



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2025 – 2026



Subject: Value Education

Term: First Term

Name of the Subject Co-ordinator: Monjita Biswas

Name of the Book/s: Heart and Mind -3

No. of Working Days: 91

No. of Periods Available: 19

Class: 3

Sections: A, B, and C

MONTH	NO. OF PERIODS	LESSON	TOPICS COVERED	CLASS WORK	TEACHING AIDS
April	3	First Term Begins Lessons 1: Feel the Creator	<ul style="list-style-type: none"> Devotion to God Self-Awareness 	Read and explain the lesson. (Page no. 9 to 11) Question & Answers (Page no. 12) Word grid, Knowing God, Naming your God, Prayer to God. (Page no. 12 to 14)	Students will make a chart and write a prayer expressing their gratitude to God.
May	3	Lessons 2: Depend on your own self Lessons 3: Good Food Habits	<ul style="list-style-type: none"> Self-Reliance Self-Awareness and Creative thinking Health and Hygiene 	Read and explain the lesson. (Page no. 15 to 16) Question & Answers (Page no. 17) Join the dots, things you do at home, Develop hobbies, Word Maze, Poem. (Page no 17 to 20) Read and explain the lesson. (Page no. 21 to 22) Fill in the blanks. (Page no. 22)	Students will make a chart and stick pictures of work they do at home.
June	3	Lessons 3: Good Food Habits (continued)	<ul style="list-style-type: none"> Self-Awareness and Creative thinking 	Tick the correct statement, Self-assessment, solve riddle, Word Maze, Mind your eating, Fill in the blanks, Prayer. (Page no. 23 to 25)	Students will stick pictures of healthy food on a chart paper.
July	4	Lessons 4: Trust God Lessons 5: The selfless Love of a Mother	<ul style="list-style-type: none"> Faith in God Self-Awareness and Critical thinking and Creative Writing Mother love is precious 	Read and explain the lesson. (Page no. 27 to 29) Question & Answers, Tick and cross the statements, Unscramble the letters, whom should you trust, Faith in God. God Experience. Life skills. (Page no. 29 to 32) Read and explain the lesson. (Page no. 33 to 36)	Students will speak about their trust in God.

Teachers are requested to prepare LESSON. PLANS for each Topic month wise:

Kindly mention the chapters included for Term Examinations.

Signature of the Co-Teachers: 1. *[Signature]* 2. *[Signature]*

Submitted on: *2-5-25*

Academic Co-ordinator: *[Signature]*

[Signature]
PRINCIPAL

VICE PRINCIPAL *[Signature]*



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus Coverage for the Academic Year 2025 – 2026



Subject: Value Education

Term: Second Term

Name of the Subject Co-ordinator: Monjita Biswas

Name of the Book/s: Heart and Mind -3

No. of Working Days: 76

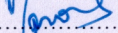
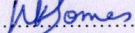
No. of Periods Available: 16

Class: 3


Sections: A, B, and C

MONTH	NO. OF PERIODS	LESSON	TOPICS COVERED	CLASS WORK	TEACHING AIDS
August	4	Lessons 5: The Selfless Love of Mother (continued) Lessons 6: Never Mistreat Others	<ul style="list-style-type: none"> Self-Awareness Interpersonal Relationship and Critical thinking Do not mistreat others Self-Awareness Interpersonal Relationship and Critical thinking 	<p>Questions & Answers, understand your mother, Pleasing your Mother, Family Tree, Poem. (Page no. 36 to 39)</p> <p>Read and explain the lesson. (Page no. 40 to 41)</p> <p>Questions & Answers, Life skills, Prayer, Life skills and you. (Page no 41 to 44)</p>	Students will bring photograph of their mother and speak about her.
September	2	Revision of First Term Syllabus Lessons 1, 2, 3, 4, 5 & 6 First Term Examination	Revision of First Term Syllabus Lessons 1, 2, 3, 4, 5 & 6 First Term Examination	Revision of First Term Syllabus Lessons 1, 2, 3, 4, 5 & 6 First Term Examination	
October	3	Second Term Begins Lessons 8: Regard for Teachers Lessons 9: Be Courageous	<ul style="list-style-type: none"> Respecting teachers Self-Awareness, Creative thinking and Interpersonal Relationship Courage Self-Awareness, Critical thinking and Creative thinking 	<p>Read and explain the lesson. (Page no. 50 to 52)</p> <p>Questions & Answers (Page no. 52)</p> <p>Creative thinking, Show respect to your teachers, Self-Awareness, Poem. (Page no. 53 and 54)</p> <p>Read and explain the lesson. (Page no. 55 to 56)</p> <p>Questions & Answers, Antonyms and Synonyms, Critical thinking, Craft, Names of famous courageous people.</p> <p>Identify your fears, Poem. (Page no. 56 to 59)</p>	Students will make a chart and write about two qualities of their teacher.
November	4	Lessons 10: Unity – The Feeling of oneness Lessons 11: The Firmness of Mind	<ul style="list-style-type: none"> Unity Self-Awareness and Critical thinking Determination Self-Awareness, Decision Making, Critical thinking and Interpersonal Relationship 	<p>Read and explain the lesson. (Page no. 60 to 61)</p> <p>Questions & Answers, word Grid, Sequence the story, Self-Awareness, Poem. (Page no. 61 to 65)</p> <p>Read and explain the lesson. (Page no. 66 to 68)</p> <p>Questions & Answers, Tick the correct options, Life Skills, Decision Making, Poem. (Page no. 68 to 72)</p>	Students will paste two pictures of what they fear and how they will overcome that fear on a chart paper.

Teachers are requested to prepare LESSON PLANS for each Topic month wise:
Kindly mention the chapters included for Term Examinations.

Signature of the Co-Teachers: 1.  2. 

Submitted on: 2.5.25

Academic Co-ordinator: 

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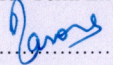
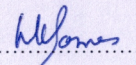
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
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MONTH	NO. OF PERIODS	LESSON	TOPICS COVERED	CLASS WORK	TEACHING AIDS
December	3	Lessons 12: Bad company harms you	<ul style="list-style-type: none"> Avoid Bad Company Self-Awareness, Critical thinking and Creative Writing 	Read and explain the lesson. (Page no. 73 to 75) Questions & Answers, Life skills, Prayer. (Page no. 75 to 77)	Students will speak about their best friend and how they help him to be a better person.
January	4	Lessons 13: The Power of Ahimsa Revision of second Term Syllabus Lessons 8, 9, 10, 11, 12 & 13	<ul style="list-style-type: none"> Non-Violence Self-Awareness, Interpersonal Relationship and Creative Writing Revision of second Term Syllabus Lessons 8, 9, 10, 11, 12 & 13	Read and explain the lesson. (Page no. 78 to 79) Questions & Answers, Life skills. (Page no. 80 to 82) Revision of second Term Syllabus Lessons 8, 9, 10, 11, 12 & 13	Students will paste pictures of Mahatma Gandhi and Ashoka and write about them on a chart paper.
February	2	Revision of Second Term Syllabus Lessons 8, 9, 10, 11, 12 & 13 Second Term Examination	Revision of Second Term Syllabus Lessons 8, 9, 10, 11, 12 & 13 Second Term Examination	Revision of Second Term Syllabus Lessons 8, 9, 10, 11, 12 & 13 Second Term Examination	
March		-----	-----	-----	

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