



**ST.LAWRENCE HIGH SCHOOL**  
JESUIT MINORITY INSTITUTION



CLASS 5  
WORKSHEET NO. :06

SUB: GENERAL SCIENCE

F.M. 15

TOPIC: NON-COMMUNICABLE DISEASES

DATE: 06.02.2021

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**A. CHOOSE THE CORRECT OPTION:**

**15x1=15**

1. A \_\_\_\_\_ is an abnormal condition in which our body stops functioning properly.  
a) **disease** b) carbohydrate c) protein
2. \_\_\_\_\_ disease is caused due to the lack of certain minerals or vitamins in the body.  
a) Communicable b) **Deficiency** c) Fever
3. \_\_\_\_\_ is caused by the deficiency of vitamin A.  
a) **Night blindness** b) Minerals c) Vitamins
4. Find the source of Vitamin A- \_\_\_\_\_.  
a) Burger b) Pizzac) **Green leafy vegetables**
5. \_\_\_\_\_ is a disease caused by the deficiency of vitamin B1.  
a) **Beriberi** b) Cancer c) Meningitis
6. \_\_\_\_\_ is present in unpolished rice, milk, meat and green vegetables.  
a) Vitamin D b) Vitamin C c) **Vitamin B**
7. Scurvy is caused by the deficiency of \_\_\_\_\_.  
a) Vitamin A b) Vitamin K c) **Vitamin C**
8. \_\_\_\_\_ causes bleeding of gums and swelling of joints.  
a) **Scurvy** b) Beriberic c) Rickets
9. \_\_\_\_\_ is caused by the deficiency of Vitamin D.  
a) Goitre b) **Rickets** c) Fever

10. Vitamin D along with minerals, calcium and \_\_\_\_\_, makes our bones and teeth hard and strong.

a)Iron b) Zinc c)**phosphorus**

11. Goitre is caused by the deficiency of \_\_\_\_\_.

a) nitrate b) **iodine** c)sodium

12. \_\_\_\_\_ can be prevented by using iodized salt.

a)kala-azar b)Anemia c)**Goitre**

13. Anemia is caused by the deficiency of \_\_\_\_\_ in food.

a)magnesium b)Calcium c)**iron**

14. In anemia, the \_\_\_\_\_ in the blood becomes low.

a)**hemoglobin** b)water c)nutrients

15. In Anemia, the \_\_\_\_\_-carrying capacity of the blood reduces.

a) carbon dioxide b) **oxygen** c)zinc

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