



ST. LAWRENCE HIGH SCHOOL



A JESUIT CHRISTIAN MINORITY INSTITUTION
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ANSWER: WORKSHEET- 18 **2nd Term**

Class: 3

Subject: SCIENCE

Date: 05.11.2020

SAFETY AND FIRST AID

1. Answer the following questions.

- a. **What is first aid? Why should we keep the first aid box at a convenient place? List five things found in a first aid box. Name any two places where we must keep a first aid box. What do you understand by the term safety rules?**

Ans. First aid is the immediate help given to an injured person before the arrival of a doctor. We should keep the first aid box at a convenient place so that we are able to find it quickly when we require it urgently. The five things in the first box are cotton, band-aid, bandage, skin ointment, antiseptic solution and scissors. We must keep a first aid box at home and at school. Safety rules are a set of rules that keep us safe at home, school and roads.

- b. **Write any five safety rules that we must follow on a moving vehicle.**

Ans. The five safety rules that we must follow on a moving vehicle are

- We must always queue to board any vehicle.
- We must never try to get in or out of a moving vehicle, we might fall.
- We must not put our hands or head out of a moving vehicle.
- We must always wear seat belts while travelling or driving.
- We must keep safe distance from other cars, buses and scooters as all move at great speed when the traffic signal is green.

c. **What is an antiseptic substance? Why do we wash our hands before attending an injured person? What first aid should be given for a small cut?**

Ans. An antiseptic substance is the one that prevents the growth of disease-causing germs. We must wash our hands before attending an injured person as we might pass on germs from our dirty hands to the injured person. The first aid given for a small cut is the following.

- We must first wash the cut under running water.
- Then we must gently apply an antiseptic substance.
- Finally, we must apply a Band-Aid for a small cut.

d. **Why do we wash the wound under running water? Whom should we take help from when we are giving first aid for the first time? What first aid should be given when there is a deep cut? What should we remember after giving first aid?**

Ans. We wash the wound under running water as this helps to remove the dirt from the wound. We must take the help of our school nurse or parents when we are giving first aid for the first time. The first aid given for a deep cut is the following.

- We must first wash the cut under running water.
- Then we must gently apply an antiseptic substance.
- Finally, we must tie a Bandage for a deep cut.

After giving first aid, we must remember that, we must let the injured person relax till the doctor arrives. Besides keeping calm, we must also see to it that the injured person is also calm.