



ST. LAWRENCE HIGH SCHOOL



A JESUIT CHRISTIAN MINORITY INSTITUTION

Sub: Life Science

Class: X

Date: 13.04.2020

CHAPTER: CONTROL & COORDINATION IN LIVING ORGANISMS TOPIC: TYPES OF JOINTS & TYPES OF MOVEMENT IN HUMAN-2

WORKSHEET SOLUTION 6

Choose the correct option:

(1X15=15)

1. In which type of movement does triceps help?
d.Extension
2. Medial & Lateral rotation movement are seen in
d.all of these
3. Deltoid muscle is an example of
c. Lateral rotator
4. Drawing your toes apart from each other is an example of
b.Abduction
5. Defect in the Supraspinatus muscle of arm will lead to problem in
b..Abduction
6. Triceps Brachii helps in
c. Straightens flexed forearm
7. Which of the following secretes fluid for lubrication of joints?
b.Synovial membrane
8. Which joint occurs between Humerus & Radius-ulna?
c.Hinge joint
9. The largest Synovial joint of the human body is
c.Hip joint
10. Synovial joints occur in between
c.Femur &Tibia
11. Closing the fingers of hand together shows
d.Adduction
12. If the foot shows abduction, in which direction does it move?
b.Inward
13. Which of the following is the Adductor muscle?
c.Adductor longus
14. Which term refers to decreasing the angle between bones of arms considerably?
c.Flexion
15. Where is the muscle Gluteus medius present?
c.Outer surface of Pelvis

-Debjani Chakraborty