



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2025-2026



**Subject:** Value Education

**Term:** 1<sup>st</sup>

**Name of the Subject Co-ordinator:** Mr. Phalguni Pramanik

**Name of the Book:** Heart and Mind 6 (HM6)

**No. of Working Days:** 103

**No. of Periods Available:** 11

**Class:** 6

**Sections:** A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
APRIL	3	CH-1. Love For God HM6: page (9-13)	<ul style="list-style-type: none"> <li>How to pray to God? Importance of Prayer, Purpose of prayer, Story – The Inherent Devotion [HM6: ch- 1 page 9-11]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch- 1 page 11]</li> </ul>	<ul style="list-style-type: none"> <li>Demonstration on how to offer prayers to God</li> <li>Life-situation activity to be discussed</li> </ul>
MAY	2	CH-2. Believe in God HM6: page (14-18)	<ul style="list-style-type: none"> <li>Golden Words, Footprints on Sand, Prahlad – The True Devotee [HM6: ch-2 page 14-15]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch-2 page 15-16]</li> </ul>	<ul style="list-style-type: none"> <li>Poster making activity</li> <li>A prayer seeking God's blessings</li> </ul>
JUNE	2	<u>UT 1 begins from 23.06.2025.</u> CH-3. A wonderful activity HM6: page (19-24)	<u>UT 1 Syllabus : CH. 1 - Love For God</u> <ul style="list-style-type: none"> <li>Golden Words, Kindness to animals, Forgiveness [HM6: ch-3 page 19-21]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch-3 page 21]</li> </ul>	<ul style="list-style-type: none"> <li>A group activity to recognise fictional character of a book.</li> </ul>
JULY	4	CH-4. Right Attitude HM6: page (25-30)	<ul style="list-style-type: none"> <li>Golden Words, Values: Right Thinking/ Attitude, The Right Attitude [HM6: ch-4 page 27-28]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch-4 page 27-28]</li> </ul>	<ul style="list-style-type: none"> <li>Life-situation activity to be discussed</li> </ul>

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Phalguni Pramanik*

2. *Sowashree Hazra*

Submitted on: 21.04.2025

Academic Co-ordinator: *Phalguni Pramanik*

VICE PRINCIPAL

*Phalguni Pramanik*

*Phalguni Pramanik*  
PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2025-2026



**Subject:** Value Education **Term:** 1<sup>st</sup> and 2<sup>nd</sup>

**Name of the Subject Co-ordinator:** Mr. Phalguni Pramanik **Name of the Book:** Heart and Mind 6 (HM6)

**No. of Working Days:** 103 (1<sup>st</sup> term) & 92 (2<sup>nd</sup> term)

**No. of Periods Available:** 13 (6 + 7)

**Class:** 6

**Section:** A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
AUGUST	4	CH-5. A Good Leader HM6: page (31-33)	<ul style="list-style-type: none"> <li>Golden Words, Qualities of a good leader, The Real Leader [HM6: ch-5 page 31-33]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise – Show your learning, Time to Do : A, B, C [HM6: ch-5 page 33-34]</li> </ul>	<ul style="list-style-type: none"> <li>Chart activity : List of qualities of a good leader</li> </ul>
SEPTEMBER (1 <sup>ST</sup> TERM EXAM BEGINS FROM 15 <sup>TH</sup> September, 2025)	2	<u>1<sup>ST</sup> TERM EXAM ENDS ON 26<sup>TH</sup> September, 2025</u>	<b>FIRST TERM EXAM SYLLABUS – HM6</b> CHAPTERS: 1. Love For God, 2. Believe in God, 3. A Wonderful Activity, 4. Right Attitude, 5. A good Leader	<ul style="list-style-type: none"> <li>Examples of Right Attitude &amp; Qualities of a good leader</li> </ul>	<ul style="list-style-type: none"> <li>Poster making activity : List of right attitude</li> </ul>
OCTOBER (2 <sup>ND</sup> TERM BEGINS FROM 07.10.2025)	3	CH-6. The Worth of Money HM6: page (37-40)	<ul style="list-style-type: none"> <li>Golden Words, Value: Value of Money, Monica's Savings, [HM6: ch-6 page 37-38]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise – Show your learning, Time to Do : A, B, C [HM6: ch-6 page 38]</li> </ul>	<ul style="list-style-type: none"> <li>A group activity : currency matching</li> </ul>
NOVEMBER	4	<u>UT 2 begins from 17.11.2025.</u> CH-7. Your Aim in Life HM6: page (41-45)	<u>UT 2 Syllabus : CH. 6 - The Worth of Money</u> <ul style="list-style-type: none"> <li>Golden Words, Value: Ambition, Kalpana Chawla, Bachendri Pal [HM6: ch-7 page 41-42]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise – Show your learning, Time to Do : A, B, C [HM6: ch-7 page 43]</li> </ul>	<ul style="list-style-type: none"> <li>Chart or model making to discuss their ambitions</li> </ul>

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Phalguni Pramanik* 2. *Somashree Hazra*

Submitted on: 21.04.2025

Academic Co-ordinator: *K. Pramanik*

VICE PRINCIPAL

*R. H. S.*

*[Signature]*  
PRINCIPAL



# ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019

Session Plan/ Syllabus Coverage for the Academic Year 2025-2026



Subject: Value Education

Term: 2<sup>nd</sup>

Name of the Subject Co-ordinator: Mr. Phalguni Pramanik

Name of the Book: Heart and Mind 6 (HM6)

No. of Working Days: 92

No. of Periods Available: 9

Class: 6

Section: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
DECEMBER	3	CH-8. The Relationship of Love HM6: page (46-50)	<ul style="list-style-type: none"> <li>Golden Words, Value: Family Bonding, A Caring Son [HM6: ch-8 page 46-47]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch- 8 page 48]</li> </ul>	<ul style="list-style-type: none"> <li>Life-situation activity to explain the strength of relations with family members</li> </ul>
JANUARY	4	CH-9. The Power of Speech HM6: page (51-55)  CH-10. The Quality of the Greats HM6: page (56-58)	<ul style="list-style-type: none"> <li>Golden Words, Power of Speech, freedom is my birthright –Bal Gangadhar Tilak [HM6: ch-9 page 51-53]</li> <li>Golden Words, Value: Humility, The Master's Lesson [HM6: ch-10 page 56-57]</li> </ul>	<ul style="list-style-type: none"> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch- 9 page 53]</li> <li>Word-meanings, Exercise –Show your learning, Time to Do : A, B, C [HM6: ch- 10 page 58]</li> </ul>	<ul style="list-style-type: none"> <li>A group activity to recall and discuss new words</li> <li>Chart making activity to differentiate values and vices.</li> </ul>
FEBRUARY (2 <sup>nd</sup> TERM EXAM BEGINS FROM 16.02.2026)	2	<u>2<sup>ND</sup> TERM EXAM ENDS ON 27.02.2026</u>	<u>SECOND TERM EXAM SYLLABUS – HM6</u> CHAPTERS: 6. The Worth of Money, 7. Your Aim in Life, 8. The Relationship of Love, 9. The Power of Speech, 10. The Quality of the Greats, 1. Love For God, 2. Believe in God	<ul style="list-style-type: none"> <li>Discussion of examples to show acts of kindness at home</li> </ul>	<ul style="list-style-type: none"> <li>Poster making of family spending time together</li> </ul>

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Phalguni Pramanik* 2. *Somashree Hazra*

Submitted on: 21.04.2025

Academic Co-ordinator: *K. Banerjee*

*[Signature]*  
PRINCIPAL

VICE PRINCIPAL

*[Signature]*