



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA- 700019

Session Plan/ Syllabus Coverage for the Academic Year 2025-2026

Subject: Social Studies

Term: First Term

Name of the Subject Co-ordinator: Samuel Newton

Name of the Book/s: Inspired Environmental Studies

No. of Working Days: 91

No. of Periods Available: 36

Class: I

Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
April	6	<b>First Term Begins</b> <ul style="list-style-type: none"> <li>Lesson 2: More About Me</li> <li>Lesson 3: My Body</li> </ul>	<ul style="list-style-type: none"> <li>Likes &amp; Dislikes</li> <li>Hobbies</li> <li>Feelings</li> <li>Parts of the body</li> <li>How do parts of the body help us?</li> <li>We are different from each other</li> </ul>	Explanation of the lesson, (Pg. No.6) Exercise A & B, Questions and answers from the lesson, fill in the blanks, true and false Explanation of the lesson, (Pg. No.10) Exercise A, (Pg. No.11) Exercise B Questions and answers from the lesson, fill in the blanks, true and false	Students will bring an object, represent their hobby & they about it.  Students will be asked to show parts and asked to show the body parts.
May	5	<ul style="list-style-type: none"> <li>Lesson 4: My Senses</li> <li>Lesson 5: My family, Neighbours and Friends</li> </ul>	<ul style="list-style-type: none"> <li>What are sense organs?</li> <li>How do sense organs help us?</li> <li>People in my family</li> <li>Kinds of Families</li> <li>Family tree</li> </ul>	Explanation of the lesson, (Pg. No. 15) Exercise A, B & C: Answer the following questions, True or false from the lesson  Explanation of the lesson	Students will show the uses of organs.  Students will be asked their friends and how they help them.
June	5	<ul style="list-style-type: none"> <li>Lesson 5: My family, Neighbours and Friends (continued)</li> <li>Lesson 7: Food we eat</li> </ul>	<ul style="list-style-type: none"> <li>My Neighbours and Friends</li> <li>Food from plants</li> <li>Food from animals</li> <li>Meals that we eat</li> <li>Festivals and Food</li> </ul>	Explanation of the lesson, (Pg. No.21) Exercise A, B & C Questions and answers from the lesson, fill in the blanks and true and false Explanation of the lesson, (Pg. No.31) Exercise A&B (Pg.No.32) Exercise C Questions and answers from the lesson fill in the blanks and true and false	Students will be asked to show photo and introduce them to  Students will paste pictures of they eat for breakfast, lunch and
July	9	<ul style="list-style-type: none"> <li>Lesson 8: Clothing</li> <li>Lesson 9: Houses we live in</li> <li>Lesson 10: A Clean and Beautiful House</li> </ul>	<ul style="list-style-type: none"> <li>Clothes that my family wears</li> <li>Clothes and the seasons</li> <li>Other kinds of clothes</li> <li>Taking care of our clothes</li> <li>Types of Houses</li> <li>Special Houses</li> <li>Rooms in a house</li> <li>Keeping your house clean</li> <li>Decorating your house</li> </ul>	Explanation of the lesson, (Pg. No.37) Exercise A,B & C, Questions and answers from the lesson fill in the blanks and true and false Explanation of the lesson, (Pg. No. 41) Exercise A,B&C Questions and answers from the lesson Explanation of the lesson, (Pg No 46 ) Exercise A & B Questions and answers from the lesson & , fill in the blanks	Students will bring seasonal clothes as example.  Students will bring cut outs of Houses and speak about them draw in their copies.  Students will be asked what are keep the house clean and bring decorations that are used on special occasions.

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. 2.

Submitted on: 2.05.25



# ST. LAWRENCE HIGH SCHOOL

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Session Plan/ Syllabus Coverage for the Academic Year 2025-2026

Subject: Social Studies Term: Second Term

Name of the Subject Co-ordinator: Samuel Newton

Name of the Book/s: Inspired Environmental Studies

No. of Working Days: 76

No. of Periods Available: 30

Class: I Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
August	7	<ul style="list-style-type: none"> <li>Lesson 11: Keeping Clean and Healthy</li> <li>Lesson 13: Places in my neighborhood</li> </ul> Revision of the First Term Syllabus Lesson No. 2, 3, 4, 5, 7, 8, 9, 10, 11 & 13	<ul style="list-style-type: none"> <li>Keep your body clean</li> <li>Follow healthy eating habits</li> <li>Keep active and fit</li> <li>Places in my neighborhood</li> <li>Taking care of public places</li> </ul> Revision of the First Term Syllabus Lesson No. 2, 3, 4, 5, 7, 8, 9, 10, 11 & 13	Explanation of the lesson, (Pg. No. 51) Exercise A, B & C Questions and answers from the lesson fill in the blanks and true and false  Explanation of the lesson, (Pg No. 60) Exercise A, B & C Questions and answers from the lesson Revision of the First Term Syllabus Lesson No. 2, 3, 4, 5, 7, 8, 9, 10, 11 & 13	Students will share how they help their parents to keep their house and school clean.  Students will draw or paste pictures of places in their neighbourhood.
September	4	Revision of the First Term Syllabus Lesson No. 2, 3, 4, 5, 7, 8, 9, 10, 11 & 13  First Term Examination	Revision of the First Term Syllabus Lesson No. 2, 3, 4, 5, 7, 8, 9, 10, 11 & 13  First Term Examination	Revision of the First Term Syllabus Lesson No. 2, 3, 4, 5, 7, 8, 9, 10, 11 & 13  First Term Examination	
October	5	<u>Second Term Begins</u>  <ul style="list-style-type: none"> <li>Lesson 12: Keeping Safe</li> <li>Lesson 14: People who help us</li> </ul>	<ul style="list-style-type: none"> <li>Safety at Home, Safety on the road</li> <li>Good touch and Bad touch</li> <li>People Who Help Us</li> </ul>	Explanation of the lesson, (Pg No 56) Exercise A, B & C Questions and answers from the lesson fill in the blanks and true and false  Explanation of the lesson, (Pg No 64), Exercise A, B & C Picture study, Questions and answers from the lesson	Students will draw and colour pictures of people who help us using red, green and orange.  Students will draw or paste pictures of people who help us.
November	8	<ul style="list-style-type: none"> <li>Lesson 15: Plants</li> <li>Lesson 16: Animals</li> </ul>	<ul style="list-style-type: none"> <li>Types of Plants</li> <li>Uses of Plants</li> <li>Big and small animals</li> <li>Where do animals live?</li> <li>Body Parts of animals</li> <li>Wild animals, Domestic animals and pets</li> <li>Sound animals make</li> </ul>	Explanation of the lesson, (Pg. No. 69): Exercise A, B & C (Pg No. 70) Picture study, fill in the blanks from the lesson  Explanation of the lesson (Pg No: 74) Exercise A, (Pg. No. 75) Exercise B, C & Picture study, Questions and answers from the lesson fill in the blanks and true and false	Students will show a real plant and label its parts, and will show how we get food from plants.  Students will be asked to imitate animal sounds.

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Signature of the Co-Teachers: 1. 2.

Submitted on: 02.05.25

Academic Co-ordinator:





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Subject: Social Studies Term: Second Term  
No. of Working Days: 76

Name of the Subject Co-ordinator: Samuel Newton  
No. of Periods Available: 30

Name of the Book/s: Inspired Environmental Studies  
Class: I Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
December	6	<ul style="list-style-type: none"> <li>Lesson 17: Water &amp; It's Uses</li> <li>Lesson 19: Air</li> </ul>	<ul style="list-style-type: none"> <li>Uses of water</li> <li>Where do we get water from?</li> <li>What is Air?</li> <li>Uses of Air</li> <li>Polluted Air</li> <li>Keeping Air clean</li> </ul>	<p>Explanation of the lesson, (Pg. No. 79) Exercise A,B&amp;C, (Pg no. 80) Picture study, Questions and answers from the lesson fill in the blanks and true and false</p> <p>Explanation of the lesson, (Pg no. 88) Exercise A,B&amp;C, (Pg. no. 89) Picture study, Questions and answers from the lesson&amp;fill in the blanks and true and false</p>	<p>Students will collect pictures of the water and paste it in their classwork notebook</p> <p>Students will speak on the importance of water</p> <p>Students will show pictures of the air and speak on the following.</p>
January	7	<ul style="list-style-type: none"> <li>Lesson 20: Transport</li> <li>Lesson 21: Communication</li> <li>Lesson:22 : The World Around Us</li> </ul>	<ul style="list-style-type: none"> <li>Emergency vehicles</li> <li>Using transport properly</li> <li>Communication</li> <li>The Sun, Moon, Stars and sky</li> </ul>	<p>Explanation of the lesson, (Pg. No.92) Exercise A, B &amp; Picture study. Questions and answers from the lesson fill in the blanks and true and false</p> <p>Explanation of the lesson, (Pg. No.96) Exercise A, B &amp; Picture study</p> <p>Questions and answers from the lesson</p> <p>Explanation of the lesson, (Pg. No.100) Exercise A, B &amp; Picture study fill in the blanks and true and false</p>	<p>Students will collect pictures of the modes of transport and paste it in their classwork notebook- bus, cars, ambulance</p> <p>Students will bring pictures of different modes of communication and speak about it.</p> <p>Students will show pictures of different celestial bodies and speak on them.</p>
February	4	<ul style="list-style-type: none"> <li>Lesson:22 : The World Around Us (continued)</li> </ul> <p>Revision of the Second Term Syllabus Lesson No. 12, 14, 15, 16, 17,19,20,21 &amp;22 Second Term Examination</p>	<ul style="list-style-type: none"> <li>Different Times of the year</li> </ul> <p>Revision of the Second Term Syllabus Lesson No. 12, 14, 15, 16, 17,19,20,21 &amp;22 Second Term Examination</p>	<p>Questions and answers from the lesson</p> <p>Revision of the Second Term Syllabus Lesson No. 12, 14, 15, 16, 17,19,20,21 &amp;22 Second Term Examination</p>	
March					

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Academic Co-ordinator: