



ST.LAWRENCE HIGH SCHOOL

27,BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus coverage for the Academic Year 2025-2026



Subject: Value Education

Term: FIRST

Name of the Subject Co-ordinator: Ms. Beline Jermy Peter

Name of the Book: Heart and Mind-A Book on life skills and Value Education (Marina Publications Pvt. Ltd.) Reprint 2024 (HM)

No. Of Working Days: 103

No. Of Periods Available: 11

Class: V

Section: A, B and C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
APRIL 2025	03	Ch-1- Love for God (HM-Pg 13-18)	Introduction, poem, Story- Surya's Devotion (HM -Pg 13-15)	Exercise:A:Q.no:1-5,B:Q.no:1-3, Activity C: Q.no. 1-5(HM Pg 15)	Activity to describe the importance of prayer
MAY	02	Ch-2- Feel happy about yourself (HM Pg 19-23)	Introduction with the life experiences of some personality (HM pg 19-21)	Answer the following:Q:no:1-5 (HM Pg 21)	Activity to improve self-awareness and critical thinking
JUNE <u>UT-1 starts from 23.06.2025</u>	02	Ch-4- Be Courageous (HM pg 30-35) UT-1-Syllabus-Ch-1-Love for God	Introduction, Life account of Subhas Chandra Bose(HM pg 30-32)	Answer the following:Q:no:1-5,Fill in the blanks:Q.no:1-4 (HM Pg 32-33)	Activity to create problem solving skills and to improve decision making skills
JULY	04	Ch-5- Love your Parents (HM pg 36-41)	Importance of being grateful to your parents, Story- An Ideal son (HM pg 36-37)	Answer the following:Q:no:1-5(HM Pg 29-31)	Album making activity based on interpersonal relationship

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.
Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Beline Jermy Peter* 2. *Rituparna Banerjee* 3. *U. James Riji*

Submitted on: *13.5.25*
21.4.25

Academic Co-ordinator: *R. Banerjee*

PRINCIPAL *[Signature]*

VICE-PRINCIPAL *[Signature]*



ST.LAWRENCE HIGH SCHOOL

27,BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019
Session Plan/Syllabus coverage for the Academic Year 2025-2026

Subject: Value Education

Term: FIRST and SECOND

Name of the Subject Co-ordinator: Ms. Beline Jermy Peter

Name of the Book: Heart and Mind-A Book on life skills and value Education (Marina Publications Pvt. Ltd.) Reprint 2024 (HM)

No. Of Working Days: 103(1st term)+92(2nd term)

No. Of Periods Available: 6 (1st term) + 7 (2nd term)

Class: V

Section: A, B and C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
AUGUST	04	Ch-7 – Never Be In A Hurry (HM Pg 48-53)	Story-Mr. Mehta's Impatience (HM Pg 48-50)	Answer the following:Q.no:1-5 (HM Pg 50 to 53)	Life-situation Activity to enhance critical thinking and Decision making skills
SEPTEMBER <i>First term Exam begins from 15.09.2025</i>	02	Revision of chapters- <u>1,2,4,5 & 7</u> (HM pg 13 to 23, pg 30 to 41, pg 48 to 53)	<u>Syllabus of first term exam:</u> Ch-1- Love for God, Ch-2- Feel happy about yourself, Ch-4- Be Courageous, Ch-5- Love your Parents, Ch-7 – Never Be In A Hurry (HM pg 13 to 23, pg 30 to 41, pg 48 to 53)	Revision of all the chapters of 1st term	Images, Videos and Power point presentations related to the topics
OCTOBER <i>2nd term begins from 07.10.2025</i>	02	Ch-10- Serving the Humanity (HM Pg 66 to 72)	Life History of St. Mother Teresa (HM Pg 66 to 69)	Exercise: A: Q.no:1-5, B:Q.no:1-3 (HM Pg 69 to 72)	Learning Activity about the various social service organisations to create self awareness
	01	Ch-11- Sympathise with others(HM Pg 73 - 78)	Story based on the life history of Buddha(HM Pg 73 - 75)	Answer the following: Exercise: A: Q.no:1-4, B:Q.no:1-5 (HM Pg: 75-78)	Chart making and slogan making activity to create Self awareness and enhance creative writing
NOVEMBER <i>UT-2 begins from- 17.11.2025</i>	04	Ch-12- Our Rich Heritage (HM Pg 79 -85) UT-2-Syllabus-Ch-10- Serving the Humanity	Our Rich heritage- The Taj Mahal, The Qutub Minar, The Red Fort, The Charminar, The India Gate(HM Pg 79 -81)	Answer the following:Q.no:1-6 (HM Pg 81-85)	Monument Activity and Life-experience Activity to improve self awareness and creative writing

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.
Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Beline Jermy Peter* 2. *Rituparna Banerjee* 3. *U. James Riji*

Submitted on: *13.5.25*

Academic Co-ordinator: *R. Banerjee*

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VICE-PRINCIPAL



ST.LAWRENCE HIGH SCHOOL

27,BALLYGUNGE CIRCULAR ROAD, KOLKATA – 700019

Session Plan/Syllabus coverage for the Academic Year 2025-2026

Subject: Value Education

Term: SECOND

Name of the Subject Co-ordinator: Ms. Beline Jermy Peter

Name of the Book: Heart and Mind-A Book on life skills and value Education (Marina Publications Pvt. Ltd.) Reprint 2024 (HM)

No. Of Working Days: 92

No. Of Periods Available: 09

Class: V

Section: A, B and C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
DECEMBER	03	Ch-14- Conquering disabilities (HM Pg 91-96)	Biography of Louis Braille and Dr. Suresh H. Advani (HM Pg 91-93)	Exercise A:Q1-Q4,B:Q.no:1-3 (HM Pg 93)	Self-assessment activity to establish critical thinking
JANUARY 2026	04	Ch-15 – Our Green Friends (HM Pg 97 - 104)	Story of The Tree-loving Bishnois (HM Pg 81 - 85)	Exercise A:Q1-Q5,B:Q.no:1-5 (HM Pg 99 - 100)	Tree identification Activity for self-awareness
FEBRUARY <u>Second Term</u> <u>Exam begins</u> <u>from</u> <u>16.02.2026</u>	02	<u>Revision of Chapters –</u> <u>10, 11, 12,14,15</u> (HM pg 66-85 & 91-104)	<u>Syllabus for the second term exam –</u> 10. Serving the Humanity, 11. Sympathise with others, 12. Our Rich Heritage, 14- Conquering disabilities, 15. Our Green Friends	Revision of all the chapters of 2nd term	Images, Videos and Power point presentations related to the topics

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Beline Jermy Peter* 2. *Rishu Kumar Banerjee* 3. *U. James Riji*

Submitted on: *13.5.25*

Academic Co-ordinator: *R. Banerjee*

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