



ST. LAWRENCE HIGH SCHOOL



A JESUIT CHRISTIAN MINORITY INSTITUTION

Sub: Life Science

Class: VIII

Date: 23 .11 .2020

Health and Hygiene

F.M:15

WORKSHEET – 43

(1x15=15)

- i) The steps we can take in case of an accidental injury while waiting for a medical aid to arrive is called-
- (1) Emergency aid (2) Basic aid **(3) First aid** (4) Fundamental aid
- ii) Superficial burns can be treated by-
- (1) Running cold water over the area (2) Immersing the burnt area in cold water **(3) Both (1) and (2)** (4) None of these
- iii) Swellings full of fluid is called
- (1) Acne (2) Pimples **(3) Blisters** (4) Rashes
- iv) Which of the following should not be used to cover the burnt skin?
- (1) Sterile gauze (2) Clean cloth (3) Non adhering dressing **(4) Cotton**
- v) Which of the following is helpful for a victim losing consciousness?
- (1) Water (2) Salt water **(3) ORS** (4) Fruit juice
- vi) ORS can be prepared by mixing
- (1) Sugar ,salt and lemon juice (2) sugar and water (3) salt and water
(4) Sugar ,salt , lemon juice and water
- vii) Which of the following is prohibited in bleeding?
- (1) Antiseptic (2) Water **(3) Touching with fingers** (4) Sterile gauze
- viii) For small cuts, _____ can be used to cover it.
- (1) Cotton (2) Cloth (3) Gauze (4) Band aid
- ix) Which of the following vaccines should be given in case of a deep cut or wound?
- (1) **Tetanus** (2) Polio (3) Rabies (4) Polio
- x) Cracking or breaking of a bone is called -
- (1) Sprain (2) Strain **(3) fracture** (4) All of these
- xi) A splint is used in case of
- (1) Burn (2) Bleeding (3) Unconsciousness **(4) Fractures**
- xii) Heating a fractured part may cause
- (1) Pain (2) Swelling **(3) Both (1) and (2)** (4) Bruising
- xiii) Injuries to ligaments is called
- (1) **Sprain** (2) Fracture (3) Spint (4) Crack
- xiv) To detect a broken bone, _____ can be used.
- (1) Ultrasound (2) MRI **(3) X- ray** (4) None of these
- xv) Which of the following can be used to treat sprains?
- (1) Ice packs (2) Compression (3) Raising the injured area on cushions
(4) All of these

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