



ST.LAWRENCE HIGH SCHOOL

27,BALLYGUNGE CIRCULAR ROAD,KOLKATA- 700019

Session Plan/Syllabus Coverage for the Academic Year 2025-2026



Subject: General Knowledge

Term: 1

Name of the Subject Co-Ordinator: Ms. Beline Jermy Peter

Name of the Book: YOU MUST KNOW 7[YMK7]

No. of Working Days: 103

No. of Periods Available: 11

Class: 7

Sections: A, B, C

| MONTH | NO. OF PERIODS | LESSONS | TOPICS COVERED | CLASSWORK | TEACHING AIDS |
|---|----------------|---|---|---|--|
| April 2025 | 03 | Ch. 1: Fascinating Palaces [YMK7: Page 5] Ch. 2: Unbelievable Natural Phenomena [YMK7: Pages 6 - 7] Ch. 3: Basic Yogasanas [YMK7: Page 8] | • Discussion on different palaces, natural phenomena and Yogasanas [YMK7: Pages 5 - 8] | Full explanation of the concepts [YMK7: Pages 5 - 8] | <ul style="list-style-type: none"> Demonstration and Group activities with reporting. Quiz games Current events |
| May | 02 | Ch. 4: Earth Day [YMK7: Page 9] Ch. 5: National Parks of India [YMK7: Pages 10 - 11] Ch. 6: Sport persons - Struggle Stories [YMK7: Pages 12 - 13] Ch. 7: Changing The World [YMK7: Page 14] | • Earth day, National Parks of India, struggle stories of sports persons, World changing personalities [YMK7: Pages 9 - 14] | Full explanation of the concepts [YMK7: Pages 9 - 14] | <ul style="list-style-type: none"> Explanation will be done with examples. Quiz games Crosswords & Puzzles |
| June <u>UT-1</u> <u>starts from</u> <u>23.06.</u> <u>2025</u> | 02 | Ch. 8: Unusual Animals [YMK7: Page 15] Ch. 9: Side Effects of Mobile Phones [YMK7: Page 16] Ch. 10: Elon Musk - Techno king of Tesla [YMK7: Page 17] Ch. 11: World Famous Museums [YMK7: Pages 18 - 19] UT-1 Syllabus Chapters 1 and 2 | • Strange animals, bad effects of using mobile phones, Elon Musk, Museums [YMK7: Pages 15 - 19] Syllabus Chapters 1 and 2 | Full explanation of the concepts [YMK7: Pages 15 - 19] | <ul style="list-style-type: none"> Quiz games Crosswords & Puzzles Educational videos |
| July | 04 | Ch. 12: Futuristic Solar Gadgets [YMK7: Page 20] Ch. 13: Music Festivals in India [YMK7: Page 21] Ch. 14: World of Reptiles [YMK7: Pages 22 - 23] Ch. 15: Breaking the Glass Ceiling [YMK7: Page 24] | • Solar Gadgets, India's music festivals, reptiles, eminent Indian women whose works are recognized worldwide [YMK7: Pages 20 - 24] | Solar Gadgets, India's music festivals, reptiles, eminent Indian women whose works are recognized worldwide [YMK7: Pages 20 - 24] | <ul style="list-style-type: none"> Group activities with reporting. Quiz games Current events Educational videos |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

Kindly mention the chapters included for Terminal Examinations.

Signature of the Co-Teachers: 1. *Beline J. Peter* 2. *Manali Pal* 3. *Someshree Hazra*

Submitted on: 21.4.25

Academic Co-Ordinator: *R. Banerjee*

PRINCIPAL *[Signature]*

VICE PRINCIPAL

[Signature]



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Session Plan/Syllabus Coverage for the Academic Year 2025-2026



Subject: General Knowledge
No. of Working Days: 103 + 92

Term: 1 and 2

Name of the Subject Co-Ordinator: Ms. Beline Jermy Peter
No. of Periods Available: 6(1st term) + 7(2nd term) = 13

Name of the Book: YOU MUST KNOW 7[YMK7]
Class: 7 Sections: A, B, C

| MONTH | NO. OF PERIODS | LESSONS | TOPICS COVERED | CLASSWORK | TEACHING AIDS |
|--|----------------|--|--|--|---|
| August | 04 | Ch. 16: Real Heroes [YMK7: Page 25] Ch. 17: "Wear Your Failure As a Badge of Honour!" - Sundar Pichai [YMK7: Pages 26 - 27] Ch. 18: Laughter Therapy [YMK7: Page 28] Ch. 19: We are the Best [YMK7: Page 29] | • Indian heroes who have spent their lives for social welfare, Sundar Pichai, benefits of laughing, books & authors [YMK7: Pages 25 - 29] | Full explanation of the concepts [YMK7: Pages 25 - 29] | <ul style="list-style-type: none"> Quiz games Crosswords & Puzzles Current Affairs A chart about Indian Heroes |
| September <i>First Term Exam begins from 15.09.2025</i> | 02 | Ch. 20: Knowing Antarctica [YMK7: Page 31] Ch. 21: Amazing Sculptures [YMK7: Page 32] Ch. 22: Science Inventions [YMK7: Page 33] Ch. 23: Unsung Heroes 1ST TERM EXAM SYLLABUS: Chapters : 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18 & 19 | • Antarctica, amazing sculptures, inventions & inventors [YMK7: Pages 31-33] | Full explanation of the concepts [YMK7: Pages 31-33] | <ul style="list-style-type: none"> Quiz games Current events Educational videos |
| October <i>2nd term begins from 07.10.2025</i> | 03 | Ch. 23: Unsung Heroes of the Pandemic [YMK7: Page 34] Ch. 24: Dr Har Gobind Khorana [YMK7: Page 35] Ch. 25: World Music [YMK7: Pages 36 - 37] Ch. 26: Inspiring Success Stories [YMK7: Page 38] | • Inspiring stories of heroes during pandemic, Dr Har Gobind Khorana, music, inspiring Swachh Bharat Abhiyan success stories [YMK7: Pages 34 - 38] | Full explanation of the concepts [YMK7: Pages 34 - 38] | <ul style="list-style-type: none"> Group activities with reporting. Quiz games Crosswords & Puzzles Current Affairs |
| November <i>UT-2 begins from 17.11.2025</i> | 04 | Ch. 27: Colosseum [YMK7: Page 39] Ch. 28: Natural Wonders [YMK7: Pages 40 - 41] Ch. 29: Preventing Mosquito-borne Diseases [YMK7: Page 42] Ch. 30: Dynamic AI in Real Life [YMK7: Page 43] UT-2 Syllabus Chapter 23 and 24 | • Colosseum, natural wonders, prevent mosquito bites and breeding, AI [YMK7: Pages 39 - 43] | Full explanation of the concepts [YMK7: Pages 39 - 43] | <ul style="list-style-type: none"> Quiz games Current events Explanation will be done with examples. |

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.
Kindly mention the chapters included for Terminal Examinations.

Submitted on: 21.4.25

Signature of the Co-Teachers: 1. Belini J. Peter 2. Manali Pal 3. Somashree Hagra

Academic Co-Ordinator: K. Banerjee

PRINCIPAL

VICE PRINCIPAL



ST.LAWRENCE HIGH SCHOOL

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Session Plan/Syllabus Coverage for the Academic Year 2025-2026



Subject: General Knowledge

Term: 2

Name of the Subject Co-Ordinator: Ms. Beline Jermy Peter

Name of the Book: YOU MUST KNOW 7[YMK7]

No. of Working Days: 92

No. of Periods Available: 09

Class: 7

Sections: A, B, C

| MONTH | NO. OF PERIODS | LESSONS | TOPICS COVERED | CLASSWORK | TEACHING AIDS |
|--|----------------|---|--|--|--|
| December | 03 | Ch. 31: Child Philanthropists [YMK7: Pages 44 - 45] Ch. 32: Aquariums [YMK7: Pages 46 - 47] Ch. 33: Emerging Career Options [YMK7: Page 48] Ch. 34: Peace over Panic [YMK7: Page 49] | • Child Philanthropists, world famous aquariums, emerging career options, monuments, international peace [YMK7: Pages 44-49] | Full explanation of the concepts [YMK7: Pages 44-49] | <ul style="list-style-type: none"> Demonstration and experiments using objects and tools. Quiz games Current events |
| January 2026 | 04 | Ch. 35: The World of Robots [YMK7: Pages 50 - 51] Ch. 36: Most Expensive Things in the World [YMK7: Page 52] Ch. 37: India Creates History with Mangalyaan [YMK7: Page 53] | • Robots for military applications, expensive things, Mangalyaan [YMK7: Pages 50-53] | Full explanation of the concepts [YMK7: Pages 50-53] | <ul style="list-style-type: none"> Group activities with reporting. Quiz games Crosswords & Puzzles Educational videos |
| February <i>Second Term Exam begins from 16.02.2026</i> | 02 | 2ND TERM EXAM SYLLABUS: Chapters: 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36 & 37 | Revision of second term chapters | Revision of subjective and objective type questions | <ul style="list-style-type: none"> Quiz games Current events |

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Signature of the Co-Teachers: 1. *Beline J. Peter* 2. *Manali Pal* 3. *Somasree Hagra*

Academic Co-Ordinator: *Beline J. Peter*

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