



**ST. LAWRENCE HIGH SCHOOL**  
**27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019**



**Session Plan/Syllabus Coverage for the Academic Year 2026-2027**

Subject: HISTORY

Term: FIRST

Name of the Book: THE TRAIL -- A Textbook of History and Civics for ICSE Schools

Name of the Subject Co-ordinator: SHERIE J. LEICESTER

No. of working days: 61

No. of periods available: 1<sup>st</sup> term - 35

CLASS: 7

Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
APRIL	9	<u>Chapter-1</u> -Rise Of Christianity Pg. 9-13	The Medieval Period, Birth of Christianity, Main teachings of Jesus	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 14-15	Presentation of a timeline & group discussion on the birth of Christianity & teachings of Jesus Christ
MAY	6	<u>Chapter-2</u> -Spread Of Christianity Pg. 17- 21	Medieval Period in Europe, Decline of the Ancient Roman Empire, Impact of the barbarian invasion, Byzantium: Birth of a new empire, Spread of Christianity, The Crusades, Monasteries and their impact	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 23-25	The Ancient Roman Empire will be explained with the help of a map.
JUNE	7	<u>Chapter 3</u> – Birth Of Prophet Muhammad and Spread of Islam Pg. 26- 30	Regions influencing Medieval India, The Advent of Islam, Spread of Islam, The Abbasid and the Umayyad Dynasties, India and the Arab World, The Turks	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 31 & 32	The life of Prophet Muhammad will be explained with the help of a timeline.
JULY	13	<u>Chapter-4</u> -The Turkish Invasion and the Establishment of the Delhi Sultanate Pg. 34-40  <u>Chapter-5</u> -Expansion of the Delhi Sultanate: The Khilji and the Tughlaq Dynasties Pg. 46-55  <b>UNIT TEST 1 BEGINS ON 13.7.26</b>	The Turks, Mahmud of Ghazni, Important raids, Muhammad Ghori, Important battles, The Delhi Sultanate  End of the Mamluk Dynasty, The Khilji dynasty, The Tughlaq Dynasty, The Sayyid and the Lodi Dynasty, A comparative study of the Khiljis and the Tughlaqs <b>(UNIT TEST 1 SYLLABUS Chapter 1 -Rise of Christianity and Chapter -2 Spread of Christianity)</b>	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 41 & 42  Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 56-58	The topic will be explained with the help of powerpoint slides.  The dynasties under the Delhi Sultanate will be taught with a timeline.

Signature of the Co-Teachers: 1.

*S. Leicester*

2. *Ames*

3. *Franco*

Submitted on: 20.4.2026

Academic Co-ordinator:

VICE PRINCIPAL

*Chaitali Roy*

*R. Roy*

PRINCIPAL

*Franco*



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27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus Coverage for the Academic Year 2026-2027



Subject: HISTORY

Term: 1<sup>ST</sup> and 2<sup>ND</sup>

Name of the Book- THE TRAIL – A Textbook of History and Civics for ICSE Schools

Name of the Subject Co-ordinator: SHERIE J. LEICESTER

No. of working days:- 61, 36+42

No. of periods available: ( First Term- 13 + Second Term-24= 37)

CLASS: 7

SECTION: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASSWORK	TEACHING AIDS
AUGUST	11	<u>Chapter-6</u> – Life Under the Delhi Sultanate Pg. 59-62  <u>Chapter-12</u> - The Constitution and the Preamble Pg. 124-127	Indo – Islamic culture, Social and cultural life, Architecture, Music and dance, Painting, Other cultural changes  The Constitution, Role of the Constituent Assembly, The Preamble, The nature of the State, Objectives of the Constitution	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 63 & 64  Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. 128 & 129	Audio – visual aids on Islamic culture and social life of the Delhi Sultans.  Powerpoint presentation with slides on the Constitution of India.
SEPTEMBER	2+5	<b><u>1<sup>ST</sup> TERM EXAM BEGINS FROM 7.9.2026</u></b>  <b><u>SECOND TERM BEGINS FROM 21.9.2026</u></b>	<b><u>SYLLABUS FOR THE 1<sup>ST</sup> TERM EXAM–</u></b> <b>1 – Rise of Christianity, 2 – Spread of Christianity, 3 – Birth of Prophet Muhammad and Spread of Islam, 4 – The Turkish invasion and the establishment of the Delhi Sultanate, 5 – Expansion of the Delhi Sultanate, 6 – Life under the Delhi Sultanate, 12 – The Constitution and the Preamble</b>	Revision Work to be Done  Quiz time-Fill in the blanks, T/F First term's paper practice from textbook	Revision in the form of quiz and picture study
OCTOBER	8	<u>Chapter-7</u> - Rise of the Vijayanagar and the Bahmani Kingdom Pg. 66– 71  <u>Chapter-8</u> – Babur, Humayun and Sher Shah Pg. 76– 83	The Vijayanagar Kingdom, Achievements, The Bahmani Kingdom, Achievements  Babur's invasion, battles fought by Babur, Babur's Memoirs, Humayun, Military expedition, Humayun's exile and return, Sher Shah Suri's early life and administration.	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Pg nos. &  Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions	Each student will speak on the achievements of Bahmani Kingdom  Each student will be asked to prepare a timeline on the chronology of Mughal rulers.
NOVEMBER	11	<u>Chapter-9</u> -Akbar Pg. 88-98  UNIT TEST 2 BEGINS FROM 16.11.2026	Akbar's Early Life, Second battle of Panipat, Bairam Khan's Regency, Conquests, Administration, Revenue system, Religion, Social and cultural policy.  ( UNIT TEST 2 SYLLABUS – Rise of the Vijaynagar and Bahamani Kingdom )	Question nos. A, B, C, D, E, F, G, H & I Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions	Presentation of the topic with the help of a chart paper.

Signature of the Co-Teachers: 1.

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2. *[Handwritten Signature]*

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Submitted on : 20.4.26

Academic Co-ordinator:

*[Handwritten Signature]*

VICE PRINCIPAL

*[Handwritten Signature]*

PRINCIPAL

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## Session Plan/Syllabus Coverage for the Academic Year 2026-2027

Subject: HISTORY

Term: 2<sup>nd</sup>

Name of the Book- THE TRAIL -- A Textbook of History and Civics for ICSE Schools.

Name of the Subject Co-ordinator: SHERIE J. LEICESTER

No. of working days: 42, 58

No. of periods available: 2<sup>nd</sup> term - 24

CLASS: 7

SECTION: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
DECEMBER	9	<u>Chapter-10</u> -Jahangir, Shah Jahan and Aurangzeb Pg. 104-110  <u>Chapter-11</u> - Bhakti and Sufi movements Pg. 115 – 119	End of Akbar's reign, Jahangir and his conquests, Nur Jahan, Shah Jahan, End of his reign, Aurangzeb's reign, Deccan campaign, Decline of the Mughal empire.  Religious reform movements, Causes for rise of Sufi and Bhakti movement	Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions  Question nos. A, B, C, D, E, F, G, H Give reasons for the following, source based questions, 2 and 3 marks questions	Group discussion on the rule of Jahangir, Shah Jahan & Aurangzeb.  Presentation of Sufi & bhakti movements using slides & audio-visual aids
JANUARY	10	<u>Contd. Chapter-11</u> - Bhakti and Sufi movements Pg. 115 – 119  <u>Chapter 13</u> – Directive Principle of State Policy Pg. 131- 134	Teachings of Sufism and Bhakti saints, Impact of the religious movement.  A welfare state, Features, Directive principles of State policy	Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions  Question nos. A, B, C, D, E, F, G, H Give reasons for the following, source based questions, 2 and 3 marks questions	Group activity on the contribution of Bhakti & Sufi saints  Presentation on Directive principles of State Policy.
FEBRUARY	5	<u>Contd. Chapter 13</u> – Directive Principles of State Policy Pg. 131- 134  <b>2<sup>ND</sup> TERM EXAM BEGINS FROM 15.02.2027</b>	Fundamental rights and Directive principles, implementation of Directive principles.  <b>SYLLABUS FOR 2<sup>ND</sup> TERM EXAM:</b> 7 – Rise of the Vijayanagar and the Bahmani Kingdom , 8 – Babur, Humayun and Sher Shah , 9 – Akbar, 10 – Jahangir, Shah Jahan and Aurangzeb, 11 - Bhakti and Sufi movements , 12 – The Constitution and the Preamble, 13 – Directive Principle of State Policy	Objective questions, Give reasons for the following, source based questions, 2 and 3 marks questions Question nos. A, B, C, D, E, F, G, H  Revision work to be done Practice second term's paper from the textbook	Group discussion on Directive principles of State Policy & fundamental rights.  Revision work in the form of quiz & picture study
MARCH	0	Correction of copies	Correction of copies	...	...

Teachers are requested to prepare a LESSON PLAN for each Topic month wise.  
Kindly mention the chapters included for Terminal Examination

Signature of the Co-Teachers: 1.

*[Signature]*  
PRINCIPAL

2. *[Signature]*

3. *[Signature]*

Submitted on : 20.4.26

Academic Co-ordinator:

VICE PRINCIPAL

*[Signature]*  
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