



ST. LAWRENCE HIGH SCHOOL

A JESUIT CHRISTIAN MINORITY INSTITUTION

27, Ballygunge Circular Rd, Kolkata- 700019

Term: Second



Sub: Science

Class: 4

Date: 14.05.20

Lesson: Teeth and Digestion

Topic: Taking care of the teeth

ANSWER WORKSHEET - 10

1. Fill in the blanks:-

- Healthy teeth** are important as they play an important role in the **digestion** of food.
- Germ or **bacteria** feed on the food particles and produce a substance called **acid**.
- Teeth help us to chop, **cut, tear** and chew food.
- The acid damages the **enamel** and cause a **cavity**.
- We should avoid having too many **chocolates, sweets** and **aerated** drinks.
- Our **teeth** can last for a very long time if we look after them **well**.

2. Match the column:-

- | | | |
|---|-----|----------------------------------|
| a) Massage the gums with salt | (e) | foul smell in our mouth. |
| b) Dental care habits will keep our teeth | (a) | at least once a week. |
| c) Rinse your mouth | (d) | every six months for a check-up. |
| d) Visit your dentist | (c) | every time you eat. |
| e) Plaque causes | (b) | healthy and cavity-free. |

3. What are the correct ways of brushing your teeth?

- Brushing gently with soft hands.**
- Use short back and forth strokes.**
- Clean the outer and inner surfaces of the teeth.**
- Clean the chewing surfaces of the teeth.**

4. Name the following:-

- A yellow film formed on unclean teeth: - **Plaque**
- Bacteria feed on the food particles and produce a substance called: - **Acid**
- They help to clean the teeth and make them strong: - **Raw carrots**
- They play an important role in the digestion of food: - **Healthy teeth**

5. Draw (any one) 'Correct way of brushing your teeth'

