



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2023 – 2024



Subject: English 1  
No. of Working Days: 71

Terminal: First Terminal

Name of the Subject Co-ordinator: Lucy K. Gomes  
No. of Periods Available: 42

Name of the Books/s: Mastering Grammar -1(MG) Super Comprehension with Composition (SCC)  
Class: 1 Sections: A, B, and C

| MONTH | NO. OF PERIODS | LESSON  | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS   |
|-------|----------------|---|--|--|---|
| April | 3              | <b>1<sup>st</sup> Terminal Begins</b><br>(MG)<br>Lesson 1: Alphabets<br>(SCC)<br>Comprehension<br>Lesson 1: Jo and Fluffy   | <ul style="list-style-type: none"> <li>• Capital letters</li> <li>• Small letters</li> <li>• Vowels</li> <li>• Consonants</li> <li>• Comprehension</li> </ul>  | <p>Explanation of lesson 1 - Write the small letter, Fill in the missing Letters, Join the dots, arrange in alphabetical order. Find a vowel to complete each word, Circle the words that begin with a vowel. Page no. 5 to 7.</p> <p>Explanation of the lesson - Tick the correct answer, Question Answers, Describe each picture. Page no. 5 and 6.</p>  | Students will name words with vowels and consonants.  |
| May   | 7              | (MG)<br>Lesson 2: Naming Words – Things<br>Lesson 3: Names of Animals and Birds.<br>Lesson 4: Names of Persons<br>Lesson 5: Names of Places<br>Lesson 6: Let us revise Naming words<br><br>Paragraph Writing: My Pet (SCC)<br>Lesson 2: The Clever Barber | <ul style="list-style-type: none"> <li>• All things have names</li> <li>• Animals and birds have names</li> <li>• People have names</li> <li>• Names of things, animals, birds people and places</li> </ul> <p>Paragraph Writing: My Pet<br/>Comprehension</p> | <p>Explanation of the lesson 2 – Write the names of things. Page no. 8.</p> <p>Explanation of the lesson 3 – Help the animals to go to the correct places, Match the pictures. Page no. 8 and 9.</p> <p>Explanation of the lesson 4 – Write the names of persons, Match the pictures, Underline the names, Who am I. Page no. 11 and 12.</p> <p>Explanation of the lesson 5 – Circle the correct names of places. Page no. 13.</p> <p>Explanation of the lesson 6 – Fill in the missing letters. Circle the names, Match the pictures. Tick the correct names. Colour the balloons and caps, Write the names of things and persons. Page no. 14 and 15.</p> <p>Paragraph Writing: My Pet<br/>Explanation of the lesson – Letters, complete the sentences. Page no. 5, 6 and 8.</p> | Students will bring pictures of things, animals, birds, people and places.  |
| June  | 5              | (MG)<br>Lesson 7: Special Names<br>Lesson 8: One and more than one<br><br>Paragraph Writing: Myself<br>(SCC)<br>Lesson 3: Mrs. Hen  | <ul style="list-style-type: none"> <li>• Special Names</li> <li>• Singular and Plural words</li> </ul> <p>Paragraph Writing: Myself</p> <p>Comprehension</p>   | <p>Explanation of the lesson 7 – Circle the naming words, underline the special names, Circle the special names, fill in the blanks. Page no. 16 and 17.</p> <p>Explanation of the lesson 8 – Add 's' to the naming words, Drop 's' from the words, tick the correct words. Add 'es' to the naming words. Page no. 18 to 21.</p> <p>Paragraph Writing: Myself<br/>Explanation of the lesson – Tick the correct answers, Match the animals to their homes, underline the words and fill in the blanks. Page no. 9 and 10.</p>   | <p>Students will bring a family photo and say the names of family members.</p> <p>Students will bring ice cream sticks to show one and more than one.</p> |
| July  | 12             | (MG)<br>Lesson 9: He or She(Gender)<br><br>Lesson 10: Describing words<br>Lesson 11: Describing animals<br>Paragraph Writing: My best friend<br>(SCC)<br>Lesson 4: Ashu's New Pet   | <ul style="list-style-type: none"> <li>• Words belong to he group</li> <li>• Words belong to she group</li> <li>• Definition of describing words</li> <li>• Describing animals</li> </ul> <p>Paragraph Writing: My best friend</p> <p>Comprehension</p>        | <p>Explanation of the lesson 9 - write the words in the correct box, Match the words, Write names of 'she' 'he' groups, Circle the 'he' names and underline the 'she' names. Page no. 22 and 23.</p> <p>Explanation of the lesson 10 – Fill in the blanks, Complete the sentences, Circle the describing words. Tick the correct describing words. Page no. 24 to 27.</p> <p>Explanation of the lesson 11 – Fill in the blanks with correct describing words. Page no. 28</p> <p>Paragraph Writing: My best friend<br/>Explanation of the lesson 4 – Who said, question Answers, Match the columns. Page no. 12 and 13.</p>  | <p>Students will name the He members and She members of their family.</p> <p>Students will bring toys and describe them.</p>                              |

Teachers are requested to prepare LESSON PLANS for each Topic month wise:

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Sharmistha* 2. *H. Das*

PRINCIPAL

*JK*  
*4/7/23*

Submitted on: *26.06.2023*

Academic Co-ordinator: *[Signature]*

VICE PRINCIPAL *[Signature]* *27/6/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2023 – 2024



Subject: English 1  
No. of Working Days: 76

Terminal: Second Terminal

Name of the Subject Co-ordinator: Lucy K. Gomes  
No. of Periods Available: 47

Name of the Books/s: Mastering Grammar -1(MG) Super Comprehension with Composition (SCC)  
Class: 1 Sections: A, B, and C

| MONTH     | NO. OF PERIODS | LESSON  | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS  |
|-----------|----------------|---|--|--|--|
| August    | 13             | (MG)<br>Lesson 12: Describing your loved ones<br>Lesson 13: Let us revise describing words<br>Paragraph Writing: My School (SCC)<br>Lesson 5: Little Boy Blue<br>Lesson 6: A Great Invention<br><b>Revision of First Terminal Syllabus (MG)</b><br><b>Lessons 1 to 13 , Paragraph Writing, Comprehension.</b> | <ul style="list-style-type: none"> <li>Describe parents, teachers and friends</li> <li>Use describing words</li> </ul> Paragraph Writing: My School<br><br>Comprehension<br>Comprehension<br><b>Revision of First Terminal Syllabus (MG) Lessons 1 to 13 , Paragraph Writing, Comprehension.</b> | Explanation of the lesson 12 – Circle the describing words, Pick the describing words and naming words, Fill in the blanks. Page no. 29 and 30.<br>Explanation of the lesson 13 – Write correct describing words from the brackets, Use describing words to complete the sentences, Match the columns, Page no. 31 and 32.<br>Paragraph Writing: My School<br>Explanation of the lessons 5 – Match the columns, find rhyming words, Match the columns to complete lines from poems. Page no. 14 and 15.<br>Explanation of the lessons 6 – True or False, Match the columns, Make a new word, Fill in the blanks, tell the things early humans did not have. Page no. 17 and 18.<br><b>Revision of First Terminal Syllabus (MG) Lessons 1 to 13 – Paragraph Writing, Comprehension.</b> | Students will bring family photos and describe their family members.   |
| September | 2<br>5         | Revision of First Terminal Syllabus<br>Lessons 1 to 13, Paragraph Writing, Comprehension.<br>First Terminal Examination<br><b>Second Terminal Begins (MG)</b><br>Lesson 14: Doing words<br>Lesson 15: More doing words<br>Paragraph Writing: My favourite fruit (SCC)<br>Lesson 7: The Little Seed            | Revision of First Terminal Syllabus<br>Lessons 1 to 13, Paragraph Writing, Comprehension.<br><b>Second Terminal Begins</b><br><br><ul style="list-style-type: none"> <li>Definition of doing words</li> <li>More doing words</li> </ul> Paragraph Writing: My favourite fruit<br>Comprehension   | Revision of First Terminal Syllabus<br>Lessons 1 to 13, Paragraph Writing, Comprehension.<br><b>Second Terminal Begins</b><br>Explanation of the lesson 14 – Pick words to show what the animals do, write words that tell What Jumbo and Manu do, Colour the doing words, Match the words, fill in the blanks. Page no. 33 to 35.<br>Explanation of the lesson 15 – Fill in the blanks, Match the columns, circle the doing words, write doing words from the poem. Page no. 36 and 37.<br>Paragraph Writing: My favourite fruit<br>Explanation of the lesson 7 – tick the correct answer, number the sentences in order, Circle the rhyming words, rewrite the sentences. Page no. 19 and 20.  | Students will show actions: walking, dancing, singing, eating  |
| October   | 8              | (MG)<br>Lesson 16: Sounds Animals Make<br>Lesson 17: Doing Words and Naming words<br>Lesson 18: Am, Is, Are<br>Paragraph Writing: My Mother (SCC)<br>Lesson 8: The Three Fish   | <ul style="list-style-type: none"> <li>Sounds animal make are also doing words</li> <li>Doing words and Naming words</li> <li>Use am, is, are</li> </ul> Paragraph Writing: My Mother<br><br>Comprehension   | Explanation of the lesson 16 – Match the columns, Pick the doing words, underline the doing words. Page no. 38 and 39.<br>Explanation of the lesson 17 – Underline the naming words, Circle the doing words, Circle the doing words, Who I am? Page no. 40 and 41.<br>Explanation of the lesson 18 – Fill in the blanks. Page no. 42 and 43.<br>Paragraph Writing: My Mother<br>Explanation of the lesson 8 – Tick the correct answer, Colour the animals, True or False. Page no. 22 and 23.  | Students will make sounds of animals.<br>One student will say a sentence using doing words and naming words, another students will mention the doing words and naming words. |
| November  | 10             | (MG)<br>Lesson 19: Am, Is, Are + ing<br>Lesson 20: Let us Revise Doing words<br>Lesson 21: Has. Have<br><br>Paragraph Writing: Children's day (SCC) Lesson 9: Brave Dorado  | <ul style="list-style-type: none"> <li>Use am, is, are add ing to doing words</li> <li>Revise doing words</li> <li>Use Has, Have</li> </ul> Paragraph Writing: Children's day<br>Comprehension   | Explanation of the lesson 19 – Fill in the blanks, Complete the sentences. Page no. 44 to 46.<br>Explanation of the lesson 20 – Underline the doing words. Fill in the blanks, Tick the correct doing words. Page no. 47.<br>Explanation of the lesson 21 – fill in the blanks, Tick the correct words. Page no. 48 to 50.<br>Revision time – 1 page 51 to 53.<br>Paragraph Writing: Children's day<br>Explanation of the lesson 9 – Fill in the blanks, Questions Answers, Meanings, Unscramble the letters, Fill in the blanks. Page no. 25 and 26.  | Students will be divided into groups and students from each group will say a sentence using has and have.  |

Teachers are requested to prepare LESSON PLANS for each Topic month wise:

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Skarmisthalan* 2. *M. Das*

PRINCIPAL

Submitted on: *26.06.2023*  
Academic Co-ordinator: *[Signature]*  
VICE PRINCIPAL *[Signature]* *27/6/23*



FOR GOD AND COUNTRY

# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2023 – 2024



Subject: English 1  
No. of Working Days: 76

Terminal: Second Terminal

Name of the Subject Co-ordinator: Lucy K. Gomes  
No. of Periods Available: 47

Name of the Books/s: Mastering Grammar -1(MG) Super Comprehension with Composition (SCC)  
Class: 1 Sections: A, B, and C

| MONTH    | NO. OF PERIODS | LESSON  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS   |
|----------|----------------|---|--|---|---|
| December | 8              | (MG)<br>Lesson 22: This and These, That and Those<br>Lesson 23: I, You, She, He, It<br>Lesson 24: We, You, They<br>Paragraph Writing: My favourite toy<br>Lesson 10: My Robot   | <ul style="list-style-type: none"> <li>Use of this, these, that and those</li> <li>Use of I, you, she, he, it</li> <li>Use of we, you, they</li> </ul> Paragraph Writing: My favourite toy<br>Comprehension  | Explanation of the lesson 22 – Fill in the blanks, Tick the correct words. Page no. 54 and 55<br>Explanation of the lesson 23 – Underline the correct words, Rewrite the sentences, Fill in the blanks. Page no. 56 to 58.<br>Explanation of the lesson 24 – Fill in the blanks. Page no. 59 to 60.<br>Paragraph Writing: My favourite toy<br>Explanation of the lesson 10 – Circle the correct answers, Questions Answers, rhyming words, Who am I? Page no. 28.   | Students will mention objects in the class room and say sentences using this, these, that, those.<br>Students will form two groups and say sentences using I, you, we, they               |
| January  | 11             | (MG)<br>Lesson 25: Capital Letters and Full Stop<br>Lesson 26: A or An<br>Lesson 27: In, On, Under, Near, Over<br><br>Paragraph Writing: My favourite game<br>(SCC)<br>Lesson 11: The Ostrich<br>(MG)<br>Lesson 28: Joining Words<br>Paragraph Writing: A visit to the zoo<br>(SCC)<br>Lesson 12: The Nightingale | <ul style="list-style-type: none"> <li>Use capital letters and full stop</li> <li>Use A or An</li> <li>Use In, On, Under, Near, Over</li> </ul> Paragraph Writing: My favourite game<br>Comprehension<br><ul style="list-style-type: none"> <li>Use of and</li> </ul> Paragraph Writing: A visit to the zoo<br>Comprehension | Explanation of the lesson 25 – Use capital letters and fill stops, Write the correct capital letters, circle the words that begin with capital letters. Page no. 62.<br>Explanation of the lesson 26 – Write a or an, Fill in the blanks, circle the correct words. Page no. 64 to 65.<br>Explanation of the lesson 27 – Fill in the blanks, Pick the correct words, Complete the sentences, Tick the correct word. Page no. 66 and 67.<br>Paragraph Writing: My favourite game<br>Explanation of the lesson 11- True or False, Questions Answers, Circle the odd word, Fill in the blanks. Page no. 30 and 31.<br>Explanation of the lesson 28 – join the sentences. Page no. 68 and 69.<br>Revision time 2 page 70 and 71, Revision time 3 page 84.<br>Paragraph Writing: A visit to the zoo<br>Explanation of the lesson 12 – Who said these words? Circle the correct answer, match the column, Write the correct answer. Page no. 33 and 34. | Students will bring two real objects. Example ball and orange and say the use of a or an.<br><br>Students will bring two objects example a pencil and book and frame sentences using and. |
| February | 5              | <b>Revision of the whole Syllabus (MG) Lessons 1 to 28, Paragraph Writing, Comprehension.</b><br><br><b>Second Terminal Examination</b>   | <b>Revision of the whole Syllabus (MG) Lessons 1 to 28, Paragraph Writing, Comprehension.</b><br><br><b>Second Terminal Examination</b>  | <b>Revision of the whole Syllabus (MG) Lessons 1 to 28, Paragraph Writing, Comprehension.</b><br><br><b>Second Terminal Examination</b>   |   |
| March    |                |   |  |   |   |

Teachers are requested to prepare LESSON PLANS for each Topic month wise:

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. Sharmistha 2. N. Das

Submitted on: 26.06.2023

Academic Co-ordinator: [Signature]  
27/6/23  
 VICE PRINCIPAL

PRINCIPAL

JKN  
4/7/23



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: English 2

Terminal: First Terminal

Name of the Subject Co-ordinator: Margaret Das

Name of the Book/s : English Reader & Vikas Colourful Rhymes

No. of Working Days: 71

No. of Periods Available: 43

Class: 1 Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS  |
|-------|----------------|---|---|--|--|
| April | 3              | <u>FIRST TERMINAL BEGINS</u><br>Lesson- 1- A New Baby   | Read and explain the lesson<br>Fill in the blanks<br>Answer in one word   | Read and explain the lesson<br>Fill in the blanks<br>Answer in one word<br>Pg. no.- 5 & 6  | Draw or paste a picture of a baby on a half chart paper and write three lines about the baby.  |
| May   | 8              | Lesson- 1- A New Baby (contd.)<br>Clouds (poem)<br>Chubby Cheeks (poem)- Recitation from <u>Vikas Colourful Rhymes</u>  | True or false<br>Match the column<br>Write the poem/ Complete the poem<br>Short/ Long Question & Answers  | True or false<br>Match the column<br>Write the poem/ Complete the poem<br>Short/ Long Question & Answers<br>Pg. no.- 7 & 8 / Pg. no.- 16 & 17<br>Recite the poem with action- pg. no.- 5                                 | The students will choose any one poem of their choice and draw or paste pictures on a flash card and recite the poem by holding it in their hands. |
| June  | 6              | Lesson- 2- The Lost Sheep<br>Me (poem)- Recitation<br>What I Can Do (poem)- Recitation from <u>Vikas Colourful Rhymes</u>   | Read and explain the lesson<br>Fill in the blanks<br>Tick the correct answer<br>True or false<br>Answer in one word<br>Short/ Long Question & Answers | Read and explain the lesson<br>Fill in the blanks<br>Tick the correct answer<br>True or false<br>Answer in one word<br>Short/ Long Question & Answers<br>Pg. no.- 10- 15<br>Recite the poems with action- pg. no.- 5 & 6 | Make cut out of any one character in the story and say a few lines.  |
| July  | 12             | Lesson- 3- Why Did Seema Fall?<br>Lesson- 4- A Rainy Day<br>Ten Little Fingers (poem)- Recitation<br>Lollypop (poem)- Recitation from <u>Vikas Colourful Rhymes</u> | Read and explain the lessons<br>Fill in the blanks<br>Match the column<br>Answer in one word<br>True or false<br>Short/ Long Question & Answers       | Read and explain the lessons<br>Fill in the blanks<br>Match the column<br>Answer in one word<br>True or false<br>Short/ Long Question & Answers<br>Pg. no.- 18- 22<br>Recite the poems with action- pg. no.- 7 & 8       | Make cut out of any one toy and write a few lines about it.  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *hk Jones*

2. *Sharmistha Sen*

Submitted on: *26.06.23*

Academic Co-ordinator: *[Signature]*

PRINCIPAL

*JK 4/7/23*

*[Signature]*  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: English 2

Terminal: Second Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s : English Reader & Vikas Colourful Rhymes

No. of Working Days: 76

No. of Periods Available: 43

Class: 1 Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS   |
|-----------|----------------|---|--|---|---|
| August    | 12             | Lesson- 5- Jojo's Pet<br>Miss Polly (poem)<br>Revision of First Terminal Syllabus-<br>Lessons- 1,2,3,4 & 5<br>Poems- Clouds, Miss Polly                     | Read and explain the lesson<br>Fill in the blanks<br>True or false<br>Short/ Long Question & Answers<br>Revision of First Term Syllabus-<br>Lessons- 1- 5<br>Poems- Clouds, Miss Polly             | Read and explain the lesson<br>Fill in the blanks<br>True or false<br>Short/ Long Question & Answers<br>Revision of First Term Syllabus-<br>Lessons- 1- 5<br>Poems- Clouds, Miss Polly<br>Revision of First Term Syllabus<br>Lessons- 1- 5<br>Poems- Clouds, Miss Polly | The students will make a cut out of any one pet animal and write a few lines on it.   |
| September | 2              | First Terminal Examination<br>SECOND TERMINAL BEGINS  | First Terminal Examination   | First Terminal Examination  | The students will draw or paste pictures of different fruits of their choice and write five sentences on a half chart paper and display it on the soft board. |
| September | 1              | Lesson – 6- A Visit To Granny   | Read and explain the lesson  | Read and explain the lesson<br>Pg. no.- 37- 41  |   |
| October   | 9              | Lesson- 6- A Visit To Granny (contd.)<br>I Can (poem)<br>Mary Had A Little Lamb (poem)-<br>Recitation (Vikas Colourful Rhymes)                              | Read and explain<br>Fill in the blanks<br>True or false<br>Short/ Long Question & Answers<br>Complete the poem<br>Mary Had A Little Lamb (poem)- Recitation- pg. no.- 9                            | Read and explain<br>Fill in the blanks<br>True or false<br>Short/ Long Question & Answers<br>Complete the poem<br>Mary Had A Little Lamb (poem)- Recitation – pg. no.- 9<br>Pg. no.- 47 & 48  | The students will make a cut out of any one animal and write five to six lines about it.  |
| November  | 11             | Lesson- 7- Festivals are Fun<br>Lesson- 8- A Gift for Mummy<br>Pussy Cat (poem)- Recitation<br>Two Little Ducks (poem)- Recitation (Vikas Colourful Rhymes) | Read and explain the lessons<br>Fill in the blanks<br>True or false<br>Answer in one word<br>Short/ Long Question & Answers<br>Pussy Cat (poem)- Recitation<br>Two Little Ducks (poem)- Recitation | Read and explain the lessons<br>Fill in the blanks<br>True or false<br>Answer in one word<br>Short/ Long Question & Answers<br>Pussy Cat (poem)- Recitation<br>Two Little Ducks (poem)- Recitation<br>Recite the poems with action- pg. no.- 10, 16<br>Pg. no.- 42- 53  | The students will paste pictures or draw and colour their favourite festival on a chart paper and write five lines on it.                                     |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *M. Jones*.....

2. *Sharmisquadan*.....

Submitted on: *26.06.23*.....

Academic Co-ordinator: *[Signature]*.....

VICE PRINCIPAL

PRINCIPAL

*JKN*  
*4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: English 2 Terminal: Second Terminal Name of the Subject Co-ordinator: Ms.Margaret Das Name of the Book/s : English Reader & Vikas Colourful Rhymes

No. of Working Days: 76 No. of Periods Available: 43 Class: 1 Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS  | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS  |
|----------|----------------|--|---|--|--|
| December | 7              | Lesson- 9- To The Farm<br>Lesson- 10- The Shoemaker and the Elves<br>A Little Bird And I (poem)-<br>Recitation (Vikas Colouring Rhymes)  | Read and explain the lessons<br>Fill in the blanks<br>True or false<br>Answer in one or two words<br>Short/ Long Question & Answers<br>A Little Bird And I (poem)- Recitation                 | Read and explain the lessons<br>Fill in the blanks<br>True or false<br>Answer in one or two words<br>Short/ Long Question & Answers<br>A Little Bird And I (poem)- Recitation<br>A Little Bird And I (poem)- Recitation- 17<br>Pg. no.- 56- 60                                   | Make a cut out of any one farm animal write a few lines about it.          |
| January  | 10             | Lesson- 10- The Shoemaker and the Elves (contd..)<br>A Happy Child (poem)<br>My Red Balloon (poem)-<br>Recitation<br>Two Little Dicky Birds (poem)-<br>Recitation (Vikas Colouring Rhymes) | Tick the correct answers<br>Match the columns<br>Complete/ write the poem<br>Short/ Long Question & Answers<br>My Red Balloon (Poem)- Recitation<br>Two Little Dicky Birds (poem)- Recitation | Tick the correct answers<br>Match the columns<br>Complete/ write the poem<br>Short/ Long Question & Answers<br>My Red Balloon (Poem)- Recitation<br>Two Little Dicky Birds (poem)- Recitation<br>Recite the poems with action- pg. no.- 26, 50<br>Pg. no.- 54<br>Pg. no.- 61- 65 | The children will make mask of elves face and put it up on the soft board. |
| February | 5              | <u>Revision of Second Terminal Syllabus</u><br>Lessons- 6,7,8,9 & 10<br>I Can (poem)<br>A Happy Child (poem)<br><u>Second Terminal Examination</u>   | <u>Revision of Second Terminal Syllabus</u><br>Lessons- 6,7,8,9 & 10<br>I Can (poem)<br>A Happy Child (poem)<br><u>Second Terminal Examination</u>  | <u>Revision of Second Terminal Syllabus</u><br>Lessons- 6,7,8,9 & 10<br>I Can (poem)<br>A Happy Child (poem)<br><u>Second Terminal Examination</u>   |  |
| March    |                |  |   |  |  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise. Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *JK Jones*

2. *Sharmisgha Sen*

Submitted on: *26.06.23*

Academic Co-ordinator: *[Signature]*

VICE PRINCIPAL

PRINCIPAL

*JKJ  
4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan / Syllabus coverage for the Academic Year 2023-2024



Subject: Bengali I  
No. of Working Days: 71

Terminal : First Terminal

Name of the Subject Co-ordinator: Ms. Sharmistha Sen  
No. of Periods Available:43

Name of the Book/s: Bhasha Prasongo  
Class: I Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK  | TEACHING AIDS   |
|-------|----------------|---|---|---|---|
| April | 4              | <b>First Terminal Begins</b><br>পাঠ ১ - ভাষা ও ব্যাকরণ  | ভাষা ও মাতৃভাষার সংজ্ঞা, ভাষার শ্রেণি বিভাগ, ব্যাকরণ কী?  | ভাষা, মাতৃভাষা, ব্যাকরণের সংজ্ঞা ও ভাষার শ্রেণিবিভাগ বুঝিয়ে পড়ানো হবে।  | ছাত্রেরা ভারতের বিভিন্ন রাজ্যের মানুষের ছবি দেখিয়ে তাদের ভাষার নাম বলবে।   |
| May   | 8              | পাঠ ১ - ভাষা ও ব্যাকরণ<br>(Continued)<br>পাঠ ২ - ধ্বনি ও বর্ণ<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - গরু | ব্যাকরণ পাঠের প্রয়োজনীয়তা<br>অনুশীলনীর প্রশ্নোত্তর ধ্বনি ও বর্ণের সংজ্ঞা, শ্রেণিবিভাগ স্বরবর্ণের বানান চিহ্ন যোগে বানান<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - গরু | ব্যাকরণ পাঠের প্রয়োজনীয়তা শেখানো হবে।<br>অনুশীলনীর প্রশ্নোত্তর লেখানো হবে। (পৃঃ ৭,৮) শব্দ বিশ্লেষণ করে ধ্বনি ও বর্ণের সংজ্ঞা পড়ানো হবে, শ্রেণিবিভাগ বিশ্লেষণ করা হবে।<br>স্বরবর্ণের বানান চিহ্ন যোগে বানান শেখানো ও লেখানো হবে।<br>(পৃঃ ১৫)<br>অনুচ্ছেদ-গরু সম্বন্ধে লেখানো হবে। | ছাত্রেরা খাতায় স্বরবর্ণ দিয়ে শব্দ গঠন করে ছবি ঠেকে নাম লিখবে।   |
| June  | 5              | পাঠ ২ - ধ্বনি ও বর্ণ (Continued)  | যুক্ত ব্যঞ্জনের বানান অনুশীলনীর প্রশ্নোত্তর   | যুক্ত ব্যঞ্জনের বানান শেখানো হবে ও অনুশীলনীর প্রশ্নোত্তর করানো হবে। (পৃঃ ১৫,১৬,১৭)  | ছাত্রেরা খাতায় ব্যঞ্জনবর্ণ দিয়ে শব্দ গঠন করে ছবি আঁকবে ও নাম লিখবে।   |
| July  | 12             | পাঠ ৩ - শব্দ, পদ ও বাক্য<br>বোধ পরীক্ষণ<br>অনুচ্ছেদ - বর্ষাকাল<br>পাঠ ৪ - পদ পরিচয়           | শব্দ, পদ ও বাক্যের সংজ্ঞা উদাহরণ<br>অনুশীলনীর প্রশ্নোত্তর<br>বোধ পরীক্ষণ<br>অনুচ্ছেদ - বর্ষাকাল<br>পদের শ্রেণিবিভাগ                                       | শব্দ, পদ ও বাক্যের সংজ্ঞা উদাহরণ দিয়ে বুঝিয়ে পড়ানো হবে। অনুশীলনীর প্রশ্নোত্তর লেখানো হবে। (পৃঃ ১৯,২০)<br>অনুচ্ছেদ - বর্ষাকাল সম্বন্ধে লেখানো হবে।<br>পাঁচ প্রকার পদ বোঝানো হবে।  | ছাত্রেরা ছবি দেখে চার্ট পেপারে এলোমেলো বর্ণ সাজিয়ে শব্দ গঠন করবে।<br>ছাত্রেরা চার্ট পেপারে বিশেষ্য পদের উদাহরণের ছবি লাগাবে। |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapter included for Terminal Examination.

Signature of the Co-Teachers: 1. .... 2. ....

JKM  
৫/৬/২৩

PRINCIPAL

Submitted on: 26.06.2023

Academic Co-ordinator: ....

26.6.23  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan / Syllabus coverage for the Academic Year 2023-2024



Subject: Bengali I

Terminal : Second Terminal

Name of the Subject Co-ordinator: Ms. Sharmistha Sen

Name of the Book/s: Bhasha Prasongo

No. of Working Days: 76

No. of Periods Available: 44

Class: I Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS   |
|-----------|----------------|--|--|---|---|
| August    | 12             | পাঠ ৪ - পদ পরিচয় (Continued)<br>পাঠ ৫ - লিঙ্গ<br>বোধ পরীক্ষণ<br>অনুচ্ছেদ - স্বাধীনতা দিবস<br>Revision of 1 <sup>st</sup> Terminal Syllabus. পাঠ - ১, ২, ৩, ৪, ৫                         | পদের শ্রেণি বিভাগ, উদাহরণ অনুশীলনীর<br>প্রশ্নোত্তর, লিঙ্গের সংজ্ঞা, শ্রেণিবিভাগ লিঙ্গ<br>পরিবর্তনের উদাহরণ অনুশীলনীর প্রশ্নোত্তর<br>বোধ পরীক্ষণ, অনুচ্ছেদ - স্বাধীনতা দিবস<br>Revision of 1 <sup>st</sup> Terminal Syllabus<br>পাঠ - ১, ২, ৩, ৪, ৫ | পাঁচ প্রকার পদের প্রত্যেকটির সংজ্ঞা ও উদাহরণ বুঝিয়ে পড়ানো<br>হবে। ছবির সাহায্যে লিঙ্গের সংজ্ঞা ও শ্রেণিবিভাগ বোঝানো হবে।<br>লিঙ্গ পরিবর্তনের উদাহরণ পড়ানো হবে।<br>অনুশীলনীর প্রশ্নোত্তর লেখানো হবে। (পৃঃ ২৭) বোধ পরীক্ষণ<br>অনুচ্ছেদ - স্বাধীনতা দিবস সম্বন্ধে লেখানো হবে।<br>Revision of 1 <sup>st</sup> Terminal Syllabus. পাঠ - ১, ২, ৩, ৪, ৫ | ছাত্রেরা খাতা বিশেষণ পদের<br>উদাহরণের ছবি লাগিয়ে বিশেষণ<br>পদ চিহ্ন করবে।<br>ছাত্রেরা খাতায় লিঙ্গ পরিবর্তনের<br>উদাহরণ দিয়ে ছবি আঁকবে। |
| September | 2<br>4         | Revision of 1 <sup>st</sup> Terminal Syllabus. পাঠ - ১, ২, ৩, ৪, ৫<br>অনুচ্ছেদ লিখন ও বোধ পরীক্ষণ<br><b>First Terminal Examination</b><br><b>Second Terminal Begins</b><br>পাঠ - ৬ - বচন | Revision of 1 <sup>st</sup> Terminal Syllabus<br>পাঠ - ১, ২, ৩, ৪, ৫<br>অনুচ্ছেদ লিখন ও বোধ পরীক্ষণ<br><b>First Terminal Examination</b><br>বচনের সংজ্ঞা, প্রকার ভেদ, উদাহরণ   | Revision of 1 <sup>st</sup> Terminal Syllabus<br>পাঠ - ১, ২, ৩, ৪, ৫<br>অনুচ্ছেদ লিখন ও বোধ পরীক্ষণ<br><b>First Terminal Examination</b><br>ছবির সাহায্যে বচনের সংজ্ঞা পড়িয়ে প্রকারভেদ শেখানো হবে।  | ছাত্রেরা একবচন ও বহুবচন,<br>সত্যিকারের সামগ্রী দিয়ে শ্রেণীতে<br>প্রদর্শন করবে।   |
| October   | 7              | পাঠ ৬ - বচন (Continued)<br>বোধ পরীক্ষণ<br>অনুচ্ছেদ - দুর্গাপূজা  | বিভিন্ন প্রকারের বচনের চিহ্ন, অনুশীলনীর<br>প্রশ্নোত্তর, বোধ পরীক্ষণ, অনুচ্ছেদ -<br>দুর্গাপূজা  | বিভিন্ন প্রকারের বচনের চিহ্নসহ উদাহরণ পড়ানো হবে। অনুশীলনীর<br>প্রশ্নোত্তর লেখানো হবে। (পৃঃ ২৯)<br>বোধ পরীক্ষণ, অনুচ্ছেদ - দুর্গাপূজা সম্বন্ধে লেখানো হবে।  | ছাত্রেরা খাতায় একবচন ও<br>বহুবচন ছবি আঁকবে।  |
| November  | 11             | পাঠ - ৭ পদ পরিবর্তন<br>পাঠ - ৮ বিপরীত শব্দ<br>বোধ পরীক্ষণ<br>অনুচ্ছেদ - ফুটবল  | পদ পরিবর্তনের উদাহরণ অনুশীলনীর<br>কাজ, বিপরীত শব্দের উদাহরণ<br>অনুশীলনীর কাজ, বোধ পরীক্ষণ<br>অনুচ্ছেদ - ফুটবল  | বিশেষ্য থেকে বিশেষণ এবং বিশেষণ থেকে বিশেষ্য পদে পরিবর্তনের<br>উদাহরণ করানো হবে। (পৃঃ ৩২) ছবি দেখিয়ে বিপরীত শব্দের মানে<br>ও উদাহরণ পড়ানো হবে। অনুশীলনীর কাজ করানো হবে। (পৃঃ ৩৫)<br>বোধ পরীক্ষণ, অনুচ্ছেদ - ফুটবল সম্বন্ধে লেখানো হবে।   | ছাত্রেরা চার্ট পেপারে বিভিন্ন<br>পদের উদাহরণের ছবি লাগিয়ে<br>নাম লিখবে।  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapter included for Terminal Examination.

Signature of the Co-Teachers: 1. ....

2. *M. Das* .....

Submitted on: *26.06.23* .....

Academic Co-ordinator: *[Signature]* .....

PRINCIPAL

*JKN*  
*21/7/23*

*26.6.23*  
VICE PRINCIPAL





# ST. LAWRENCE HIGH SCHOOL



27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan / Syllabus coverage for the Academic Year 2023-2024

Subject: Bengali I

Terminal : Second Terminal

Name of the Subject Co-ordinator: Ms. Sharmistha Sen

Name of the Book/s: Bhasha Prasongo

No. of Working Days: 76

No. of Periods Available: 44

Class: I Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK  | TEACHING AIDS   |
|----------|----------------|---|---|---|---|
| December | 7              | পাঠ - ৯ সমার্থক বা প্রতিশব্দ<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - বড়দিন   | সমার্থক শব্দের সংখ্যা ও তালিকা<br>অনুশীলনীর কাজ<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - বড়দিন  | মানে বুঝিয়ে সমার্থক শব্দের সংখ্যা পড়ানো হবে। বইয়ের<br>তালিকা দেওয়া শব্দগুলি প্রতিশব্দ পড়ানো হবে।<br>অনুশীলনীর কাজ করানো হবে। (পৃঃ ৩৮, ৩৯)<br>বোধপরীক্ষণ ,অনুচ্ছেদ - বড়দিন সম্বন্ধে লেখানো হবে   | ছাত্তেরা চাট পেপারে বিপরীত শব্দের ছবি<br>লাগাবে।<br>ছাত্তেরা চাট পেপারে সমার্থক শব্দের ছবি<br>লাগাবে।                         |
| January  | 10             | পাঠ -১০ - সমোচ্চারিত ভিন্নার্থক শব্দ<br><br>পাঠ - ১১ - শুদ্ধ বানান লিখন<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - গোলাপ                           | সমোচ্চারিত ভিন্নার্থক শব্দের সংজ্ঞা ও<br>উদাহরণ অনুশীলনীর কাজ<br><br>শুদ্ধ বানানের প্রয়োজনীয়তা ও উদাহরণ<br>অনুশীলনীর কাজ।<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - গোলাপ | উদাহরণসহ সমোচ্চারিত ভিন্নার্থক শব্দের সংজ্ঞা বোঝানো ও<br>পড়ানো হবে। অনুশীলনীর কাজ করানো হবে। (পৃঃ ৪২)<br>শুদ্ধ বানানের প্রয়োজনীয়তা উল্লেখ করে বইয়ের<br>উদাহরণগুলি পড়ানো হবে।<br>অনুশীলনীর কাজ করানো হবে। (পৃঃ ৪৪)<br>বোধপরীক্ষণ<br>অনুচ্ছেদ - গোলাপ সম্বন্ধে লেখানো হবে। | ছাত্তেরা খাতায় সমোচ্চারিত ভিন্নার্থক শব্দের<br>কয়েকটি ছবি আঁকবে।<br><br>ছাত্তেরা ভুল বানানগুলির শুদ্ধ করে শ্রেণীতে<br>বলবে। |
| February | 5              | Revision of the whole Syllabus<br>পাঠ - ১,২,৩,৪,৫,৬,৭,৮,৯,১০,১১<br>অনুচ্ছেদ লিখন ও বোধপরীক্ষণ<br><b>Second Terminal Examination</b> | Revision of the whole Syllabus<br>পাঠ - ১,২,৩,৪,৫,৬,৭,৮,৯,১০,১১<br>অনুচ্ছেদ লিখন ও বোধপরীক্ষণ<br><b>Second Terminal Examination</b>                           | Revision of the whole Syllabus<br>পাঠ - ১,২,৩,৪,৫,৬,৭,৮,৯,১০,১১<br>অনুচ্ছেদ লিখন ও বোধপরীক্ষণ<br><b>Second Terminal Examination</b>   | -   |
| March    |                |   |   |   |   |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapter included for Terminal Examination

Signature of the Co-Teachers: 1. .... 2. *M. Das* .....

Submitted on: *26.06.23* .....

Academic Co-ordinator: *[Signature]* .....

*[Signature]*  
26.6.23  
VICE PRINCIPAL

PRINCIPAL

*JKM*  
*4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Bengali 2 Terminal: 1st Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s: Shahitair Taruchayya & Chorar Fuljhuri

No. of Working Days: 71

No. of Periods Available: 26

Class: 1 Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS  |
|-------|----------------|--|--|---|--|
| April | 2              | First Terminal Begins -<br>পাঠ-১: স্বরবর্ণ<br>স্বরচিহ্ন  | এসো, বর্ণচিনি (স্বরবর্ণ)<br>অ-ঔ -<br>স্বরচিহ্ন।                              | স্বরবর্ণ (অ-ঔ), স্বরচিহ্ন (আ - ঔ) শেখানো ও লেখানো হবে।<br>পৃষ্ঠা ৩-৫  | ছাত্রেরা একটি চার্টে স্বরবর্ণ এবং স্বরচিহ্ন লিখে দুটি করে শব্দ গঠন করে দেখাবে।                                     |
| May   | 4              | পাঠ-২-ব্যঞ্জনবর্ণ  | এসো, বর্ণচিনি (ব্যঞ্জনবর্ণ) - (ক- ং)<br>শব্দ গঠন কর - (স্বরবর্ণ/ব্যঞ্জনবর্ণ) | ব্যঞ্জনবর্ণ শেখানো ও লেখানো হবে,<br>মানে বুঝিয়ে রিডিং পড়ানো হবে এবং লেখানো হবে পৃষ্ঠা- ৬-<br>১৩   | ছাত্রেরা একটি চার্টে ব্যঞ্জনবর্ণ লিখে দুটি করে শব্দ গঠন করে দেখাবে।  |
| June  | 4              | পাঠ-৩: স্বরযুক্ত শব্দ গঠক<br>কাঁকড়াবুড়ি ( Recitation )   | অ, আ, ই, ঈ, উ, ঊ - যোগে শব্দ গঠন<br>কাঁকড়া বুড়ি                            | অ, আ, ই, ঈ, উ, ঊ - মানে বুঝিয়ে শেখানো এবং লেখানো<br>হবে। পৃঃ ১৪-২৩<br>কাঁকড়া বুড়ি (কবিতা) আবৃত্তি করবে।<br>পৃষ্ঠা -৩ (Recitation)  | ছাত্রেরা একটি চার্টে কাঁকড়া বুড়ি (কবিতা) ছবি ঐকে / লাগিয়ে দেখাবে।   |
| July  | 8              | পাঠ-৫- অ-কারান্ত শব্দ দিয়ে<br>বাক্য<br>পাঠ-৬- আ-কারান্ত শব্দ দিয়ে<br>বাক্য<br>চড়ুই পাখি- (Recitation) | বাক্য গঠন<br>বাক্য গঠন<br>চড়ুই পাখি   | অ এবং আ- কার শব্দ দিয়ে দুটি বা তিনটি শব্দে বাক্য গঠন<br>পড়ানো এবং লেখানো হবে।। পৃঃ- ৩০-৩৩<br>চড়ুই পাখি (কবিতা) আবৃত্তি করবে।<br>পৃষ্ঠা- ৩০, ৩১<br>পৃষ্ঠা- ৩২, ৩৩<br>পৃষ্ঠা -৪ ( Recitation ) | ছাত্রেরা তাদের পছন্দের পাখির ছবি ঐকে বা ছবি লাগিয়ে তার সম্বন্ধে তিনটি বাক্য লিখে দেখাবে একটি ফ্ল্যাশ কার্ডের উপর। |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.  
Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Sharmistha Sen*

2. ....

Submitted on: 26.06.2023.

Academic Co-ordinator: *[Signature]*

26.6.23  
VICE PRINCIPAL

PRINCIPAL

*JKN*  
*24/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Bengali 2 Terminal: 2<sup>nd</sup> Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s: Shahitair Taruchayya & Chorar Fujihuri

No. of Working Days: 76

No. of Periods Available: 32

Class: 1 Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK  | TEACHING AIDS  |
|-----------|----------------|---|---|---|--|
| August    | 5<br>3         | পাঠ-৭- ই - কারান্ত শব্দ দিয়ে বাক্য গঠন।<br>ভোর হল (কবিতা)।<br>রাইচরণের খুড়ি।<br>Revision of 1 <sup>st</sup> Terminal Syllabus- পাঠ -১, ২, ৩, ৫, ৭<br>ভোর হল (কবিতা)<br>(Shahitair Taruchayya) | বাক্য গঠন<br>ভোর হল( কবিতা)<br>রাইচরণের খুড়ি- (Recitation)<br>Revision of 1 <sup>st</sup> Terminal Syllabus-<br>পাঠ-১, ২, ৩, ৫, ৬, ৭<br>ভোর হল (কবিতা)<br>(Shahitair Taruchayya) | ই -কার শব্দ দিয়ে দুটি বা তিনটি শব্দে বাক্য গঠন পড়ানো এবং লেখানো হবে, শূন্যস্থান ও প্রমোত্তর।<br>ভোর হল (কবিতা) বোঝানো ও লেখানো হবে।<br>রাইচরণের খুড়ি (কবিতা) আবৃত্তি করবে।<br>পৃঃ-৩৪, ৩৫, ৫৪, ৫৫<br>Revision of 1 <sup>st</sup> Terminal Syllabus-<br>পাঠ-১, ২, ৩, ৫, ৬, ৭<br>ভোর হল (কবিতা)- পৃঃ- ৫৪ (Shahitair Taruchayya) | ছাত্ররা তাদের পছন্দের যেকোনো একটি কবিতা ছবি ঐকে এবং কবিতাটি লিখে দেখাবে একটি চাটে।               |
| September | 2              | 1 <sup>st</sup> Terminal Examination<br>2 <sup>nd</sup> Terminal Begins-<br>পাঠ-৮- ঙ্গ - কারান্ত শব্দ দিয়ে বাক্য গঠন   | 1 <sup>st</sup> Terminal Examination<br>2 <sup>nd</sup> Terminal Begins-<br>বাক্য গঠন   | 1 <sup>st</sup> Terminal Examination<br>2 <sup>nd</sup> Terminal Begins-<br>ঙ্গ -কার শব্দ দিয়ে দুটি বা তিনটি শব্দে বাক্য গঠন পড়ানো এবং লেখানো হবে, শূন্যস্থান, প্রমোত্তর<br>পৃঃ-৩৬, ৩৭  | ছাত্ররা একটি চাটে পাঁচটি করে ঙ্গ-কারান্ত শব্দ দিয়ে বাক্য গঠন করে ছবি লাগিয়ে বা ঐকে দেখাবে।     |
| October   | 6              | পাঠ-৯-উ-কারান্ত শব্দ দিয়ে বাক্য গঠন<br>ছড়া (কবিতা)  | বাক্য গঠন<br>ছড়া (কবিতা) - (Recitation)-   | উ -কার শব্দ দিয়ে দুটি বা তিনটি শব্দে বাক্য গঠন পড়ানো এবং লেখানো হবে, শূন্যস্থান, প্রমোত্তর<br>ছড়া (কবিতা) আবৃত্তি করবে<br>পৃঃ-৩৮, ৩৯<br>ছড়া (কবিতা) - (Recitation)- পৃঃ-৭   | ছাত্ররা একটি চাটে পাঁচটি করে উ-কারান্ত শব্দ দিয়ে বাক্য গঠন করে ছবি লাগিয়ে বা ছবি ঐকে দেখাবে।   |
| November  | 8              | পাঠ-১০- ঙ্গ -কারান্ত শব্দ দিয়ে বাক্য গঠন<br>বিলিতি ছড়া (কবিতা)  | বাক্য গঠন<br>বিলিতি ছড়া (কবিতা) -(Recitation)  | ঙ্গ - কার শব্দ দিয়ে দুটি বা তিনটি শব্দে বাক্য গঠন পড়ানো এবং লেখানো হবে, শূন্যস্থান, প্রমোত্তর<br>বিলিতি ছড়া (কবিতা) আবৃত্তি করবে<br>পৃঃ-৪০, ৪১<br>বিলিতি ছড়া (কবিতা) -(Recitation) পৃঃ-৭  | ছাত্ররা একটি চাটে পাঁচটি করে ঙ্গ-কারান্ত শব্দ দিয়ে বাক্য গঠন করে ছবি লাগিয়ে বা ছবি ঐকে দেখাবে। |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Sharmistha Sen*

2. ....

Submitted on: 26.06.2023

Academic Co-ordinator: *A.S.*

*26.6.23*  
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# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019



Session Plan/ Syllabus Coverage for the Academic Year 2023-2024

Subject: Bengali 2 Terminal: 2<sup>nd</sup> Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s: Shahitair Taruchayya & Chorar Fuljhuri

No. of Working Days: 76

No. of Periods Available: 32

Class: 1 Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS   |
|----------|----------------|--|--|--|---|
| December | 6              | পাঠ-১২-এ কারান্ত শব্দ দিয়ে বাক্য গঠন।<br>বনের পাখি (কবিতা)।   | বাক্য গঠন<br>বনের পাখি (কবিতা)   | এ- কার শব্দ দিয়ে দুটি বা তিনটি শব্দে বাক্য গঠন পড়ানো এবং লেখানো হবে। শূন্যস্থান, প্রশ্নোত্তর<br>কবিতা লেখানো হবে<br>পৃঃ- ৪৪,৪৫<br>বনের পাখি (কবিতা) -পৃঃ-৬৮  | ছাত্ররা একটি চাটে তাদের পছন্দের পাঁচটি পাখির ছবি এঁকে বা লাগিয়ে তাদের নাম লিখবে এবং একটি পাখির বিষয় তিনটি লাইন লিখবে।<br>তিনটি লাইন |
| January  | 6              | পাঠ-১৯-<br>নিজের কাজ নিজে করা ভালো-<br>(গদ্য)  | গদ্যটির মানে বুঝিয়ে রিডিং পড়ানো হবে।<br>শূন্যস্থান, বাক্য রচনা, সঠিক উত্তরের ঠিক চিহ্ন বসাও, প্রশ্ন-<br>উত্তর লেখানো হবে।                                | গদ্যটির মানে বুঝিয়ে রিডিং পড়ানো হবে।<br>শূন্যস্থান, বাক্য রচনা, সঠিক উত্তরের ঠিক চিহ্ন বসাও, প্রশ্ন-<br>উত্তর লেখানো হবে।                                    | ছাত্ররা একটি চাটে বিদ্যাসাগরের ছবি এঁকে বা ছবি লাগিয়ে তার বিষয় পাঁচটি লাইন লিখে দেখাবে।   |
| February | 4              | Revision of 2 <sup>nd</sup> Terminal syllabus<br>পাঠ-৮,৯,১০,১২,১৯<br>বনের পাখি - (কবিতা)<br>(Shahitair Taruchayya)<br>2 <sup>nd</sup> Terminal Examination | Revision of 2 <sup>nd</sup> Terminal Syllabus<br>পাঠ-৮,৯,১০,১২,১৯<br>বনের পাখি - (কবিতা)<br>(Shahitair Taruchayya)<br>2 <sup>nd</sup> Terminal Examination | Revision of 2 <sup>nd</sup> Terminal Syllabus<br>পাঠ- ৮, ৯, ১০, ১২, ১৯<br>বনের পাখি- (কবিতা)<br>(Shahitair Taruchayya)<br>2 <sup>nd</sup> Terminal Examination |   |
| March    |                |  |  |  |   |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.  
Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Sharmistha*

2. ....

Submitted on: 26.06.2023

Academic Co-ordinator: *MS*

VICE PRINCIPAL

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*JKM*  
*4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus coverage for the Academic Year 2023-2024



Subject: HINDI 1 Terminal: 1<sup>st</sup> Terminal

Name of the Subject Co-ordinator: Ms Poonam Mehra

Name of the Book/s: VYAKARAN SAMBODH I

No. of Working Days: 71

No. of Periods Available: 43

Class: I Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS  | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS  |
|-------|----------------|--|---|--|--|
| APRIL | 04             | <b>1<sup>st</sup> Terminal Begins</b><br>Lesson 1: भाषा<br>भाषा से सम्बंधित<br>बोलियाँ (कविता) | <ul style="list-style-type: none"> <li>भाषा की पहचान और प्रकार , भारत व अन्य देशों की भाषा का ज्ञान</li> <li>बोलियाँ कविता को कक्षा में पढ़कर सुनाना</li> </ul>   | <ul style="list-style-type: none"> <li>भाषा की परिभाषा पढ़कर लिखाना, भाषा के दो रूप मौखिक और लिखित , प्रश्न -उत्तर, खाली जगह भरो, सही-गलत, अभ्यास pg no. 7-13</li> <li>बोलियाँ पढ़ाकर बच्चों को पशु -पक्षियों की भाषा समझाना</li> </ul>  | <ul style="list-style-type: none"> <li>कक्षा में दो छात्रों को बुलाकर बात कराना</li> </ul>   |
| MAY   | 08             | Lesson 2: वर्ण और वर्णमाला<br>अपठित गद्यांश<br>Lesson 3: मात्राएँ                              | <ul style="list-style-type: none"> <li>वर्ण की परिभाषा , वर्ण के प्रकार-स्वर और व्यंजन</li> <li>अपठित गद्यांश के नियम बताना</li> <li>मात्राओं का ज्ञान कराना</li> </ul>   | <ul style="list-style-type: none"> <li>पाठ समझाना, स्वर और व्यंजन लिखाना, खाली जगह भरो, वर्ण पूरे करो, सही निशान लगाओ, अभ्यास pg no. 14-19</li> <li>अनुच्छेद लिखाकर प्रश्न उत्तर लिखाना</li> <li>मात्रा समझाना, व्यंजन में मात्रा लगाकर नए शब्द बनाना , मिलान करना   अभ्यास pg no. 20-25</li> </ul>  | <ul style="list-style-type: none"> <li>चार्ट देखकर कुछ छात्र स्वर और कुछ छात्र व्यंजन बतायेंगे</li> <li>छात्र कक्षा में शब्दों की मात्रा सही करेंगे</li> </ul> |
| JUNE  | 06             | अनुच्छेद लेखन (मेरा परिवार)<br>Lesson 4: शब्द और वाक्य<br>Lesson 12: विलोम शब्द (आधा)          | <ul style="list-style-type: none"> <li>अनुच्छेद लेखन के नियम बताना</li> <li>शब्द और वाक्य की परिभाषा</li> <li>विलोम या उल्टे अर्थ वाले शब्द समझाना</li> </ul>   | <ul style="list-style-type: none"> <li>छात्र मेरा परिवार पर अनुच्छेद लिखेंगे</li> <li>पाठ समझाना, नए शब्द बनाना, वाक्य बनाना   अभ्यास pg no. 26-30</li> <li>बच्चों को कक्षा में विलोम शब्द चित्र के द्वारा लिखाना   pg no. 56</li> </ul>   | <ul style="list-style-type: none"> <li>कक्षा में छात्र शब्दों की अंताक्षरी खेलेंगे</li> </ul>  |
| JULY  | 12             | Lesson 5: नाम वाले शब्द (संज्ञा)<br>अपठित गद्यांश<br>6: लड़का-लड़की (लिंग)<br>चित्र वर्णन      | <ul style="list-style-type: none"> <li>संज्ञा की परिभाषा समझाना</li> <li>अपठित गद्यांश में अनुच्छेद लिखाकर पढ़ना</li> <li>लिंग की परिभाषा और प्रकार <ul style="list-style-type: none"> <li>बच्चों को चित्र दिखाकर समझाना</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>संज्ञा लिखाना-फलों, जीवों, मनुष्यों, पशु-पक्षियों, शहरों के नाम   संज्ञा शब्द के नीचे रेखा खींचो, खाली जगह भरो, वाक्य बनाओ   अभ्यास pg no. 31-35</li> <li>अनुच्छेद लिखाकर प्रश्न उत्तर लिखाना</li> <li>पाठ समझाना, लड़का-लड़की लिखाना, वाक्य बनाना   अभ्यास pg no. 36-39</li> <li>बच्चे चित्र देखकर पाँच वाक्य लिखेंगे</li> </ul> | <ul style="list-style-type: none"> <li>संज्ञा का चार्ट देखकर छात्र पहचानेंगे</li> <li>छात्र चित्र बनाकर लिंग बतायेंगे (स्त्रीलिंग -पुल्लिंग)</li> </ul>        |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examination.

Signature of the Co-Teachers: 1. *Poonam Mehra* 2. ....

Submitted on: *22.06.23*

Academic Co-ordinator: *[Signature]*

PRINCIPAL

*JKM*  
*4/7/23*

*[Signature]*  
22.6.23  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus coverage for the Academic Year 2023-2024



Subject: HINDI 1 Terminal: 2<sup>nd</sup> Terminal Name of the Subject Co-ordinator: Ms Poonam Mehra

Name of the Book/s: VYAKARAN SAMBODH I

No. of Working Days: 76

No. of Periods Available: 46

Class: I Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS   |
|-----------|----------------|---|---|--|---|
| AUGUST    | 12             | Lesson 7: एक - अनेक (वचन)<br>अनुच्छेद लेखन (मेरा प्रिय फल)<br>Lesson 8: नाम की जगह (सर्वनाम)<br>Revision of 1 <sup>st</sup> Terminal Syllabus Lesson 1-8<br>अपठित गद्यांश और अनुच्छेद लेखन                                    | <ul style="list-style-type: none"> <li>एक-अनेक शब्दों का परिचय देना</li> <li>अनुच्छेद लिखना और पढ़ना</li> <li>सर्वनाम की परिभाषा और अभ्यास</li> <li>Revision of 1<sup>st</sup> Term Syllabus Lesson 1-8</li> <li>अपठित गद्यांश और अनुच्छेद लेखन</li> </ul>  | <ul style="list-style-type: none"> <li>कक्षा में पाठ समझाकर एक-अनेक लिखना। एक से अनेक बनाना, खाली जगह बहरो, वाक्य बनाओ। अभ्यास pg no. 40-43</li> <li>छात्र मेरा प्रिय फल पर अनुच्छेद लिखेंगे</li> <li>सर्वनाम समझाना, रेखा खींचो, खाली जगह भरो, वाक्य बनाओ। अभ्यास pg no. 44-46</li> <li>Revision of 1<sup>st</sup> Terminal Syllabus Lesson 1-8 .</li> <li>अपठित गद्यांश और अनुच्छेद लेखन</li> </ul>  | <ul style="list-style-type: none"> <li>छात्र फल और टॉफियाँ लाकर एक-अनेक का अंतर दिखायेंगे। (एक केला - चार केले)</li> <li>छात्र कक्षा में सर्वनाम शब्द से वाक्य बनाएँगे</li> <li>छात्र कक्षा में सर्वनाम शब्द का प्रयोग करते हुए बात करेंगे। जैसे मैं एक अच्छा लड़का हूँ।</li> </ul> |
| SEPTEMBER | 01<br>04       | Revision of 1 <sup>st</sup> Terminal Syllabus Lesson 1-8<br>अपठित गद्यांश और अनुच्छेद लेखन<br>1 <sup>st</sup> Terminal Examination<br><b>2<sup>nd</sup> Terminal Begins</b><br>Lesson 9: कैसा कितना (विशेषण)<br>अपठित गद्यांश | <ul style="list-style-type: none"> <li>Revision of 1<sup>st</sup> Term Syllabus Lesson 1-8</li> <li>अपठित गद्यांश और अनुच्छेद लेखन</li> <li>1<sup>st</sup> Terminal Examination</li> <li><b>2<sup>nd</sup> Terminal Begins</b></li> <li>विशेषण की परिभाषा और विशेषण की पहचान</li> <li>अपठित गद्यांश लिखना और पढ़ना</li> </ul> | <ul style="list-style-type: none"> <li>Revision of 1<sup>st</sup> Terminal syllabus Lesson 1-8</li> <li>अपठित गद्यांश और अनुच्छेद लेखन</li> <li>1<sup>st</sup> Terminal Examination</li> <li><b>2<sup>nd</sup> Terminal Begins</b></li> <li>विशेषण पढ़ाकर परिभाषा लिखना, विशेषण शब्दों को रेखांकित करो, खाली जगह भरो। अभ्यास pg no. 47-49</li> <li>अपठित गद्यांश लिखाकर प्रश्न उत्तर करवाना</li> </ul> | <ul style="list-style-type: none"> <li>वस्तुएँ दिखाकर उनकी विशेषता पूछना जैसे सेब और तितली की विशेषता बताएँगे</li> </ul>  |
| OCTOBER   | 08             | Lesson 10: काम करने वाले शब्द (क्रिया)<br>Lesson 11: एक जैसे अर्थ वाले शब्द   | <ul style="list-style-type: none"> <li>क्रिया की परिभाषा और पहचान</li> <li>समान अर्थ वाले शब्द का परिचय देना (पर्यायवाची शब्द)</li> </ul>   | <ul style="list-style-type: none"> <li>क्रिया समझाना, खाली जगह भरो, क्रिया के निचे रेखा खींचो, वाक्य बनाओ। अभ्यास pg no. 50-52</li> <li>पर्यायवाची शब्द लिखवाना। अभ्यास pg no. 53-55</li> </ul>  | <ul style="list-style-type: none"> <li>छात्र चित्रों से द्वारा विभिन्न क्रिया दिखायेंगे</li> <li>चित्रों की सहायता से पर्यायवाची बताना</li> </ul>   |
| NOVEMBER  | 11             | Lesson 12: उल्टे अर्थ वाले शब्द (विलोम शब्द)<br>Lesson 13: चित्र वर्णन<br>Lesson 14: हानी पठना/श्रवण  | <ul style="list-style-type: none"> <li>विलोम शब्द का परिचय</li> <li>चित्र दिखाकर समझाना</li> <li>कहानी पढ़ाना और सुनाना</li> </ul>  | <ul style="list-style-type: none"> <li>विलोम शब्द और उसका अभ्यास करना। अभ्यास pg no. 57, 58</li> <li>चित्र दिखाकर कुछ वाक्य लिखने देना। pg no. 61</li> <li>संकेत देकर कहानी लिखाना। pg no. 62, 63</li> </ul>   | <ul style="list-style-type: none"> <li>ब्लैक बोर्ड में छात्र विलोम शब्द बतायेंगे</li> </ul>   |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examination.

Signature of the Co-Teachers: 1. Poonam Mehra 2. ....

PRINCIPAL

JPM  
21/7/23

Submitted on: 22.06.2023

Academic Co-ordinator: .....

VICE PRINCIPAL

22.6.23



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus coverage for the Academic Year 2023-2024



Subject: HINDI 1 Terminal: 2<sup>nd</sup> Terminal Name of the Subject Co-ordinator: Ms Poonam Mehra Name of the Book/s: VYAKARAN SAMBODH I

No. of Working Days: 76

No. of Periods Available: 46

Class: I Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK  | TEACHING AIDS  |
|----------|----------------|---|---|---|--|
| DECEMBER | 08             | Lesson 15: गिनती<br>मॉडल प्रश्न-पत्र -1<br>अपठित गद्यांश  | <ul style="list-style-type: none"> <li>1 से 20 तक गिनती सिखाना</li> <li>छात्रों को मॉडल पेपर पढ़कर बताना</li> <li>अपठित गद्यांश पढ़कर लिखाना</li> </ul> | <ul style="list-style-type: none"> <li>1 से 20 तक गिनती शब्दों और अंकों में लिखना   pg no. 64</li> <li>मॉडल पेपर के उत्तर कक्षा में लिखाना   pg no. 66, 67</li> <li>अपठित गद्यांश लिखाकर प्रश्न उत्तर देना</li> </ul> | <ul style="list-style-type: none"> <li>छात्रों बच्चों को सामान दिखाकर हिंदी में गिनती बोलने को कहना</li> </ul> |
| JANUARY  | 09             | मॉडल प्रश्न पत्र -2<br>अभ्यास पत्र 1 - अभ्यास पत्र 5  | <ul style="list-style-type: none"> <li>छात्रों को मॉडल पेपर पढ़कर बताना</li> <li>छात्रों को अभ्यास पत्र पढ़कर सुनाना</li> </ul>                         | <ul style="list-style-type: none"> <li>मॉडल पेपर के उत्तर कक्षा में लिखाना   pg no. 68-70</li> <li>छात्र कक्षा में अभ्यास पत्र किताब में लिखेंगे।</li> </ul>  | <ul style="list-style-type: none"> <li>छात्र नाँव का एक मॉडल बनायेंगे</li> </ul>                               |
| FEBRUARY | 06             | Revision of the whole Syllabus Lesson no.: 1 - 15<br>अपठित गद्यांश और अनुच्छेद लेखन<br>2 <sup>nd</sup> Terminal Examination | Revision of the whole Syllabus Lesson no.: 1 - 15<br>अपठित गद्यांश और अनुच्छेद लेखन<br>2 <sup>nd</sup> Terminal Examination                             | Revision of the whole Syllabus Lesson no.: 1 - 15<br>अपठित गद्यांश और अनुच्छेद लेखन<br>2 <sup>nd</sup> Terminal Examination   |  |
| MARCH    |                |   |   |   |  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examination.

Signature of the Co-Teachers: 1. Poonam Mehra 2. ....

Submitted on: 22.06.23

Academic Co-ordinator: .....

JKM  
4/7/23

PRINCIPAL

18.6.23  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus coverage for the Academic Year 2023-2024



Subject: HINDI 2 Terminal: 1<sup>st</sup> Terminal

Name of the Subject Co-ordinator: Ms.Poonam Mehra

Name of the Book/s: SUNHARI DHOOP (1)

No. of Working Days: 71

No. of Periods Available: 30

Class: I Sections: A,B&C

| MONTH | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS  |
|-------|----------------|---|--|--|--|
| APRIL | 04             | <u>1st Terminal Begins</u><br>Lesson1: वर्णमाला<br>शेर और चूहा (कहानी)  | <ul style="list-style-type: none"> <li>स्वर और व्यंजन (वर्णमाला)</li> <li>मस्ती का समय</li> </ul>  | <ul style="list-style-type: none"> <li>स्वर और व्यंजन का उच्चारण करना , कॉपी में लिखना pg no. no. no. 10,11</li> <li>छात्र को किताब में चित्र दिखाकर कहानी सुनाना pg no. 13</li> </ul>   | <ul style="list-style-type: none"> <li>छात्र वर्णमाला का चार्ट देखकर चित्र बनायेंगे</li> </ul>   |
| MAY   | 04             | Lesson 2:शब्द – रचना<br>Lesson 3: 'आ' की मात्रा   | <ul style="list-style-type: none"> <li>दो,तीन,और चार वर्ण वाले शब्द और वाक्य</li> <li>आ की मात्रा समझाना ,मात्रा लगाकर शब्द बनाना</li> </ul>   | <ul style="list-style-type: none"> <li>दो,तीन,और चार वर्ण वाले शब्द लिखाना , वाक्य लिखाना ,नए शब्द बनाना , खाली जगह भरो,मिलान करना   अभ्यास pg no. 14-19</li> <li>आ की मात्रा से शब्द पूरे करो ,मिलान करो,सही उत्तर दो  अभ्यास pg no. 20</li> </ul>  | <ul style="list-style-type: none"> <li>छात्र कक्षा में वर्ण से शब्द बनाकर बताएँगे</li> <li>छात्र आ की मात्रा के शब्द से वस्तुएँ दिखायेंगे</li> </ul> |
| JUNE  | 04             | बादल आया जल<br>बरसाया (कविता)<br>राजा (कविता)   | <ul style="list-style-type: none"> <li>कविता पढ़ाना</li> <li>कविता पढ़ाना</li> </ul>   | <ul style="list-style-type: none"> <li>प्रश्नोत्तर ,कविता का अभ्यास, pg no. 21</li> <li>बच्चे कविता का उच्चारण करेंगे, प्रश्नोत्तर , खाली जगह भरो  अभ्यास pg no.22,23</li> </ul>   | <ul style="list-style-type: none"> <li>छात्र कविता से सम्बंधित चित्र बनायेंगे</li> </ul>   |
| JULY  | 08             | Lesson 4:इ की मात्रा<br>कलाकार का दिन<br>डाकिया<br>Lesson 5:ई की मात्रा<br>चीता आया (कविता)<br>एक थी मकड़ी(कविता) | <ul style="list-style-type: none"> <li>इ की मात्रा का परिचय</li> <li>पाठ पढ़ाना</li> <li>पाठ पढ़ाना</li> <li>ई की मात्रा का परिचय</li> <li>कविता का उच्चारण</li> <li>कविता का उच्चारण</li> </ul> | <ul style="list-style-type: none"> <li>सही मात्रा लगाना , नए शब्द बनाना ,खाली जगह भरो, प्रश्नोत्तर  अभ्यास pg no. 24</li> <li>पाठ का अभ्यास कराना pg no. 25 - 27</li> <li>सही मात्रा लगाना  नए शब्द बनाना , प्रश्नोत्तर </li> <li>खाली जगह भरो ,सही शब्द पर 0 लगाओ  एक शब्द में उत्तर दो  अभ्यास pg no. 28-29</li> </ul> | <ul style="list-style-type: none"> <li>छात्र टोकरी का चित्र बनायेंगे</li> <li>छात्र इ और ई की मात्रा के कुछ चित्र बनायेंगे</li> </ul>                |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examination.

Signature of the Co-Teachers: 1. Poonam Mehra 2. ....

Submitted on: 22.06.23

Academic Co-ordinator: [Signature]

JKM  
4/7/23

PRINCIPAL

[Signature] 26.6.23  
VICE PRINCIPAL





# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus coverage for the Academic Year 2023-2024



Subject: HINDI 2 Terminal: 2<sup>nd</sup> Terminal

Name of the Subject Co-ordinator: Ms.Poonam Mehra

Name of the Book/s: SUNHARI DHOOP (1)

No. of Working Days: 76

No. of Periods Available: 32

Class: I Sections: A,B&C

| MONTH     | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS   |
|-----------|----------------|---|--|--|---|
| AUGUST    | 08             | इ , ई का अभ्यास<br>मछली रानी (कविता)<br>Lesson 6:उ की मात्रा<br>बुलबुल और बगुला (कविता)<br>चुटकी चुहिया (पाठ)<br>Lesson 7:ऊ की मात्रा भूखा कानू<br>सीधी सादी रूपा (कविता )<br>Revision of 1 <sup>st</sup> Terminal Syllabus Lesson no.1-7   | <ul style="list-style-type: none"> <li>मछली रानी कविता का उच्चारण और अभ्यास कराना</li> <li>उ की मात्रा का उच्चारण</li> <li>पाठ पढ़ाना</li> <li>पाठ पढ़ाना</li> <li>ऊ की मात्रा का उच्चारण</li> </ul> Revision of 1 <sup>st</sup> Terminal Syllabus Lesson no.1-7 | <ul style="list-style-type: none"> <li>मिलान करो,वाक्य पूरे करो</li> <li>एक शब्द में उतर दो   अभ्यास pg no. 28 -33</li> <li>कविता और पाठ पढ़ाकर अभ्यास कराना, प्रश्नोत्तर pg no. 34-37</li> <li>कविता पढ़ाकर अभ्यास कराना pg no. 38-43</li> </ul> Revision of 1 <sup>st</sup> Terminal Syllabus Lesson no.1-7  | <ul style="list-style-type: none"> <li>छात्र चार्ट में उ और ऊ की सही मात्रा लगायेंगे</li> <li>छात्र किन्हीं दो जानवरों का चित्र बनायेंगे</li> </ul> |
| SEPTEMBER | 02<br>04       | Revision of 1 <sup>st</sup> Terminal Syllabus Lesson no.1-7<br>1 <sup>st</sup> Terminal Examination<br><b>2<sup>nd</sup> Terminal Begins</b><br>Lesson 8: ऋ की मात्रा<br>Lesson 9: ए की मात्रा<br>पीले हरे फूल(पाठ)<br>सबने कुछ किया(कविता) | Revision of 1 <sup>st</sup> Terminal Syllabus Lesson no.1-7<br>1 <sup>st</sup> Terminal Examination<br><ul style="list-style-type: none"> <li>ऋ की मात्रा का परिचय देना</li> <li>ए की मात्रा का परिचय देना</li> <li>कविता और पाठ पढ़ाना</li> </ul>               | Revision of 1 <sup>st</sup> Terminal Syllabus Lesson no.1-7<br>1 <sup>st</sup> Terminal Examination<br><ul style="list-style-type: none"> <li>ऋ की मात्रा का उच्चारण ,सही मात्रा लगाओ , खाली जगह भरो  अभ्यास pg no. 44,45</li> <li>ए की मात्रा का उच्चारण,सही मात्रा लगाओ,नए शब्द बनाओ  pg no. 48</li> <li>कविता और पाठ का अभ्यास, प्रश्नोत्तर pg no. 49-51</li> </ul> | <ul style="list-style-type: none"> <li>ऋषि का चित्र कॉपी में चिपकाना</li> <li>ए की मात्रा के कुछ नए शब्द लिखकर चार्ट बनाना</li> </ul>               |
| OCTOBER   | 06             | Lesson 10: ऐ की मात्रा<br>नैनीताल की शेर (पाठ)<br>तैराक और गवैया (पाठ)<br>Lesson 11: औ की मात्रा  | <ul style="list-style-type: none"> <li>ऐ की मात्रा का परिचय देना</li> <li>पाठ पढ़कर सुनाना</li> <li>औ की मात्रा का परिचय देना</li> </ul>   | <ul style="list-style-type: none"> <li>शब्द पूरे करो , खाली जगह भरो , सही मात्रा लगाओ  pg no. 52</li> <li>पाठ पढ़कर अभ्यास कराना,एक शब्द में उतर खाली जगह भरो अभ्यासpg no. 53-57</li> <li>सही मात्रा लगाओ, मिलान करो,तुक मिलाने वाले शब्द pg no. 58</li> </ul>   | <ul style="list-style-type: none"> <li>छात्र कागज की नाव बनाकर उसमें ऐ की मात्रा के शब्द लिखेंगे।</li> </ul>  |
| NOVEMBER  | 06             | कोयल की टोकरी (पाठ)<br>चोरी छोड़ दी (कविता)<br>Lesson 12: औ की मात्रा<br>पकौड़ी- कचौड़ी (कविता)<br>गौरव की मौसी (पाठ)   | <ul style="list-style-type: none"> <li>पाठ पढ़कर सुनाना</li> <li>कविता का उच्चारण</li> <li>औ की मात्रा का परिचय देना</li> <li>कविता का उच्चारण</li> <li>पाठ पढ़कर सुनाना</li> </ul>  | <ul style="list-style-type: none"> <li>एक शब्द में उतर   अभ्यासpg no. 59</li> <li>कविता पढ़ाकर अभ्यास कराना pg no. 60,61</li> <li>सही मात्रा लगाओ , नए शब्द बनाओ  pg no. 62</li> <li>कविता और पाठ का अभ्यास, प्रश्नोत्तर pg no. 63</li> <li>पाठ पढ़ाकर अभ्यास कराना pg no.64-67</li> </ul>   | <ul style="list-style-type: none"> <li>छात्र औ की मात्रा से चित्र बनायेंगे</li> </ul>   |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examination.

Signature of the Co-Teachers: 1. Poonam Mehra 2. ....

PRINCIPAL

JKK  
4/7/23

Submitted on: 22.06.23

Academic Co-ordinator: .....

VICE PRINCIPAL

26.6.23



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus coverage for the Academic Year 2023-2024



Subject: HINDI 2 Terminal: 2<sup>nd</sup> Terminal Name of the Subject Co-ordinator: Ms.Poonam Mehra Name of the Book/s: SUNHARI DHOOP (1)

No. of Working Days:76

No. of Periods Available:32

Class: I Sections: A,B&C

| MONTH    | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS   |
|----------|----------------|---|---|--|---|
| DECEMBER | 06             | Lesson 13:अं की मात्रा<br>अँ की मात्रा<br>अः की मात्रा<br>Lesson 14: 'र' के रूप                                 | <ul style="list-style-type: none"> <li>अं की मात्रा का परिचय देना</li> <li>चन्द्रबिन्दु की मात्रा के शब्द पढ़ना</li> <li>अः की मात्रा के शब्द पढ़ना</li> <li>रेफ और पदेन की मात्रा पढ़ना</li> </ul> | <ul style="list-style-type: none"> <li>सही मात्रा लगाओ , चित्र पहचानकर नाम लिखो  प्रश्न उत्तर ,नए शब्द बनाओ  अभ्यास pg no. 68,69</li> <li>सही मात्रा लगाओ, प्रश्न उत्तर ,नए शब्द बनाओ. अभ्यास pg no. 70,71</li> <li>नए शब्द बनाओ, खाली जगह भरो अभ्यास pg no.72-75</li> <li>अभ्यास pg no. 76,77</li> </ul>        | <ul style="list-style-type: none"> <li>अं की मात्रा की वस्तुएँ लाकर दिखाना</li> </ul>                   |
| JANUARY  | 06             | Lesson 15: संयुक्त व्यंजन<br>Lesson 16:संयुक्ताक्षर<br>Lesson 19:मीठे बोल (कविता)<br>Lesson 20:मौं और मेघ (पाठ) | <ul style="list-style-type: none"> <li>संयुक्त व्यंजन पढ़ाना</li> <li>संयुक्ताक्षर पढ़ाना</li> <li>कविता का उच्चारण करवाना</li> <li>पाठ को पढ़कर समझाना</li> </ul>                                  | <ul style="list-style-type: none"> <li>संयुक्त व्यंजन से शब्द बनाना pg no. 79,80</li> <li>संयुक्ताक्षर से नए शब्द बनाना  अभ्यास pg no.81-82</li> <li>कविता लिखना ,प्रश्न उत्तर ,खाली जगह भरो  अभ्यास pg no 85-87</li> <li>पाठ पढ़ाकर समझाना ,खाली जगह भरो ,शब्द-अर्थ ,वाक्य बनाओ  अभ्यास pg no. 89-91</li> </ul> | <ul style="list-style-type: none"> <li>छात्र कक्षा में संयुक्ताक्षर से वाक्य बनाकर सुनायेंगे</li> </ul> |
| FEBRUARY | 04             | Revision of 2nd Terminal Syllabus Lesson 8 – 20<br><br>2nd Terminal Examination                                 | Revision of 2nd Terminal Syllabus Lesson 8 – 20<br><br>2nd Terminal Examination   | Revision of 2nd Term Syllabus Lesson 8 – 20<br><br>2nd Terminal Examination  |   |
| MARCH    |                |   |   |  |   |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examination.

Signature of the Co-Teachers: 1. Poonam Mehra 2. ....

Submitted on: 22-06-23

Academic Co-ordinator: ...

JMK  
4/7/23

PRINCIPAL

22.6.23  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/Syllabus Coverage for the Academic Year 2023-2024



Subject: Mathematics  
No. of Working Days: 71

Terminal: 1<sup>st</sup>Terminal

Name of the Subject Co-ordinator: Ms. SharmistaSen  
No. of Periods Available: 85

Name of the Book/s Number Magic and Mental Arithmetic  
Class: 1 Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS   |
|-------|----------------|--|--|--|---|
| April | 09             | <b>1<sup>st</sup>Terminal Begins</b><br>Lesson:1<br>Numbers up to 20<br><br>Write in words 1-20<br>Mental Arithmetic Ex. 1 - 5 | Number names, Zero, making tens, Building numbers, Before, after and between, Using the number strip to write numbers.<br><br>Write in words 1-20<br>Mental Arithmetic Ex. 1 - 5   | Ex – D, E, F, G, H( pg no 10- Pg13)<br><br>Write in Words 1- 20,<br>Mental Arithmetic Ex. 1 - 5  | Students will bring Cards with numbers and will put the number of bindis as per the number on the card. |
| May   | 15             | Number up to 20(continued)<br>Lesson: 2<br>Addition up to 10<br>Write in words 21-80<br>Mental Arithmetic Ex 6-15              | Comparing numbers, smallest to biggest & biggest to smallest.<br>Count forward to add, adding zero, Adding one, Addition facts, vertical addition, Order in addition.<br>Adding three numbers, Fun with addition.<br>Write in words 21-80<br>Mental Arithmetic Ex 6-15 | Ex- I, J, K, L, M, N, O, P, Q, S, T, V & W (pg no. 14 –Pg no 19)<br><br>Ex – A, B, C, D, E, F, G, H, I, J, K, L, M & N (Pg no 22 – Pg no 35)<br><br>Write in words 21-80<br>Mental Arithmetic Ex. 6-15 | Students will add with the help of real object  |
| June  | 10             | Lesson: 3<br>Subtraction up to 10<br><br>Write in words 81-138<br>Mental Arithmetic Ex 16-26                                   | Count back to subtract, Subtracting zero, Subtracting one, Subtracting a number from itself, Subtracting the number before, vertical subtraction, Subtraction facts, Subtraction fun<br>Write in words 81-138<br>Mental Arithmetic Ex 16-26                            | Ex- A, B, C, D, E, F, G, H, I, J, K, L, M & N (pg no 38 –Pg no 49)<br><br>Write in words 81 – 138<br>Mental Arithmetic Ex. 16-26   | Students will Subtract with real objects  |
| July  | 24             | Lesson: 4<br>Shapes and Patterns<br><br>Write in words 139 - 200<br>Mental Arithmetic Ex 27-30                                 | Different shapes, Same shapes, Same size, Same shape and size, Straight lines and curved lines, Solid shapes, Rolling and sliding Patterns<br>Write in words 139-200<br>Mental Arithmetic Ex 27-30   | Ex – A, B, C, D, E, F, G, H, I, J, K, L, M & N (pg no 54 –Pg no 62)<br><br>Write in words 139-200,<br>Mental Arithmetic Ex 27-30   | Students will collect real objects of different shapes. Draw and colour it.                             |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.  
Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Akshay* ..... 2. *H. Das* .....

Submitted on: *26.6.23* .....

Academic Co-ordinator: *[Signature]* .....

*[Signature]* 26.6.23  
VICE PRINCIPAL

PRINCIPAL

*JKM*  
*4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Mathematics Terminal: 2<sup>nd</sup> Terminal

Name of the Subject Co-ordinator: Ms. Sharmista Sen

Name of the Book/s: Number Magic and Mental Arithmetic

No. of Working Days: 76

No. of Periods Available: 90

Class: I Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS   |
|-----------|----------------|---|---|--|---|
| August    | 25             | Lesson 5:<br>Addition and Subtraction up to 20<br>Write in words 201 – 250<br>Mental Arithmetic Ex 38 – 48<br><b>Revision of First Terminal Syllabus</b><br><b>Number Magic- Lessons- 1 to 5</b><br><b>Mental Arithmetic- Ex- 1 to 48</b><br><b>Number Names 1 to 250</b> | Making 10 to add, Count forward to add, adding 2 digit and 1 digit number, Subtraction, Count back to subtract<br>Write in words 201-250<br>Mental Arithmetic Ex 38 – 48<br><b>Revision of First Terminal Syllabus</b><br><b>Number Magic- Lessons- 1 to 5</b><br><b>Mental Arithmetic- Ex- 1 to 48</b><br><b>Number Names 1 to 250</b> | Ex - A, B, C, D, E, F, G, H, I, J & K (pg no 64 –pg no 74)<br><br>Write in words 201-250<br>Mental Arithmetic Ex. 38 - 48<br><b>Revision of First Terminal Syllabus</b><br><b>Number Magic- Lessons- 1 to 5</b><br><b>Mental Arithmetic- Ex- 1 to 48</b><br><b>Number Names 1 to 250</b> | Students will add and subtract with real objects, sticks, coloured beads and small cubes          |
| September | 2              | <b>Revision of First Terminal Syllabus</b><br><b>Number Magic- Lessons 1 to 5</b><br><b>Mental Arithmetic- Ex- 1 to 48</b><br><b>Number Names 1 to 250</b><br>First Terminal Examination<br><b>Second Terminal Begins</b><br>Lesson 6                                     | <b>Revision of the First Terminal Syllabus</b><br><b>Number Magic- Lessons 1 to 5</b><br><b>Mental Arithmetic- Ex- 1 to 48</b><br><b>Number Names 1 to 250</b><br>First Terminal Examination  | <b>Revision of the First Terminal Syllabus</b><br><b>Number Magic- Lessons 1 to 5</b><br><b>Mental Arithmetic- Ex- 1 to 48</b><br><b>Number Names 1 to 250</b><br>First Terminal Examination   | Students will use real objects like pencil, sticks and coloured beads to make tens and ones.      |
|           | 8              | Numbers up to 50<br>Write in words-251-270<br>Mental Arithmetic Ex 49-53  | Making tens, The twenties, The thirties,<br>Write in words-251-270<br>Mental Arithmetic Ex 49-53  | B,C ( pg no 78- pg no 79)<br>Write in words-251-270<br>Mental Arithmetic Ex 49-53  |   |
| October   | 15             | Lesson 6: Numbers up to 50 (continued)<br>Write in words 271-350<br>Mental Arithmetic Ex 54 - 62  | The thirties, The forties, Comparing numbers,<br><br>Write in words 271 – 350,<br>Mental Arithmetic Ex 54 - 62  | Ex – D, E, F, G, H, I, J, k L M, O, P, Q, R, S, T & U (pg no. 79 – pg no. 87)<br>Write in words 271-350,<br>Mental Arithmetic Ex. 54 - 62  | Students will make number cards with pictures to compare numbers and stick it on the chart paper. |
| November  | 21             | Lesson 7:<br>Measurement<br>Lesson 8; Numbers up to 100<br>Write in words 351 – 400<br>Mental Arithmetic Ex 63 - 75   | Comparing length, Using body parts to measure length, comparing weights, Finding weight, How much does it hold ?<br>The fifties, The sixties ,The seventies, The eighties<br>Write in words 351-400,<br>Mental Arithmetic Ex 63 - 75  | Ex - A, B, C, D, E, F, G & H (pg. 91 – 96)<br><br>Ex-B,C,D,E,F,G,H,I,J<br>Write in words 351-400<br>Mental Arithmetic pg. 63 - 75  | Students will demonstrate the simple measurement of real objects like book ,pencil box.           |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations

Signature of the Co-Teachers: 1. *h.k. Das* 2. *M. Das*

26.6.23

PRINCIPAL

*JK*  
*4/7/23*

Submitted on: 26.6.23

Academic Co-ordinator

VICE PRINCIPAL

*8.26.23*  
*AS*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Mathematics

Terminal: 2<sup>nd</sup> Terminal

Name of the Subject Co-ordinator: Ms. Sharmistha Sen

Name of the Book/s: Number Magic and Mental Arithmetic

No. of Working Days: 76

No. of Periods Available: 90

Class: I Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS  | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS  |
|----------|----------------|--|---|--|--|
| December | 15             | Lesson 8 (continued)<br>Numbers up to 100<br>Write in words 401 – 450<br>Mental Arithmetic Ex. 76 - 85   | The nineties, The number after, The number before, comparing numbers, Number pattern Number names 401-450,<br>Write in words 401-450<br>Mental Arithmetic Ex. 76 - 85   | Ex. – K, L, M, N, O, P, Q, R, S, T, U, V, W, X & Y (pg no 104-pg no.111)<br><br>Write in words 401-450<br>Mental Arithmetic pg.76 - 85   | Students will make a number grid<br>On the chart for addition and subtraction  |
| January  | 20             | Lesson 9:<br>Addition and subtraction up to 100<br><br>Lesson 10<br>Time and Money<br><br>Write in words: 451 – 500<br>Mental Arithmetic Ex.86 - 95                      | Add a 2-digit and a 1-digit number<br>Add 2-digit number<br>Add a 2-digit and a 1-digit number<br>Add 2-digit numbers<br>Take away a 1-digit number from a 2-digit number<br>Take away a 2-digit number from a 2-digit number<br>School is fun<br><br>Reading time. Days of the week, months in a year<br>Money, Indian coins and notes, counting money<br><br>Write in words: 451 – 500<br>Mental Arithmetic Ex. 86 - 95 | Ex – A, B & C (pg no. 115 –pg no. 116)<br><br>Ex – D, E, F, G, H & I (pg no. 117 –pg no. 123)<br><br>Ex. A, B, C, D, E, F & G (pg no. 130-pg no.133)<br>Ex. H, I (pg no.136- pg no.137 )<br><br>Number names: 451 – 500<br>Mental Arithmetic pg. 86 - 95 | Students will make a number grid to count forward and backwards<br>Number strip (with Chart Paper)<br>Number line on a chart to count forward and backward, beads, cards, objects<br><br>Students will make a calendar with chart paper showing the months and week.<br>Making clock with card board and<br>Chart on coins and notes |
| February | 11             | <b>Revision of the whole syllabus</b><br>Number Magic-Lessons 1 to 10<br>Write in words 1 to 500<br>Mental Arithmetic Page 1 to 95<br><b>Second Terminal Examination</b> | <b>Revision of the whole Syllabus</b><br>Number Magic-Lessons 1 to 10<br>Write in words 1 to 500<br>Mental Arithmetic Page 1 to 95<br><b>Second Terminal Examination</b>  | <b>Revision of the whole Syllabus</b><br>Number Magic-Lessons 1 to 10<br>Write in words 1 to 500<br>Mental Arithmetic Page 1 to 95<br><b>Second Terminal Examination</b>   |  |
| March    |                |  |   |  |  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations

Signature of the Co-Teachers: 1. *h.p. Jones* 2. *N. Das*

26.6.23

PRINCIPAL

*J.K. Das*  
26/6/23

Submitted on: 26.6.23

Academic Co-ordinator: *A.S.*

*S.S.* 26.6.23  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA- 700019



Session Plan/ Syllabus Coverage for the Academic Year 2023-2024

Subject: Social Studies Terminal: First Terminal Name of the Subject Co-ordinator: Monjita Biswas Name of the Book/s: Inspired Environmental Studies

No. of Working Days: 71

No. of Periods Available: 28

Class: I

Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS  |
|-------|----------------|--|--|---|--|
| April | 2              | <b>FIRST TERMINAL BEGINS</b><br>• Lesson 2: More About Me  | <ul style="list-style-type: none"> <li>Likes &amp; Dislikes</li> <li>Hobbies</li> <li>Feelings</li> </ul>  | Pg. No. 6 Exercise A & B: Complete these sentences about yourself and your friend, Fill in the blanks, Questions and answers from the lesson.   | Students will bring an object, which will represent their hobby & they will speak about it.      |
| May   | 5              | <ul style="list-style-type: none"> <li>Lesson 3: My Body</li> <li>Lesson 4: My Senses</li> </ul> | <ul style="list-style-type: none"> <li>Parts of the body</li> <li>How do parts of the body help us?</li> <li>We are different from each other</li> <li>What are sense organs?</li> <li>How do sense organs help us?</li> </ul> | Pg. No. 10 Exercise A: Name the parts of the body we use<br>Pg. No. 11 Exercise B: Answer the following questions, Fill in the blanks, Questions and answers from the lesson.<br>Pg. No. 15 Exercise A: Fill in the blanks, Exercise B: Answer the questions Exercise C: Answer the following questions, True or false from the lesson. | Students will be asked to show their body parts and asked to show the usage of their body parts. |
| June  | 3              | • Lesson 5: My family, Neighbours and Friends  | <ul style="list-style-type: none"> <li>People in my family</li> <li>Family tree</li> <li>My Neighbours and Friends</li> </ul>  | Questions related to the lesson<br>Pg. No. 21 Exercise A: Complete the sentences, Section B : Complete the sentences about Ritu's family<br>Section C: Answer the following questions, Questions and answers from the lesson.   | Students will be asked to show their family photo and introduce them to their friends.           |
| July  | 8              | • Lesson 7: Food we eat  | <ul style="list-style-type: none"> <li>Food from plants</li> <li>Food from animals</li> <li>Meals that we eat</li> <li>Festivals and Food</li> </ul>   | Pg. No. 31: Exercise A: Fill in the blanks, Exercise B: True or False<br>Pg. No. 32 Answer the following questions, Picture study- circle the food we eat.  | Students will be paste pictures of the food that they eat for breakfast, lunch and dinner.       |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Sharmistha Sen* 2. *M. Das* 22/6/23

Submitted on: 26.06.2023

Academic Co-ordinator: *[Signature]*

*[Signature]* 26.6.23  
VICE PRINCIPAL

*JKM*  
4/7/23

PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA- 700019



Session Plan/ Syllabus Coverage for the Academic Year 2023-2024

Subject: Social Studies Terminal: Second Terminal

Name of the Subject Co-ordinator: Monjita Biswas

Name of the Book/s: Inspired Environmental Studies

No. of Working Days: 76

No. of Periods Available: 35

Class: I

Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS  | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS   |
|-----------|----------------|--|---|--|---|
| August    | 9              | <ul style="list-style-type: none"> <li>Lesson 11: Keeping Clean and Healthy</li> </ul> <b>Revision of the First Terminal Syllabus</b><br><b>Lesson No. 2, 3, 4, 5, 7 &amp; 11</b>  | <ul style="list-style-type: none"> <li>Keep your body clean</li> <li>Follow healthy eating habits</li> <li>Keep active and fit</li> </ul> <b>Revision of the First Terminal Syllabus</b><br><b>Lesson No. 2, 3, 4, 5, 7 &amp; 11</b>        | Pg. No. 51 Exercise A: Fill in the blanks, Exercise B: Look at the pictures clues. Unscramble the letters to form words related to good habits.<br>Exercise C: Answer the following questions.<br><b>Revision of the First Terminal Syllabus</b><br><b>Lesson No. 2, 3, 4, 5, 7 &amp; 11</b>   | Students will share how they help their parents to keep their house and surrounding clean.                  |
| September | 1<br><br>3     | <b>Revision of the First Terminal Syllabus</b><br><b>Lesson No. 2, 3, 4, 5, 7 &amp; 11</b><br><b>First Terminal Examination</b><br><b>Second Terminal Begins</b> <ul style="list-style-type: none"> <li>Lesson 12: Keeping Safe</li> </ul> | <b>Revision of the First Terminal Syllabus</b><br><b>Lesson No. 2, 3, 4, 5, 7 &amp; 11</b><br><b>First Terminal Examination</b><br><b>Second Terminal Begins</b> <ul style="list-style-type: none"> <li>Good touch and Bad touch</li> </ul> | <b>Revision of the First Terminal Syllabus</b><br><b>Lesson No. 2, 3, 4, 5, 7 &amp; 11</b><br><b>First Terminal Examination</b><br>Explanation of the lesson, Pg. No. 56 Exercise A: Fill in the blanks, Exercise B: Match the following, Exercise C: Answer the following questions. Picture Study- Mark a tick for safe and a cross for unsafe.  | Students will draw and colour the traffic lights using red, green and orange.                               |
| October   | 6              | <ul style="list-style-type: none"> <li>Lesson 13: Places in my neighborhood</li> <li>Lesson 14: People who help us</li> </ul>  | <ul style="list-style-type: none"> <li>Places in my neighborhood</li> <li>Taking care of public places</li> <li>People Who Help Us</li> </ul>   | Explanation of the lesson, Pg. No. 60: Exercise A: Fill in the blanks, Exercise B: Match the following, Exercise C: Answer the following ques.<br>Pg. No. 61 Picture study- Tell your teacher the names of the places in the pictures.<br>Explanation of the lesson, Pg. No. 64 Exercise A: Fill in the blanks, Exercise B: Say if the statements are true or false, Picture study- Match each object to the correct person. | Students will draw or paste picture of people who help us.  |
| November  | 7              | <ul style="list-style-type: none"> <li>Lesson 15: Plants</li> </ul>  | <ul style="list-style-type: none"> <li>Types of Plants</li> <li>Uses of Plants</li> </ul>   | Explanation of the lesson, Pg. No. 69 Exercise A: Fill in the blanks, Exercise B: Match the following, Exercise C: Answer the following questions, Pg. No. 70: Picture study- Write climber, creeper or tree under each picture.   | Students will show a real plant and name the parts of the plant, and will show 4 things we get from plants. |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. Sharmistha 2. M. Das 22/6/23

Submitted on: 26.06.2023

Academic Co-ordinator: [Signature]

[Signature]  
26.6.23  
VICE PRINCIPAL

[Signature]  
4/7/23

PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL



27, BALLYGUNGE CIRCULAR ROAD, KOLKATA- 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024

Subject: Social Studies Terminal: Second Terminal

Name of the Subject Co-ordinator: Monjita Biswas

Name of the Book/s: Inspired Environmental Studies

No. of Working Days: 76

No. of Periods Available: 35

Class: I

Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK  | TEACHING AIDS  |
|----------|----------------|---|---|---|--|
| December | 5              | <ul style="list-style-type: none"> <li>Lesson 16: Animals</li> </ul>  | <ul style="list-style-type: none"> <li>Big and small animals</li> <li>Where do animals live?</li> <li>Body parts of animals</li> <li>Wild animals, Domestic animals and pets</li> <li>Sound animals make</li> </ul> | Explanation of the lesson, Pg. No. 74<br>Exercise A: Fill in the blanks, Pg. No. 75<br>Exercise B: Unscramble the letters to form the names of the animals that make the sounds, Exercise C: Answer the following questions, Picture Study- Write W for wild animal and D for domestic animal under each picture. | Students will be asked to make different sound of different animals.   |
| January  | 7              | <ul style="list-style-type: none"> <li>Lesson 17: Water &amp; It's Uses</li> <li>Lesson 18: More About Water</li> </ul>   | <ul style="list-style-type: none"> <li>Uses of water</li> <li>Sources of water</li> <li>Properties of water</li> <li>Storing of water</li> </ul>  | Explanation of the lesson, Pg. No. 79<br>Exercise A, B & C: True & False, Match the pictures to the correct words, Questions and answers from the lesson.   | Students will collect pictures of the sources of water and paste it in their classwork notebook- rivers, lakes, ponds, wells, etc. |
| February | 7              | <ul style="list-style-type: none"> <li>Lesson 18: More About Water</li> </ul> <p><b>Revision of the Second Terminal Syllabus</b><br/>Lesson No. 12, 13, 14, 15, 16, 17 &amp; 18<br/><b><u>SECOND TERMINAL EXAMINATION</u></b></p> | <ul style="list-style-type: none"> <li>Saving water</li> </ul> <p><b>Revision of the Second Terminal Syllabus</b><br/>Lesson No. 12, 13, 14, 15, 16, 17 &amp; 18<br/><b><u>SECOND TERMINAL EXAMINATION</u></b></p>  | Explanation of the lesson, Pg. No. 84<br>Exercise A & B: True & False, Questions and answers from the lesson.<br><b>Revision of the Second Terminal Syllabus</b><br>Lesson No. 12, 13, 14, 15, 16, 17 & 18<br><b><u>SECOND TERMINAL EXAMINATION</u></b>   |  |
| March    |                |   |   |   |  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Sharmistha Sen* 2. *N. Das* 22/6/23

Submitted on: 26.06.2023

Academic Co-ordinator: *[Signature]*

*[Signature]* 26.6.23  
VICE PRINCIPAL

*JKD*  
*4/7/23*

PRINCIPAL





# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Value Education

Terminal: First Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s Virtues Values- 1

No. of Working Days: 71

No. of Periods Available: 15

Class: 1 Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK   | TEACHING AIDS  |
|-------|----------------|---|---|--|--|
| April | 1              | First Terminal Begins<br>Lesson- 1- Our Beautiful World         | Let us thank God for all that He has given us.<br>Read and Understand                   | Reading and explaining the lesson  | The students will draw, colour or paste pictures of different plants and animals on a chart paper.   |
| May   | 2              | Lesson- 1- Our Beautiful World<br><br>(contd...)                | Let us thank God for all that he has given us.<br>Read and Understand                   | Fill in the blanks<br>Fill in the missing words in the poem<br>Short/ Long Question and Answers<br>Pg. No.- 5- 7                               | The students will draw, colour or paste pictures of different things relating to nature on a chart paper.  |
| June  | 2              | Lesson- 2- Let Us Be Friends                                    | A Friend in need is a friend indeed.<br>Read and Understand                             | Read and explain the lesson<br>True or false<br>Match the column<br>Tick the correct answer<br>Pg. No.- 8- 11                                  | The students will stick a photograph of his friend and write five lines about him on a flash card.   |
| July  | 4              | Lesson- 3- Keeping Clean<br><br>Lesson- 4- The Ant and the Dove | Keeping Clean<br>Read and Understand<br><br>The Ant and the Dove<br>Read and Understand | Read and explain the lessons<br>Fill in the blanks<br>True or false<br>Short/ Long question and answers<br>Pg. No.- 12 & 13<br>Pg. No. 14 - 16 | The students will paste pictures on cleanliness on a chart paper and writing five lines on them.<br>The students will draw, colour or paste pictures on the two characters (ant and the dove) and write five sentences on any one of them. |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. h.k. Gomes 2. ....

Submitted on: 26.06.23

Academic Co-ordinator: [Signature]

VICE PRINCIPAL

PRINCIPAL

JKA  
4/7/23



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Value Education

Terminal: Second Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s Virtues Values- 1

No. of Working Days: 76

No. of Periods Available: 18

Class: 1 Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS  |
|-----------|----------------|--|--|---|--|
| August    | 4              | Lesson- 4- The Ant and the Dove (contd..)<br>Lesson- 5- The Best Gift  | The Ant and the Dove<br>Read and Understand<br>Love is the greatest thing<br>Read and Understand   | Read and explain the lesson<br>Fill in the blanks<br>Match the columns<br>True or false<br>Short/ Long Questions and answers<br>Tick the correct answers<br>Pg. No.- 14- 16<br>Pg. No.- 17- 20                                    | The students will be asked to make cut out of any one of the character and say a few lines on it.<br>The students will draw and colour a CAKE and write five sentences on a chart paper. |
| September | 2<br>2         | Revision of First Terminal Syllabus- Lessons- 1- 5<br><u>FIRST TERMINAL EXAMINATION</u><br><u>SECOND TERMINAL BEGINS</u><br>Lesson- 6- Disobedient | Revision of First Terminal Syllabus Lessons- 1- 5<br><u>FIRST TERMINAL EXAMINATION</u><br>Always obey your parents and teachers<br>Read and Understand | Revision of First Term Syllabus Lessons- 1- 5<br><u>FIRST TERMINAL EXAMINATION</u><br>Read and explain the lesson<br>Fill in the missing words<br>Tick the correct answers<br>Short/ Long Question and Answers<br>Pg. No.- 21- 23 | Each student will be asked to write on a half chart paper on the topic ' <u>Why they should not be disobedient to their elders</u> '.  |
| October   | 3              | Lesson- 7- The Dove and the Hunter   | Love and care animals around you<br>Read and Understand  | Read and explain the lesson<br>True or false<br>Short/ Long Question and Answers<br>Pg. No.- 24- 27   | The students will draw or paste a picture of any one of the character (dove or hunter) on a flash card and narrate another story relating to them.                                       |
| November  | 3              | Lesson- 8- The Thirsty Crow  | The Thirsty Crow<br>Read and Understand  | Read and explain the lesson<br>Match the column<br>Tick the correct answers<br>Pg. No.- 28- 30  | The students will make a mask of a crow and narrate the story.   |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *AKJomes*.....

2. ....

Submitted on: *26.06.23*.....

Academic Co-ordinator: *AKJomes*.....

VICE PRINCIPAL *26.6.23*

PRINCIPAL

*JKM  
4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2023-2024



Subject: Value Education

Terminal: Second Terminal

Name of the Subject Co-ordinator: Ms. Margaret Das

Name of the Book/s: Virtues Values- 1

No. of Working Days: 76

No. of Periods Available: 18

Class: 1 Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS  |
|----------|----------------|---|--|---|--|
| December | 3              | Lesson- 9- The Honest Woodcutter  | Honesty is the best policy<br>Read and Understand  | Read and explain the lesson<br>Fill in the blanks<br>True or false<br>Match the column<br>Short/ Long Questions Answers<br>Pg. No.- 31- 34                            | The students will display the story on a chart paper with the help of drawing and colouring or pasting pictures. |
| January  | 3              | Lesson- 10- Our National Flag   | Our National Flag<br>Read and Understand   | Read and explain the lessons<br>Fill in the blanks with correct words<br>True or false<br>Tick the correct answers<br>Pg. No.- 35- 37                                 | The students will draw and colour the 'Indian Flag'.   |
| February | 4              | Lesson- 10- Our National Flag (contd..)<br>Revision of Second Terminal Syllabus<br>Lessons- 6- 10<br><u>SECOND TERMINAL EXAMINATION</u> | Our National Flag<br>Read and Understand<br>Revision of Second Term Syllabus- Lessons- 6- 10<br><br><u>SECOND TERMINAL EXAMINATION</u> | Match the column<br>Short/ Long Question and Answers<br>Pg. No.- 35- 37<br>Revision of Second Term Syllabus- Lessons- 6- 10<br><br><u>SECOND TERMINAL EXAMINATION</u> | The students will write three to five sentences on the 'Indian Flag'.  |
| March    |                |   |  |   |  |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *M. Jones* .....

2. ....

Submitted on: *26.06.23* .....

Academic Co-ordinator: *M. Jones* .....

VICE PRINCIPAL: *M. Jones* *26.6.23*

PRINCIPAL

*JKK*  
*4/7/23*



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019



Session Plan/Syllabus Coverage for the Academic Year 2023-2024

Subject: Art & Craft

Terminal: First Terminal

Name of the Subject Co-ordinator: Shabari Das

Name of the Book/s: Creative Hands Art & Craft Book

No. of Working Days: 71

No. of Periods Available: 14

Class: 1

Sections: A, B & C

| MONTH | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS |
|-------|----------------|---|--|---|---------------|
| April | 2              | <b>First Terminal Begins</b><br>Lesson 1: Ball                              | Colouring  | The students will colour the ball in the class Pg no 3.   |               |
|       |                | Lesson 2: Fish  | Colouring  | The students will colour the fish pg. no. 4.  |               |
| May   | 2              | Lesson 3: Chick   | Colouring  | The students will colour the chick pg no 5.   |               |
|       |                | Drawing free hand   | Draw from imagination in the drawing copy                                | The students will draw and colour a scenery free hand in the copy.  |               |
| June  | 2              | Lesson 4: Hen   | Cotton bud impression  | The students will use cotton bud impression to complete the drawing pg. no. 6 and 7.  |               |
|       |                | Lesson 5: Jumbo Jet   | Colouring  | The students will colour it.  |               |
| July  | 4              | Lesson 6: How to draw fish<br>Draw free hand<br>Craft paper folding<br>Draw | Drawing<br>Draw free hand<br>Making an envelope<br>Draw from imagination | The students will draw and colour the fish pg. no. 8.<br>The students will draw fishes in water free hand.<br>The teacher will show the students how to make an envelope by folding paper.<br>The teacher will guide the students to draw flowers and colour. |               |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Shabari Das* 2. ....

*JKN*  
*4/7/23*

PRINCIPAL

Submitted on: *04/7/23*

Academic Co-ordinator: *[Signature]*

*[Signature]*  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019



Session Plan/Syllabus Coverage for the Academic Year 2023-2024

Subject: Art & Craft

Terminal: Second Terminal

Name of the Subject Co-ordinator: Shabari Das

Name of the Book/s: Creative Hands Art & Craft Book

No. of Working Days: 76

No. of Periods Available: 16

Class: 1

Sections: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS |
|-----------|----------------|--|--|---|---------------|
| August    | 4              | Lesson 7: Animal Drawing from imagination<br><br><b>Revision of 1<sup>st</sup> Terminal Syllabus Lessons-1,2,3,4,5,6,7 and drawing from imagination –scenery, flowers.</b> | Draw and colour<br>Draw from imagination- pg no. 9.<br><br><b>Revision of 1<sup>st</sup> Terminal Syllabus Lessons-1,2,3,4,5,6,7 and drawing from imagination –scenery, flowers.</b> | The students will draw and colour.<br>The students will draw and colour in their drawing copy.<br><b>Revision of 1<sup>st</sup> Terminal Syllabus Lessons-1,2,3,4,5,6,7 and drawing from imagination –scenery, flowers.</b> |               |
| September | 2              | <b>1<sup>st</sup> Terminal Examination</b><br><br><b>2<sup>nd</sup> Terminal Begins</b><br>Lesson 8: Apple<br>Lesson 9: The Sun  | <b>1<sup>st</sup> Terminal Examination</b><br><br>Colouring<br>Colouring pg. no13 and 15   | <b>1<sup>st</sup> Terminal Examination</b><br><br>The students will colour the apple.<br>The students will colour the sun.  |               |
| October   | 2              | Lesson: 10 Rabbit<br><br>Gift  | Draw and colour pg no 16.<br><br>Making and decorating a diya.   | The students will colour the rabbit<br><br>The students will decorate a diya.   |               |
| November  | 4              | Craft<br>Lesson: 19 Flowers  | Making a face of Maa Durga and decorating it by using colourful paper and waste materials.<br>Pasting activity.  | The teacher will guide the students to draw and decorate the face of Durga.<br>The students will do paper pasting on the flowers.   |               |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Shabari Das* ..... 2. ....

Submitted on: *04/7/23* .....  
Academic Co-ordinator: *[Signature]* .....

JKM  
4/7/23  
PRINCIPAL

*[Signature]*  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019



Session Plan/Syllabus Coverage for the Academic Year 2023-2024

Subject: Art & Craft

Terminal: Second Terminal

Name of the Subject Co-ordinator: Shabari Das

Name of the Book/s: Creative Hands Art & Craft Book

No. of Working Days: 76

No. of Periods Available: 16

Class: 1

Sections: A, B & C

| MONTH    | NO. OF PERIODS | LESSONS   | TOPICS COVERED  | CLASS WORK  | TEACHING AIDS |
|----------|----------------|---|---|---|---------------|
| December | 2              | Craft: Christmas Tree   | Making of a Christmas tree by cutting and pasting paper.  | The students will guide the students to make a Christmas Tree.  |               |
|          |                | Craft: Santa Clause   | The students will draw and decorate a Santa Claus.  | The teacher will guide the students to make a Santa Clause.   |               |
| January  | 3              | Lesson 25: Whale  | Paper folding   | The students will make a whale by folding paper.  |               |
|          |                | Draw free hand  | Draw from imagination- Duck in water  | The students will draw and colour from imagination- Duck in water   |               |
| February | 3              | Lesson 30: Lotus  | Draw and colour pg. no. 30.   | The students will draw and colour.  |               |
|          |                | Draw free hand  | Draw from imagination- Christmas  | The students will draw from imagination- Christmas  |               |
|          |                | <b>Revision of 2<sup>nd</sup> Terminal Syllabus.</b><br><b>Lessons 8,9,10,19,25,30 and draw from imagination duck in water and Christmas.</b> | <b>Revision of 2<sup>nd</sup> Terminal Syllabus.</b><br><b>Lessons 8,9,10,19,25,30 and draw from imagination duck in water and Christmas.</b> | <b>Revision of 2<sup>nd</sup> Terminal Syllabus.</b><br><b>Lessons 8,9,10,19,25,30 and draw from imagination duck in water and Christmas.</b> |               |
| March    |                | <b>Second Terminal Examination</b>  | <b>Second Terminal Examination</b>  | <b>Second Terminal Examination</b>  |               |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Shabari Das*

2. ....

Submitted on: *04/7/23*

Academic Co-ordinator: *[Signature]*

PRINCIPAL

*JKM*  
*4/7/23*

*[Signature]*  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA-70001

Session Plan/Syllabus Coverage for the Academic Year 2023-2024



Subject: Physical Education

Terminal: First Terminal

Name of the Subject Co-Ordinator: Srimanta Roy

No.of Working Days: 71

No.of Period Available:14

CLASS: I

SECTIONS: A,B & C

| MONTH | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS |
|-------|----------------|---|--|---|---------------|
| APRIL | 2              | <b><u>FIRST TERMINAL BEGINS</u></b><br>1. EXERCISES<br>2. YOGASANA –TIGER BREATHING | <ul style="list-style-type: none"> <li>DIFFERENT TYPES OF EXERCISES</li> <li>DEFINATION OF TIGER BREATHING</li> <li>STEP BY STEP PRACTICE OF TIGER BREATHING</li> <li>IMPORTANCE OF TIGER BREATHING</li> <li>MEDITATION</li> </ul> | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF DIFFERENT TYPES OF EXERCISES</li> <li>STEP BY STEP PRACTICE OF THE TIGER BREATHING</li> <li>MEDITATION</li> </ul> |               |
| MAY   | 3              | 3. DRILL<br>4. YOGASANA - TRIKONASANA ( TRIANGLE POSE )                             | <ul style="list-style-type: none"> <li>TABLE – 1 &amp; 2</li> <li>DEFINATION OF TRIKONASANA</li> <li>STEP BY STEP PRACTICE OF TRIKONASANA</li> <li>IMPORTANCE OF TRIKONASANA</li> <li>MEDITATION</li> </ul>                        | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF TABLE – 1 &amp; 2</li> <li>STEP BY STEP PRACTICE OF THE TRIKONASANA</li> <li>MEDITATION</li> </ul>                |               |
| JUNE  | 2              | 5. DRILL<br>6. YOGASANA - VAJRASANA ( DIAMOND POSE )                                | <ul style="list-style-type: none"> <li>TABLE - 3 &amp; 4</li> <li>DEFINATION OF VAJRASANA</li> <li>STEP BY STEP PRACTICE OF VAJRASANA</li> <li>IMPORTANCE OF VAJRASANA</li> <li>MEDITATION</li> </ul>                              | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF TABLE – 3 &amp; 4</li> <li>STEP BY STEP PRACTICE OF THE VAJRASANA</li> <li>MEDITATION</li> </ul>                  |               |
| JULY  | 3              | 7. YOGASANA- SIMHASANA(Lion Pose)<br>8. LINE FORMATION                              | <ul style="list-style-type: none"> <li>DEFINATION OF SIMHASANA</li> <li>STEP BY STEP PRACTICE OF SIMHASANA</li> <li>IMPORTANCE OF SIMHASANA</li> <li>HOW TO MAKE LINE FORMATION</li> <li>MEDITATION</li> </ul>                     | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>STEP BY STEP PRACTICE OF SIMHASANA</li> <li>HIGHT WISE LINE FORMATION</li> <li>MEDITATION</li> </ul>                          |               |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1 Srimanta Roy 2 .....

Submitted on: 26.06.2023 .....

Academic Co-Ordinator: [Signature] .....

PRINCIPAL

JKN  
4/7/23

[Signature] 26.6.23  
VICE PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL



27, BALLYGUNGE CIRCULAR ROAD, KOLKATA- 700019

Session Plan/Syllabus Coverage for the Academic Year 2023-2024

Subject: Physical Education

Terminal: Second Terminal

Name of the Subject Co-Ordinator: Srimanta Roy

No.of Working Days:76

No.of Period Available: 15

CLASS: I

SECTIONS: A, B & C

| MONTH     | NO. OF PERIODS | LESSONS  | TOPICS COVERED   | CLASS WORK  | TEACHING AIDS |
|-----------|----------------|--|--|---|---------------|
| AUGUST    | 3              | 9. DRILL<br>10. MINOR GAME-RUMAL CHORI   | <ul style="list-style-type: none"> <li>TABLE – 5 &amp; 6</li> <li>RECREATIONAL GAME</li> <li>IMPORTANCE OF MINOR GAME</li> <li>MEDITATION</li> </ul>   | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF TABLE – 5 &amp; 6</li> <li>RECREATIONAL GAME PRACTICE</li> <li>MEDITATION</li> </ul>  |               |
| SEPTEMBER | 1<br><br>2     | FIRST TERMINAL EXAMINATION<br><br><u>SECOND TERMINAL BEGINS</u><br>11.DRILL<br>12.YOGASANA-UTKATASANA(CHAIR POSE ) | FIRST TERMINAL EXAMINATION<br><ul style="list-style-type: none"> <li>TABLE – 7 &amp; 8</li> <li>DEFINATION OF UTKATASANA</li> <li>STEP BY STEP PRACTICE OF UTKATASANA</li> <li>IMPORTANCE OF UTKATASANA</li> <li>MEDITATION</li> </ul> | FIRST TERMINAL EXAMINATION<br><ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF TABLE – 7 &amp; 8</li> <li>STEP BY STEP PRACTICE OF THE UTKATASANA</li> <li>MEDITATION</li> </ul> |               |
| OCTOBER   | 3              | 13. DRILL<br>14. YOGASANA-PADMASANA - (LOTUS POSE)   | <ul style="list-style-type: none"> <li>TABLE – 9 &amp; 10</li> <li>DEFINATION OF PADMASANA</li> <li>STEP BY STEP PRACTICE OF PADMASANA</li> <li>IMPORTANCE OF PADMASANA</li> <li>MEDITATION</li> </ul>                                 | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF TABLE – 9 &amp; 10</li> <li>STEP BY STEP PRACTICE OF THE PADMASANA</li> <li>MEDITATION</li> </ul>                               |               |
| NOVEMBER  | 4              | 15. DRILL<br>16. YOGASANA-BHUJANGASANA (COBRA POSE)  | <ul style="list-style-type: none"> <li>TABLE – 11&amp; 12</li> <li>DEFINATION OF BHUJANGASANA</li> <li>STEP BY STEP PRACTICE OF BHUJANGASANA</li> <li>IMPORTANCE OF BHUJANGASANA</li> <li>MEDITATION</li> </ul>                        | <ul style="list-style-type: none"> <li>WARM UP EXERCISES</li> <li>PRACTICE OF TABLE – 11&amp; 12</li> <li>STEP BY STEP PRACTICE OF THE BHUJANGASANA</li> <li>MEDITATION</li> </ul>                            |               |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. Srimanta Roy 2. ....

Submitted on: 26.06.2023

Academic Co-Ordinator: [Signature]

PRINCIPAL

[Signature]  
4/7/23

[Signature]  
26.6.23  
VICE PRINCIPAL





# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA- 700019

Session Plan/Syllabus Coverage for the Academic Year 2023-2024



Subject: Physical Education

No. of Working Days: 76

Terminal: Second Terminal

No. of Period Available: 15

Name of the Subject Co-Ordinator: Srimanta Roy

CLASS: I

SECTIONS: A, B & C

|          | NO. OF PERIODS | LESSONS   | TOPICS COVERED   | CLASS WORK   | TEACHING AIDS |
|----------|----------------|---|--|--|---------------|
| DECEMBER | 3              | 17. DRILL<br>18. YOGASANA-TARASANA (STAR POSE)    | <ul style="list-style-type: none"> <li>• TABLE – 13&amp; 14</li> <li>• DEFINATION OF TARASANA</li> <li>• STEP BY STEP PRACTICE OF TARASANA</li> <li>• IMPORTANCE OF TARASANA</li> <li>• MEDITATION</li> </ul>          | <ul style="list-style-type: none"> <li>• WARM UP EXERCISES</li> <li>• PRACTICOF TABLE – 13&amp; 14</li> <li>• STEP BY STEP PRACTICE OF THE TARASANA</li> <li>• MEDITATION</li> </ul>       |               |
| JANUARY  | 3              | 19. DRILL<br>20. YOGASANA-PARVATASANA (HILL POSE) | <ul style="list-style-type: none"> <li>• TABLE – 15&amp; 16</li> <li>• DEFINATION OF PARVATASANA</li> <li>• STEP BY STEP PRACTICE OF PARVATASANA</li> <li>• IMPORTANCE OF PARVATASANA</li> <li>• MEDITATION</li> </ul> | <ul style="list-style-type: none"> <li>• WARM UP EXERCISES</li> <li>• PRACTICE OF TABLE – 15 &amp; 16</li> <li>• STEP BY STEP PRACTICE OF THE PARVATASANA</li> <li>• MEDITATION</li> </ul> |               |
| FEBRUARY |                | SECOND TERMINAL EXAMNATION                        | SECOND TERMINAL EXAMNATION   | SECOND TERMINAL EXAMNATION   |               |
| MARCH    |                |   |  |  |               |

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Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Srimanta Roy* 2. ....

PRINCIPAL

*JKM*  
*4/7/23*

Submitted on: *26.06.2023*

Academic Co-Ordinator: *[Signature]*

*[Signature]*  
*26.6.23*  
VICE PRINCIPAL