Sub: Life Science   **Class: VIII**   **Date: 23 .11 .2020**

Health and Hygiene   F.M:15

WORKSHEET – 43   (1x15=15)

i)   The steps we can take in case of an accidental injury while waiting for a medical aid to arrive is called-

(1) Emergency aid   (2)Basic aid   (3)First aid   (4) Fundamental aid

ii)   Superficial burns can be treated by-

(1) Running cold water over the area   (2) Immersing the burnt area in cold water   (3) Both (1) and (2)   (4) None of these

iii)   Swellings full of fluid is called

(1) Acne   (2) Pimples   (3) Blisters   (4) Rashes

iv)   Which of the following should not be used to cover the burnt skin?

(1) Sterile gauze   (2) Clean cloth   (3) Non adhering dressing   (4) Cotton

v)   Which of the following is helpful for a victim losing consciousness?

(1) Water   (2) Salt water   (3)ORS   (4) Fruit juice

vi)   ORS can be prepared by mixing

(1) Sugar ,salt and lemon juice   (2) sugar and water   (3) salt and water

(4) Sugar ,salt , lemon juice and water

vii)   Which of the following is prohibited in bleeding?

(1) Antiseptic   (2) Water   (3) Touching with fingers   (4) Sterile gauze

viii)   For small cuts, _____ can be used to cover it.

(1) Cotton   (2) Cloth   (3) Gauze   (4) Band aid

ix)   Which of the following vaccines should be given in case of a deep cut or wound?

(1) Tetanus   (2) Polio   (3) Rabies   (4) Polio

x)   Cracking or breaking of a bone is called -

(1) Sprain   (2) Strain   (3) fracture   (4) All of these

xi)   A splint is used in case of

(1) Burn   (2) Bleeding   (3) Unconsciousness   (4) Fractures

xii)   Heating a fractured part may cause

(1) Pain   (2) Swelling   (3) Both (1) and (2)   (4) Bruising

xiii)   Injuries to ligaments is called

(1) Sprain   (2) Fracture   (3) Spint   (4) Crack

xiv)   To detect a broken bone, _____ can be used.

(1) Ultrasound   (2) MRI   (3) X- ray   (4) None of these

xv)   Which of the following can be used to treat sprains?

(1) Ice packs   (2) Compression   (3) Raising the injured area on cushions
(4) All of these

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