



ST. LAWRENCE HIGH SCHOOL

JESUIT MINORITY INSTITUTION



CLASS 5

WORKSHEET NO. :06

SUB: GENERAL SCIENCE

F.M. 15

TOPIC: NON-COMMUNICABLE DISEASES

DATE: 06.02.2021

A. CHOOSE THE CORRECT OPTION:

15x1=15

1. A _____ is an abnormal condition in which our body stops functioning properly.
a) disease b) carbohydrate c) protein
2. _____ disease is caused due to the lack of certain minerals or vitamins in the body.
a) Communicable b) Deficiency c) Fever
3. _____ is caused by the deficiency of vitamin A.
a) Night blindness b) Minerals c) Vitamins
4. Find the source of Vitamin A- _____.
a) Burger b) Pizzac) Green leafy vegetables
5. _____ is a disease caused by the deficiency of vitamin B1.
a) Beriberi b) Cancer c) Meningitis
6. _____ is present in unpolished rice, milk, meat and green vegetables.
a) Vitamin D b) Vitamin C c) Vitamin B
7. Scurvy is caused by the deficiency of _____.
a) Vitamin A b) Vitamin K c) Vitamin C
8. _____ causes bleeding of gums and swelling of joints.
a) Scurvy b) Beriberi c) Rickets
9. _____ is caused by the deficiency of Vitamin D.
a) Goitre b) Rickets c) Fever

10. Vitamin D along with minerals, calcium and _____, makes our bones and teeth hard and strong.

a)Iron b) Zinc c)phosphorus

11. Goitre is caused by the deficiency of _____.

a) nitrate b) iodine c)sodium

12. _____ can be prevented by using iodized salt.

a)kala-azar b)Anemia c)Goitre

13. Anemia is caused by the deficiency of _____ in food.

a)magnesium b)Calcium c)iron

14. In anemia, the _____ in the blood becomes low.

a)hemoglobin b)water c)nutrients

15. In Anemia, the _____-carrying capacity of the blood reduces.

a) carbon dioxide b) oxygen c)zinc

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