



ST. LAWRENCE HIGH SCHOOL



A JESUIT CHRISTIAN MINORITY INSTITUTION

Sub: Life Science

Class: VIII

Date: 21 .11 .2020

Health and Hygiene

F.M:15

WORKSHEET – 42

(1x15=15)

- i) The organ worst affected by long-term use of alcohol is
(1) Stomach (2) Kidney (3) **Liver** (4) Pancreas
- ii) The liver damage caused due to alcohol is-
(1) Hepatitis (2) **Liver cirrhosis** (3) Liver cancer (4) None of these
- iii) Alcohol results in-
(1) Neuromuscular coordination (2) Impaired vision (3) Slow responses (4) **All of these**
- iv) Which of the following can help an addicted person get back his normal life?
(1) Withdrawl (2) Surgery (3) **Rehabilitation** (4) Medicines
- v) The substance present in tobacco is-
(1) Thein (2) Caffein (3) Reserpine (4) **Nicotine**
- vi) The part of the tobacco plant that is used is -
(1) Stem (2) Root (3) **Leaves** (4) Fruits
- vii) Tobacco smoke contains
(1) NO₂ (2) SO₂ (3) **CO** (4) NH₃
- viii) Chewing tobacco leads to -
(1) Bronchitis (2) Mouth Cancer (3) Throat cancer (4) **Both (2) and (3)**
- ix) Smoking causes
(1) Throat cancer (2) Lung cancer (3) Chronic bronchitis (4) **All of these**
- x) Coronary artery disease is caused due to blockage of-
(1) AV node (2) SA node (3) **Coronary arteries** (4) Purkinje fibres
- xi) Which of the following is a narcotic substance?
(1) Morphine (2) Heroin (3) Cocain (4) **All of these**
- xii) Addiction to drugs is caused due to
(1) **Overdose of medicines** (2) Deficiency of medicines (3) Taking of wrong medicines
(4) None of these
- xiii) Narcotic substances result in -
(1) Elation (2) Excitement (3) Hallucination (4) **All of these**
- xiv) The effect of narcotic system on us is -
(1) **Psychological** (2) Spiritual (3) Aesthetic (4) None of these
- xv) Which of the following can spread by injecting drugs through a used needle?
(1) Cancer (2) **AIDS** (3) Brain tumour (4) Skin problems

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