ | _____ |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

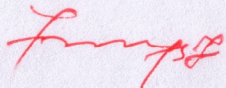
Kindly mention the chapters included for Term Examinations.

Signature of the Co-Teachers: 1.  2.  3. 

Submitted on: 20/04/2026

Academic Co-ordinator: 

PRINCIPAL



VICE PRINCIPAL

