



ST. LAWRENCE HIGH SCHOOL



A JESUIT CHRISTIAN MINORITY INSTITUTION

Sub: Life Science

Class: VIII

Date: 28.11.2020

Health and Hygiene

F.M:15

WORKSHEET – 44

(1x15=15)

- i) Rubbing our eyes can cause damage to-
- (1) Conjunctiva (2) Cornea (3) Sclera (4) Choroid
- ii) If a person has lost consciousness, make him lie on his
- (1) Back (2) Side (3) Chest (4) None of these
- iii) CPR should be administered in case of
- (1) Acne (2) Unconsciousness (3) Swallowing poison (4) Rashes
- iv) An unconscious person who vomits should be
- (1) Back (2) Side (3) Chest (4) None of these
- v) Which of the following is helpful to rinse the mouth of a patient who has swallowed poison?
- (1) Water (2) Salt water (3) ORS (4) Fruit juice
- vi) Sudden uncontrolled jerky movements of the body due to muscle contractions are called-
- (1) Shock (2) Convulsion (3) Sprain (4) Strain
- vii) Which of the following are venomous?
- (1) Cobras (2) Vipers (3) Scorpions (4) All of these
- viii) If there is poison on a person's skin, the area should be washed with-
- (1) 10 minutes (2) 15 minutes (3) 5 minutes (4) 8 minutes
- ix) In which of the following cases water should not be used?
- (1) Eye irritation (2) Unconsciousness (3) Swallowing poison (4) Snake bites
- x) The bitten limb of a person should be placed _____ the level of the heart.
- (1) Above (2) Below (3) At the same (4) Any of these
- xi) If a person is stung by a bee, the area should be washed
- (1) Cold water (2) Soap (3) Both (1) and (2) (4) Warm water
- xii) Which of the following can be used to ease the pain of the insect bite?
- (1) Calamine lotion (2) Baking soda (3) Ice pack (4) All of these
- xiii) Which of the following is a symptom of an allergic reaction
- (1) Sprain (2) Nausea (3) Spint (4) Crack
- xiv) Which of the following diseases is caused due to animal bite?
- (1) Dysentery (2) Tuberculosis (3) Rabies (4) None of these
- xv) Which of the following can be used if first aid kit?
- (1) Scissors (2) Sterile gauze (3) Calamine lotion (4) All of these

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