



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2025 – 2026



Subject: Value Education Term: First Term Name of the Subject Co-ordinator: Samuel Newton

Name of the Books/s: Heart and Mind -2

No. of Working Days: 91

No. of Periods Available: 19

Class: 2 Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
April	3	First Term Begins Lesson 1: Be Grateful to God	<ul style="list-style-type: none"> Gratitude Nature Concept of Omnipresent, Omnipotent & Omniscient Story Reading& Explanation 	Explanation of the lesson, Exercise from (Page No 11 to 13)	Students will mention two things for which they are thankful to God.
May	3	Lesson 1: Be Grateful to God (continued) Lesson 2: Living cleanly	<ul style="list-style-type: none"> Self-Awareness and Critical thinking-Ch-1 Story Reading& Explanation Awareness about cleanliness Hygiene –Ch-2 	Question answers from the lesson. Explanation of the lesson, discussion, Exercise from (Page No.18 to 20)	Students will make an A4 size poster on cleanliness using Coloured papers, Crayon.
June	3	Lesson 2: Living cleanly (continued) Lesson 3: Help Yourself	<ul style="list-style-type: none"> Self-Awareness and Critical thinking Story Reading& Explanation 	Short and long question answers and fill in the blanks from the lesson. Explanation of the lesson	Students will share how they keep their house and classroom clean.
July	4	Lesson 3: Help Yourself (continued) Lesson 4: Being Safe	<ul style="list-style-type: none"> Self-Awareness and Critical thinking& Self-help is the best help Story Reading & Explanation Good Habits for safety-Ch-4 Self-Awareness and Critical thinking-Ch-4 Safety rules at home, School & Road 	Discussion of Short and long question answers and exercise from (Page No.23 to 25) Explanation of the lesson, Short and long question answers and exercise from (Page No.29 to 32)	Students will share their thoughts how they can help in keeping the surrounding clean. Students will make a model of traffic signal lights & road signs and speak about it.

Teachers are requested to prepare a LESSON PLANS for each Topic month wise:

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1.

2.

Submitted on: 02-05-25

Academic Co-ordinator:

PRINCIPAL

VICE PRINCIPAL



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2025 – 2026



Subject: Value Education

Term: Second Term

Name of the Subject Co-ordinator: Samuel Newton

Name of the Books/s: Heart and Mind -2

No. of Working Days: 76

No. of Periods Available: 16

Class: 2

Sections: A, B, and C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
August	4	Lesson 5: Be on Time Lesson 6: Be Honest	<ul style="list-style-type: none"> Punctuality-Ch-5 Self-Awareness and Critical thinking-Ch-5 Honesty-Ch-6 Self-Awareness and Critical thinking-Ch-6 	Explanation of the lesson, discussion, Short and long question answers from the lesson and Exercise (Page No 35-38). Explanation of the lesson, discussion, Short and long question answers and Exercise from (Page No 41- 44)	Students will make a timetable of their daily activities in copy. The students will make an A4 size poster and write a slogan on honesty.
September	2	Revision of First Term syllabus Lesson 1 to 6 First Term Examination	Revision of First Term Syllabus Lesson 1 to 6 First Term Examination	Revision of First Term Syllabus Lesson 1 to 6 First Term Examination	
October	3	Second Term Begins Lesson 7: Don't Give Up Lesson 8: Being Kind	<ul style="list-style-type: none"> Self-awareness, critical thinking, Determination Kindness ,Self-Awareness Interpersonal Relationship 	Explanation of the lesson, Short and long question answers. Exercise from (Page No. 47 to 50) Explanation of the lesson, discussion, Picture Study, Short and long question answers from (Page No. 53 to 56)	Students will give a short speech on when they were determined to do something. Students will mention two ways how they can be kind towards their brothers and sister.
November	4	Lesson 9: Nobody is perfect Lesson 10: Love your country	<ul style="list-style-type: none"> Criticism-Ch-9 Understanding Strength & weakness Critical thinking, Interpersonal Relationship and Problem solving Patriotism-Ch-10 Self-Awareness 	Explanation of the lesson, discussion, Short and long question answers and exercise from (Page No 59 to 63) Explanation of the lesson, Short and long question answers and exercises from (Page No. 66 to 71)	Students will mention about their two weaknesses and how they will improve themselves. Students will paste pictures of the festivals of Indian and write about the festivals.

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MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
December	3	Lesson 11: Don't Litter	<ul style="list-style-type: none"> Clean Surroundings Self-Awareness and Critical thinking-Ch-11 	Explanation of the lesson, discussion, Short and long question answers and exercise from (Page No. 75 to 78)	Make a small cardboard dustbin with coloured paper, glue, crayons.
January	4	Lesson 12: Go Green Revision of Second Term Syllabus Lesson 7 to 12	<ul style="list-style-type: none"> Environmental Awareness-Ch-12 Self-Awareness and Critical thinking Concept of Mother Earth Concept of 3R Revision of Second Term Syllabus Lesson 7 to 12	Explanation of the lesson, discussion, Short and long question answers and exercise from (Page No. 81 to 83) Revision of Second Term Syllabus Lesson 7 to 12	Students will make a chart and write about the 3R strategy – Reduce, Reuse and Recycle Students will make a paper bag using old newspapers, Crayons and glue.
February	2	Revision of Second Term Syllabus Lesson 7 to 12 Second Term Examination	Revision of Second Term Syllabus Lesson 7 to 12 Second Term Examination	Revision of Second Term Syllabus Lesson 7 to 12 Second Term Examination	
March		_____	_____	_____	

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