



ST. LAWRENCE HIGH SCHOOL



A JESUIT CHRISTIAN MINORITY INSTITUTION

Sub: Life Science

Class: VIII Date: 07.11.2020

Health and Hygiene

F.M:15

WORKSHEET – 38

(1x15=15)

- i) Non-communicable diseases are not caused by
(1) Improper diet (2) Germs (3) Unhealthy lifestyle **(4) Germs**
- ii) Kwashiorkor is caused due to the deficiency of -
(1) Carbohydrate **(2) Protein** (3) Vitamin C (4) Vitamin D
- iii) Lack of Vitamin B1 causes
(1) Goitre (2) Night blindness **(3) Beri-Beri** (4) Scurvy
- iv) Which of the following is a communicable disease?
(1) Diabetes **(2) Tuberculosis** (3) Anaemia (4) Marasmus
- v) Lack of iron causes-
(1) Goitre **(2) Anaemia** (3) Beri-Beri (4) Scurvy
- vi) Which of the following is a communicable disease?
(1) Chikungunya (2) Measles (3) Influenza **(4) All of these**
- vii) Diphtheria is caused by
(1) **Bacteria** (2) Virus (3) Protozoans (4) Worms
- viii) Which of the following is not a bacterial disease?
(1) Typhoid **(2) Polio** (3) Tetanus (4) Cholera
- ix) Mumps is a _____ disease
(1) Bacterial **(2) Viral** (3) Fungal (4) Protozoan
- x) Which of the following is responsible for common cold?
(1) **Virus** (2) Protozoa (3) Bacteria (4) Worms
- xi) Malaria is caused by
(1) Bacteria (2) Virus (3) Fungi **(4) Protozoans**
- xii) Which of the following worms are parasitic?
(1) Tapeworms (2) Roundworms (3) Hookworms **(4) All of these**
- xiii) The eggs of worms causing intestinal diseases spread through -
(1) **Articles of infected person** (2) Air (3) Water (4) None of these
- xiv) Measles can spread through
(1) Direct contact (2) Air **(3) Both (1) and (2)** (4) None of these
- xv) Hookworm spreads through _____ contaminate with their eggs.
(1) Water (2) Air **(3) Soil** (4) None of these

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