



ST. LAWRENCE HIGH SCHOOL

A JESUIT CHRISTIAN MINORITY INSTITUTION

27, Ballygunge Circular Rd, Kolkata- 700019



Term: Second

Sub: Science

Class: 4

Date: 14.05.20

Lesson: Teeth and Digestion

Topic: Taking care of the teeth

WORKSHEET - 10

1. Fill in the blanks:-

- a) are important as they play an important role in the of food.
- b) Germs or feed on the food particles and produce a substance called.....
- c) Teeth help us to chop,,, and chew food.
- d) The acid damages the and cause a.....
- e) We should avoid having too many..... and drinks.
- f) Our can last for a very long time if we look after them.....

2. Match the column:-

- a) Massage the gums with salt () foul smell in our mouth.
- b) Dental care habits will keep our teeth () at least once a week.
- c) Rinse your mouth () every six months for a check-up.
- d) Visit your dentist () every time you eat.
- e) Plaque causes () healthy and cavity-free.

3. What are the correct ways of brushing your teeth?

- a).....
- b).....
- c).....
- d).....

4. Name the following:-

- a) A yellow film formed on unclean teeth: -
- b) Bacteria feed on the food particles and produce a substance called: -
- c) They help to clean the teeth and make them strong: -
- d) They play an important role in the digestion of food: -

5. Draw (any one) 'Correct way of brushing your teeth'.