



ST. LAWRENCE HIGH SCHOOL

A JESUIT CHRISTIAN MINORITY INSTITUTION

27, Ballygunge Circular Rd, Kolkata- 700019

Term: Second



Sub: Science

Class: 4

Date: 15.05.20

Lesson: Teeth and Digestion

Topic: Digestion

ANSWER WORKSHEET - 11

1. Fill in the blanks:-

- The breaking down of food into simpler substances inside the body is called digestion.
- The digestion of food begins in the mouth.
- The saliva in our mouth makes the food soft and moist.
- The nutrients from the food are absorbed by the blood from the walls of the small intestine.
- The stomach churns the food into a thick soup-like paste.

2. Choose the correct answer:-

- The liver releases a digestive juice, called – (acid / bile)
- The process of digestion get completed in the – (small intestine / large intestine)
- The digestion of food begins in the – (stomach / mouth)
- The water from the undigested food in the human digestive system is absorbed by the – (large intestine / small intestine)
- The nutrients from the digested food are absorbed by the – (stomach / small intestine)

3. Name the following:-

- Breaking down of food into simpler substances by our digestive system – **Digestion**
- The digestive juice produced by the liver – **Bile**
- Chemical substances that help in the digestion of food – **Enzymes**
- The process of digestion is carried out by the – **Digestive system**
- This digestive juice makes the food soft and moist in our mouth – **Saliva**

4. Write (any four) healthy tips for digestion of food:-

- Eat a balanced diet that is rich in fibre.
- Drink plenty of water.
- Chew your food well.
- Do not overeat.

Ms. Margaret Das

5. Draw and label the 'The digestive system'



